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# Western States College

# The Synergist

VOICE OF THE STUDENT BODY

VOL. 3

JANUARY 1952

NO. 3

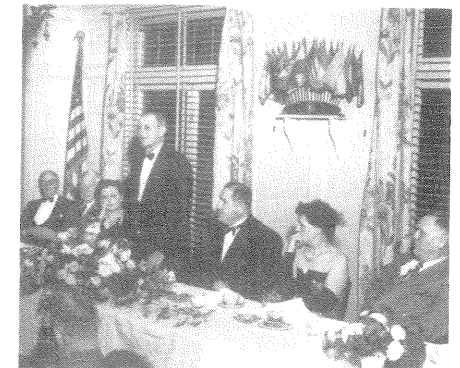
## SYMPOSIUM GUEST SPEAKERS

### TECHNIC



Dr. D.J. Metzinger

### BANQUET



Earl T. Newbry

### AUXILIARY LUNCHEON



Mrs. H.M. Zell

### LUNCHEON



Judge MacCormac Snow

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## Chiropractic Technic

By Dr. D.J. Metzinger  
BICIPITAL TENDON  
SLIP TECHNIC

A condition in which the tendon of the long head of the biceps muscle has slipped out of the bicipital groove on the humerus at the shoulder. This is produced by a sudden twisting of the arm while above shoulder level with simultaneous contraction of the biceps muscle. Often called baseball arm or strap hangers arm but often caused by falls or work when in position described above. After tendon has become displaced it takes a short cut forcing the humerus to rotate—limiting movements and producing pain symptoms by pressure.

Suspect this condition in all shoulder involvement particularly if patient is unable to raise arm to the horizontal laterally but can raise it forward. Diagnosis complete upon finding bicipital groove empty and locating tendon out of groove. This requires much palpation with care.

To correct if tendon is in front of the groove (right arm).

Position of patient: Seated on adjustment table.

Position of adjuster: Standing at patient's right facing patient. Stand on left leg putting right foot on table with right knee supporting patient's right upper arm—horizontally with patient's elbow flexed, forearm ceilingward. Adjustor grasps patient's right wrist with his left hand.

Contact: Anterior side of bicipital tendon with ball of right thumb while anchoring hand with fingers hooked over patient's right shoulder.

Thrust: No thrust is given, instead the adjusters left hand rotates patient's right humerus using the forearm as a lever until the bicipital groove moves forward under the tendon which is being held by the right hand thumb. When the tendon drops into groove lower patient's arm to side to retain tendon in place. It is well to restrict patient's arm to side for about a week to prevent re-slip.

For left arm—reverse positions.

For a backward slip stand behind patient.

\*\*\*\*\*

"The slow thinkers live longest", says a prominent psychologist. Not if they cross the street, say we.

\*\*\*\*\*

## Do Not Endorse Products

In response to several inquiries regarding the sponsorship by W.S.C. of food supplements, vitamins or other manufactured products, the director wishes to state that it has been the settled policy over the years to refrain from endorsing any in order to be fair to all. There has been no departure from this policy.

W. A. Budden, Director

## Goinzonz

The library of W.S.C. extends its appreciation and thanks to those who have made contributions to its shelves.

In the past few weeks we have received contributions in the form of magazines, journals, and reference books from: Dr. L. M. Rogers, Exec-Sec. N.C.A. Journal; Dr. J. J. Nugent, Educational Director N.C.A.; Dr. R. J. Lockwood, and Dr. H. Agen.

Dr. L. K. Von Pier has a letter from the Oregon Industrial Accident Commission, which is of interest to all Oregon physicians. Quote "the Commission has seen fit to limit treatment in all occupational disease cases to licensed medical doctors only".

"We ask that in the future when you have patients coming under the jurisdiction of the Accident Commission and who are suffering from a skin disease, that you kindly refer the patients to the Commission for additional treatment. Your kind co-operation working with the Commission on this phase of medical treatment will be appreciated."

Dr. Robert E. Brinker, Dallas, Oregon, reports that approximately 50 Doctors and their wives and friends attended the Annual Christmas party of District No. 3, held at Newberg in December. Dr. and Mrs. Dan Wilson, and Dr. Worley of Newberg were the hosts.

A nice letter from Dr. Garth Atwood, Buhl, Idaho, which reports that he and his family are doing fine, and he wishes that an Alumni Organization could be started. This column will do its part in any promoting possible, lets hear from some more grads along these lines.

We are pleased to report that Dr. D. J. Metzinger, Symposium speaker, has completely recovered from eye surgery performed December 11.

The following men are eligible for the Five dollar bill that Glenn Matteson passes out for those who meet the Basic Science requirements: Robert Overton, Harlan Cook,  
(continued on page 14)

Editor . . . . . Jim Howard  
 News Editor . . . . . Appa Anderson  
 Research Editor . . . . . W. Rafael Flores  
 Special Events Editor . . . . . Hazel Failor  
 Rewrite Editor . . . . . Charles Adams  
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 Reporters:

Senior . . . . . Billie Spurlock  
 Junior . . . . . Donald Grandy  
 Sophomore . . . . . Herb Shepherd  
 Freshman . . . . . Robert Fleming

Issued monthly by the student body of the Western States College, 4525 S. E. 63rd Ave., Portland, Oregon.

Copy must be submitted by the first day of each month. The SynErgist reserves the right to reject any copy or advertisements which it believes would be contrary to the best interests of the college, Health Research Foundation, or the profession at large.

**HUH!**



The American Medical Association, at their clinical session in Los Angeles last month, again verified that Chiropractic has them worried. At least we feel that, for such a great and astute body to take the time from their own business,

to pass the following resolution, they know that Chiropractic has many of the answers and is a definite threat to their attempted monopoly of the healing arts. The resolution, in part, is as follows: "Whereas it has been scientifically demonstrated that Chiropractic is without merit as a healing art and that there is no current need in the Armed Forces for graduates of schools offering such instruction, therefore be it resolved that the A.M.A. hereby protest against the promulgation of any regulation by the Selective Service system under which students of Chiropractic may be deferred under the Universal Military Training and Service act of 1951 as amended".

Since Chiropractic students are now deferred the same as other students in the healing arts, we feel that the Act will remain as it now stands, and that we Chiropractic students can rest assured that the National Chiropractic Association will be most vigilant in seeing that it does.

Some forty million Americans have found the answer to their health problems (many of them after complete failure by the Medical Doctors) with Chiropractic. Therefore it must be pointed out that the "Scientific demonstrations" referred to in the resolution were somewhat prejudiced and incomplete.

As for "no current need in the Armed Forces for Chiropractic graduates" and a department of Chiropraxis, we can say from personal experience that had Uncle Sam had a department of Chiropraxis, he would have received more man hours during World War II from us, as we could never find an M.D. who could repair a sacroiliac slip. Those three months on the partially disabled list were wasted, where a Chiropractor would have had the trouble repaired within an hour, (and did, too.) We believe that the Armed Forces need Chiropractors and a department of Chiropraxis. We know that many, many service men and ex-service men agree with us.

**Foundation Builders**

- December -

O.A.C.P. . . . . \$ 25.00  
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**Kids Xmas Party**



A Christmas party for the children of students and doctors was held December 15 in the College auditorium. Approximately seventy-five kiddies and their parents attended, playing games and visiting with Santa (Cliff Cowan), who gave them candy, nuts, popcorn, balls, and a toy. The children were served cookies and punch by the Students Wives Auxiliary and Doctors Wives Auxiliary, who sponsored the party.

Shirley Caverly and Lucille Tombe did a fine job preparing the gifts and all extras were sent to the children at Morningside Hospital who were pleased to receive them.

## O. A. C. P. President Says

Now that we have a monthly newspaper in the form of the SYNERGIST, let us get NEWS into it. The best way is to see to it that, by the first of each month, news from your district is in the hands of our secretary, Dr. Gordon Pefley. It is your paper; you must support it if you want it to be good!

When elected president of the O.A.C.P. I felt apprehensive as to my ability to carry out the duties that are the lot of such a position, but, since the Symposium and the work entailed with it, I've become somewhat reckless in the knowledge that our committees function excellently, ungrudgingly, and one with another. The "Esprit d'Corps" manifested was certainly inspirational.

Naturally, to presume that we did please everyone would be foolish, but - doctor, your constructive criticism is highly appreciated. If you will write down your ideas NOW, and mail them to me, it will help us to give still better fellowship.

The coming convention will be in Portland Oregon at Western States College, June 6 to 8, 1952.

## N. C. A. Delegate Report



At our mid-winter symposium at Western States College, December 7, 8, and 9, your state delegate was given adequate space to display the splendid material that was sent to Dr. Frank Rutz and me by Dr. L.M. Rogers, executive secretary of the N.C.A.

These tracts, pamphlets, and journals were soon taken by our interested men and women in attendance.

I hope that you will find this literature to your liking. It is attractive, well written - may I strongly urge you to put it to good use.

Now something about public relations. This is something we can all use in our daily practice.

May I call to your attention an article that appears in the December issue of our N.C.A. Journal, page 18, by Dr. H.F. Mahaney. Here are the first four of twelve compelling points that should influence us to try this modern, helpful public relations program.

"(1) The new patients brought into your office with flamboyant newspaper advertising never will stick with you and must be resold on the merits of chiropractic with each visit. New patients brought into your office through Healthways are always thoroughly sold on the value of chiropractic.

(2) You never will see the bottom of your flour barrel if you will use and continue to use Healthways consistently. It will bring the desired results of good public relations and increased practice.

(3) Any successful professional or business man must have a definite plan and follow that plan. My plan, which I have used for years with Healthways, is to take the names of my new patients at the end of each month and send them a year's subscription to Healthways. These patients are interested in chiropractic or they never would visit my office in the first place. People are reluctant to throw away their old magazines; they usually give their magazines to a neighbor or friend, so several different families may read this one subscription.

(4) Have you tried a public relations program in your city with Healthways? Here in Tampa, for the past several years, eight chiropractors out of twelve of us have been sending 365 copies of Healthways Magazine each year to all union barber shops and beauty shops. At a cost of only \$45 for each of us, we tell the public 4,380 times, in one year, the chiropractic story in a dignified manner without any scare copy of testimonials. Doctor, think how many many times your Healthways subscription will be read by your prospective patient. If you want better public acceptance in your city, order two or three hundred copies of Healthways sent to your public officials, barber and beauty shops, etc. Once you see the new patients visit your office who never thought about chiropractic before you will know the best answer is Healthways."

Last and very important, is our N.C.A. membership program. I am sure that all of you have received a report from our N.C.A. president, Dr. George F. Kelley.

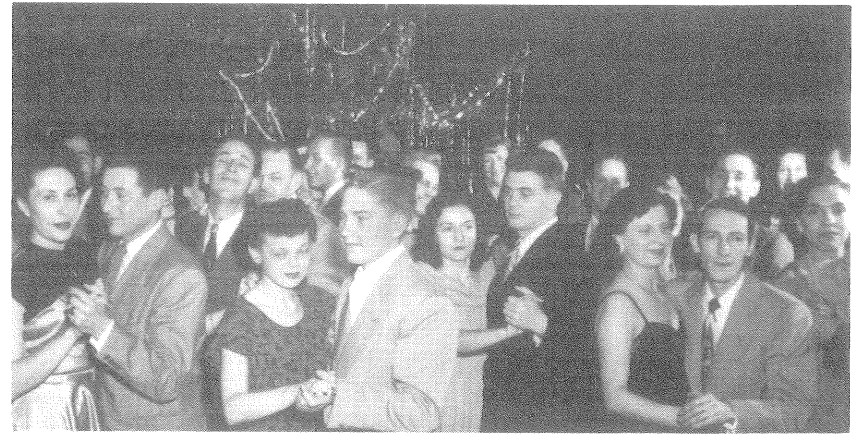
We are proud and happy to report that some forty odd new members have been reported to this office. Let's go for another forty by July 1, 1952. Please make use of the membership blank that you have by signing up the chiropractic physician you know that does not yet belong.

Our state association is growing steadily. This is as it should be. The last symposium was by far the best we have had. Congratulations to those hard working doctors who made it the success it was.

It is a pleasure to serve as state delegate from Oregon. I am looking forward to our June convention when I can give you the reports on N.C.A., including the last national convention.

- P. L. Poulsen

## WSC ANNUAL CHRISTMAS DANCE



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..... 1951 DECEMBER SYMPOSIUM .....

REGISTRATION



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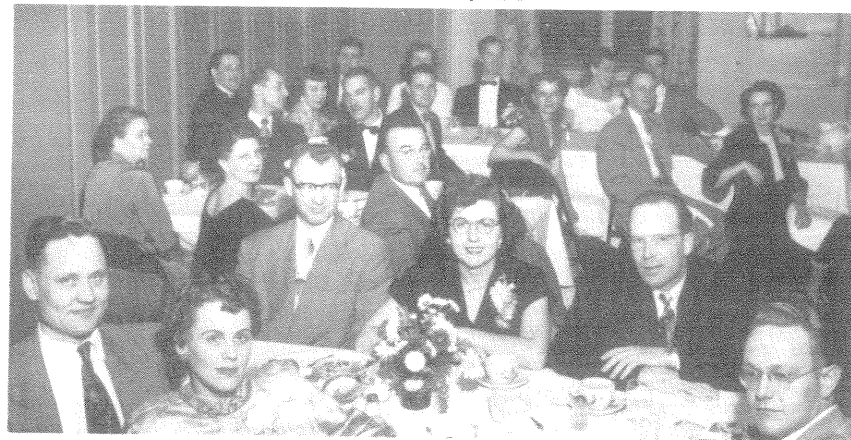
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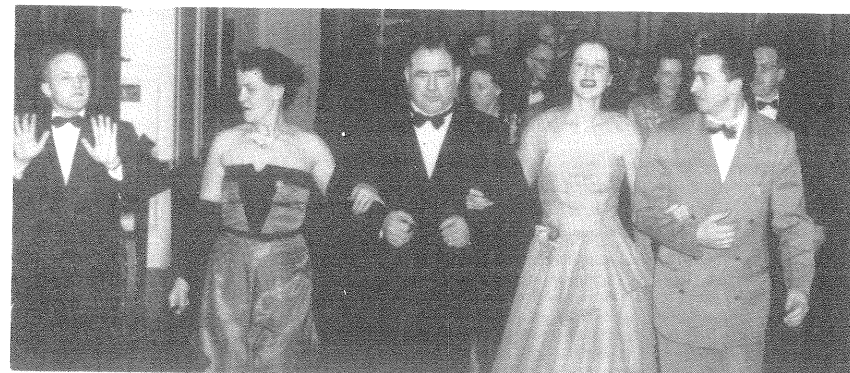
ATOMIC WARFARE



BANQUET



GRAND MARCH



## Naturo - News

Dr. J. A. Rombaugh - Editor  
Independence, Oregon

District No. 3 of the O.A.C.P. invited the N.D.s in the area to their annual Christmas party which has always been held in the Newberg City Hall. This Christmas party idea was started by Dr. Agnes (Ma) Worley 15 years ago. This year the December 15th party started out with a grand turkey dinner which included all the trimmings. After dinner, Dr. A. L. V. Smith of Silverton took over and emceed the entertainment which was presented by the attending people. It was a big surprise to discover the amount of talent hiding deep inside the doctors and their wives and friends. Following the entertainment was the exchange of gifts with Mrs. T. F. Rose acting, in red suit and all, as Santa's helper. Any of you guys and gals near the No. 3 District take a hint. See if you can wiggle an invite out of a No. 3 member for next year. You'll love it.

The Naturopaths give thanks to Dr. Agnes Worley, Dr. Dan Wilson (Prez of No. 3) and No. 3 itself for the invitation and good time.

Perhaps you may or may not know the O.A.N.P. meeting is held the third week in each month. When the meeting is to be held in Portland, it falls on the Thursday night of the third week while on the other hand if it is to be an out of Portland meet, it falls on Sat. night and becomes a dinner meeting.

DECEMBER'S meeting was held in conjunction with D.C. No. 3 meeting as was stated above.

NOVEMBER'S meeting was held in Salem on November 17th. Dr. Carl Kennedy presented pictures and information on the English cancer treating system with herbs. While this was going on at the lower level of the "Golden Pheasant", the ladies were entertained by Miss Katherine Arbuthnot (retired Oregon College of Education teacher) who told interesting facts about her trip around the world. From what the ladies said, the doctors would like to enjoy listening to Miss Arbuthnot in the near future.

**SIMPLE HYDROCHLORIC ACID TEST.** 1. Fill a small No. 00 capsule with ether. 2. Put capsule in tip of a rubber finger cot. 3. Tie the finger cot just above the capsule with No. 2 cat gut and tie with a double knot. 4. Clip off the extra rubber. 5. Have patient take ether filled capsule home with him and swallow it with a glass of water and about 2 ozs. bread. Note time of taking.

**HOW THE TEST WORKS.** The bread and water will cause the stomach to secrete acid. Acid will start to work on the cat gut and in time will cause it to break so the acid can then get to the enclosed capsule. The acid then breaks the capsule and it releases the ether. The ether for gas in the stomach is expelled thru the mouth in the form of a good sized burp.

**RESULTS.** 1. If burp comes in less than an hour, too much acid.  
2. If burp comes between 1 and 1 1/2 hours, NORMAL.  
3. Over 1 1/2 hours indicates Hypoacidity.

It is well to check into the hydrochloric acid of your patients and especially those past 50 who are females.

**NEWS - NEWS - NEWS.** Send in news and pictures to ME and make this page YOUR news and YOUR page. Get it in BEFORE the 28th of each month.

**NEXT MEETING FOR JANUARY.** At this writing, it isn't known the time and place. A postal (2¢ now) will be sent.

**ORGANOCULTURE.** Organic Gardening or Farming is important to the Nation's health. We should all be interested. If you aren't enjoying a magazine now on "organics" subscribe for one or all three of the following: "Organic Gardening", "Organic Farmer", or "Prevention". Address is Organic Gardening, Emmaus, Penna. A year's subscription is \$3.00 for any one of them.

**"SEX DRUG" HELD CANCER THREAT -** This article carried a Washington, D.C. date line and was released by U.P. The short article said, The Food and Drug Administration warned today that a "dangerous" drug is being sold to men throughout the country with claim it will rejuvenate them sexually.

Deputy Commissioner George P. Larrick identified it as Testosterone "a potent male sex hormone". He said it can stimulate growth of cancer and some other ailments.

Larrick urged a Senate Labor subcommittee to approve legislation which would permit his agency to publish a list of unsafe drugs and ban their sale in interstate commerce. Except for new drugs, present law leaves it up to manufacturers to determine whether drugs are safe.

Overheard in the waiting room,  
"Yes, he's broadminded, all right.  
That's all he thinks about."

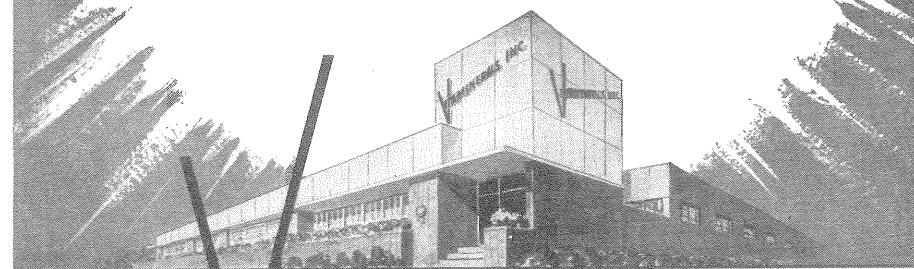
*Where Health is Concerned there can be no Compromise with Quality*

## The New Year's Gift

Christmas is over but throughout the new year you, Doctor, will continue your role as guardian of that gift of gifts—priceless good health.

We are proud if we may feel that Vitamins have played a small part in aiding you to carry on your important work.

We wish you and yours a Happy New Year!



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## Senior Sage

Congratulations and best wishes to Dr. Bert Smith of the W.S.C. X-Ray Department on the opening of his practice in Roseburg, Oregon, February 1st.

Dr. Jim McCormick is going to hang his shingle out in the next few days in Weiser, Idaho. Good luck to you Jim. Incidentally we heard that Jim had to pay off a bet to H. Sickles before leaving, couldn't quit smoking.

In a period of six months, Bill Spurlock sold his house, got tired of renting and bought another home. Are you settled yet Bill?

Mr. Hood released Norman Enridge from its beautiful snow in time to start the winter quarter for a change.

Bill Whiting is back with us after a bout with Quincy. "Drugless treatment" is the only way says Bill.

The Don Mattessons had a family reunion with his mother from Minnesota and brother and family from California.

Larry Mondot spent the holidays baking bread and liked the warmth of the bakery so well he was late starting the winterquarter.

Doug Miller seems to be the obstetrician of the class and has a waiting list of infanticipating mothers.

## Junior Jargon

With the return of all the Juniors to school in '52, the Basic Science continues to receive its share of attention. Congratulations to Robert Irving on passing the recent Basic Science Examination.

A hearty welcome is extended to the four new students on the class roll; Richard Scofield, Norma Godfrey, Wayne Anderson, Roger Johnson.

Among those taking holiday trips, were Bob Caverlys - to Seattle; the Joe Bouchers - to Vancouver, B.C.; and "that man about town" Erwin Grant, who took a three-day round trip to Los Angeles.

Nostalgia of the month is the announcement that Lloyd Rapp is closing his doughnut shop to concentrate on his chiropractic career.

Ron Bendio won't forget this year's snowfall. His car might still be skidding if a telephone pole hadn't been in the way.

## Soph Sighs

Following a rough week of finals and a wonderful Christmas vacation, the Sophomores are back in their usual places "in a mood for study."

During the holidays many of the class members went home for Christmas. Cliff Cowan, our local Santa representative, did such a grand job representing that he was elected to do an encore. Quote Cliff "Never again."

The Christmas dance, a joint Soph and Frosh enterprise, turned out to be a huge social success. Congratulations to those on the various committees for their work on decorations, refreshments and music; and all others who helped to make the annual Yule dance such a success.

## Fresh Facts

Judging from the number of flashy new ties and socks, we would say that Christmas was a success, and, if the odd, bleary eye and nodding head in class tells anything, then we might say that the New Year Holiday was just as successful.

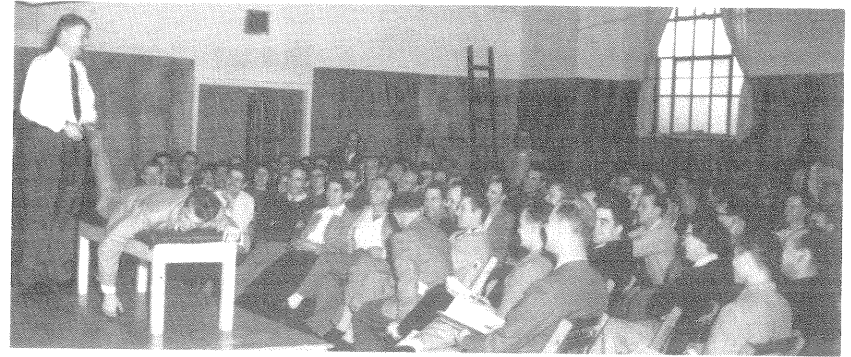
We are very happy to report that Senior Harold Johnston won the turkey in the Christmas drawing. He says it tasted even better than it looked - - must have been good. Another senior - - Robert McCauley, won the comb and brush set; hope it saved some last minute shopping. Sophomore George Stephens won the carton of cigarettes; don't let them go to your head, Steve. The box of chocolates went to an employee of the nearby Safeway store.

It seems that only three of the freshmen did any traveling during the holidays, the rest stayed pretty close to home. Ralph Bentley drove all the way to Eugene and back; class reporter Bob Fleming and family drove home to Vancouver, B.C. and managed to dodge back between snowstorms, which is better than Joe Oestreich did, he was snowbound in Spokane for a week.

Noticed a lot of happy faces and sighs of relief around school following reports on term examinations. The freshman class came through with no suicides reported.

We wish to welcome Glenn Wildebour to the Freshman Class. Glenn hails from Seattle, has a B.Sc. in Clinical Psychology from Washington State College, and with his wife, Joyce, is making his home here.

## A. S. M. C. Commander Speaks



The Student Body meeting on December 6 presented as guest speaker, Dr. Gordon V. Pefley, State Secretary of the Oregon Association of Chiropractic Physicians, and National Commander of the American Society of Military Chiropractors. He has also been recently honored by being elected President of the Moreland Commercial Club, of which he has been a member since moving his office to the Westmoreland business district in 1948.

Dr. Pefley spoke briefly of the importance of both students and doctors in practice becoming active in the civic and veterans organizations in the communities in which they live. He then continued with a lecture demonstration of the importance of foot correction in the practice of chiropractic.

## Phi Nu Sigma

On December 21, following a delightful dinner at the Pagoda, Phi Nu Sigma held initiation ceremonies for three new members. The initiates were Joseph Oestreich, Harold Dick, and Leonard Hegney.

During the same week, Honorary Membership was bestowed upon three Naturopathic physicians in the National Association who have shown outstanding contributions to the profession. These are Dr. Henry Schlichting, Jr. of Midland, Texas; Dr. A.R. Hedges, of Medford, Ore., and Dr. Frederick W. Loffler, of Vancouver, B.C. These names are familiar to most all Naturopathic physicians and it can well be seen why they were the first to receive such a membership from the fraternity.

It may be well to say at this time that Fraternal Membership into Phi Nu Sigma may be applied for by any practicing Naturopath, and upon approval of the application, a certificate of membership will be mailed to the Doctor. There are no annual dues for this type of membership, only the initiation fee. A fraternity pin is available at cost. This membership is made available to increase the size of the fraternity and at the same time develop power - power to build Naturopathy.

## Sigma Phi Kappa

Members of the Sigma Phi Kappa Fraternity held their regular meeting December 11, at the College.

Social and sport committees were formed with long-range plans for the increased social activity of the Fraternity.

## Student Wives Auxilliary

The Students Wives Auxilliary held their monthly meeting Dec. 20. The business session included discussion of the Mid-Holiday Party, (which incidentally was a rip-roaring success); a plea for aid in the SWA. Paper drive; and the formulation of plans concerning a pot luck dinner to be announced in the near future.

Following the brief business meeting the girls enjoyed refreshments around a beautifully decorated table and small gifts were exchanged.

Sympathy was extended to Lucille Tombe who was injured in a bus accident.

Hostesses for the evening were Enid Johnston, Pat Boucher, Jo Shepherd and Mary Rolfe.

## What Happened To --


Dr. Jack E. Mitchell of the Dalles has become quite a man about town, being in demand for many civic activities. Jack is quite a family man now with two boys and a baby girl.

Dr. Frank Turner has a new neighbor in Milton-Freewater. Dr. Loren Schrag has established an office in the north section of town.

Dr. Joe White, former instructor at W.S.C. who is a very successful practitioner in John Day, Oregon, has been elected president of the John Day Junior Chamber of Commerce.

Dr. A.H. Wilson has reopened his office at Killingsworth and Union Ave. here in Portland.


Dr. C. T. (Tommy) Henderson has purchased the office and equipment of Dr. C.E. Stewart in Sandy, Oregon.



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**FLYING A GASOLINE**

**Goinzon** - Continued

Edgel Wood, Vince Bartos & Robert Irving.  
 Post graduate students with us this quarter are Norma E. Godfrey, and Richard Scofield. Transfer students joining our classes are Roger Johnson, Wayner Anderson, Paul Satran, all of Minnesota, and former students at Northwestern. Glad to have you with us, even if you brought that -Minnesota winter with you.

We are happy to report Dr. Richard C. Meyer is separated from the Navy and has rejoined the W.S.C. faculty. Dick expects to be discharged from the Medical Corps in February.

It is with a sense of loss that we report the passing of a long time member of the O.A.C.P., Dr. George Kirkpatrick of Portland, on December 9th. Our condolences go to the widow and family.

It's another girl for Dr. Edgel E. Wood and Marge. Dr. R.E. Wiser made the delivery. A boy to Prinevilles, Dr. Harold Matz and his frau Wilma. Duane Erwin arrived November 25, weight 8 pounds 12 ounces. Mr. M.M. Pendroy made the delivery.

The stork is hovering over the Dr. Ken Yaguchi home out there in Ontario, Oregon. Dr. Jay M. Oliver, anatomy instructor at W.S.C. for the past 5 years has resigned because of business reasons.

We were sorry that Dr. R.D. Ketchum, Bend, Oregon, was unable to attend the Symposium because of an automobile accident in which Dr. Ketchum escaped without serious injuries.

Dr. Thomas E. Ray, San Carlos, California, was a visitor at W.S.C. during the holiday season.

Dr. Mabel Easter, Portland, spent the holidays visiting friends in California, around the Oakland peninsula area.

Dr. E.W. Hitchman and family spent the holidays in San Jose, California.

Dr. Floyd Dees, now located in Waco, Texas, is the proud father of a five months old son, born August 23; Floyd Kirby 11.

We regret to record the death of Dr. Forest L. Howard, who succumbed to a heart attack on the morning of January 7.

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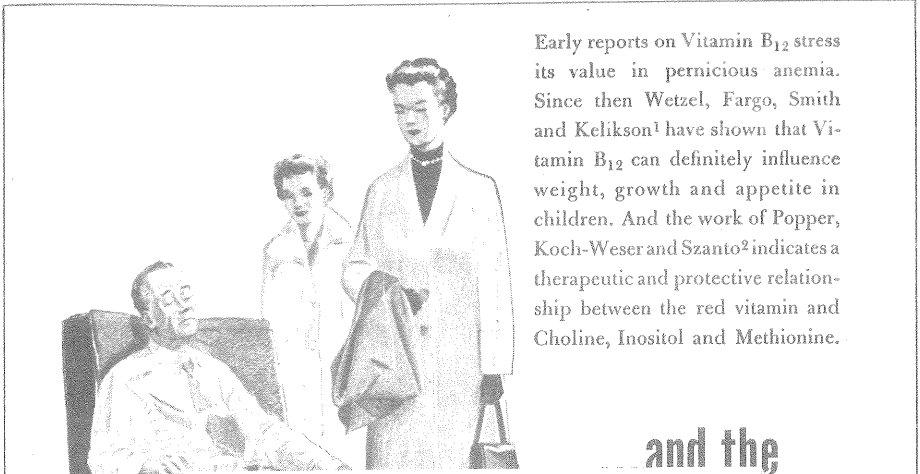
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Early reports on Vitamin B<sub>12</sub> stress its value in pernicious anemia. Since then Wetzel, Fargo, Smith and Kelikson<sup>1</sup> have shown that Vitamin B<sub>12</sub> can definitely influence weight, growth and appetite in children. And the work of Popper, Koch-Weser and Szanto<sup>2</sup> indicates a therapeutic and protective relationship between the red vitamin and Choline, Inositol and Methionine.

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DATE DUE			
	<b>RARE BOOK ROOM</b>		
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It is, however "fatigue" syndrome" that mediates...  
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ades Vitamin Iron, as in combination is al balance for within a com- become more evening rest. e heavy feel- d life again se. 0:688-690, 1949 de: micrograms 1 milligram 3 milligrams 0 milligrams ed Stomach tances, and S elies 15, Calif.



## Goinzonz - Continued

Edgel Wood, Vince Bartos & Robert Irving.

Post graduate students with us this quarter are Norma E. Godfrey, and Richard Scofield. Transfer students joining our classes are Roger Johnson, Wayner Anderson, Paul Satran, all of Minnesota, and former students at Northwestern. Glad to have you with us, even if you brought that Minnesota winter with you.

We are happy to report Dr. Richard C. Meyer is separated from the Navy and has rejoined the W.S.C. faculty. Dick expects to be discharged from the Medical Corps in February.

It is with a sense of loss that we report the passing of a long time member of the O.A.C.P., Dr. George Kirkpatrick of Portland, on December 9th. Our condolences go to the widow and family.

It's another girl for Dr. Edgel E. Wood and Marge. Dr. R.E. Wisner made the delivery.

A boy to Prinevilles, Dr. Harold Matz and his frau Wilma. Duane Erwin arrived November 25, weight 8 pounds 12 ounces. Mr. M.M. Pendroy made the delivery.

The stork is hovering over the Dr. Ken Yaguchi home out there in Ontario, Oregon.

Dr. Jay M. Oliver, anatomy instructor at W.S.C. for the past 5 years has resigned because of business reasons.

We were sorry that Dr. R.D. Ketchum, Bend, Oregon, was unable to attend the Symposium because of an automobile accident in which Dr. Ketchum escaped without serious injuries.

Dr. Thomas E. Ray, San Carlos, California, was a visitor at W.S.C. during the holiday season.

Dr. Mabel Easter, Portland, spent the holidays visiting friends in California, around the Oakland peninsula area.

Dr. E.W. Hitchman and family spent the holidays in San Jose, California.

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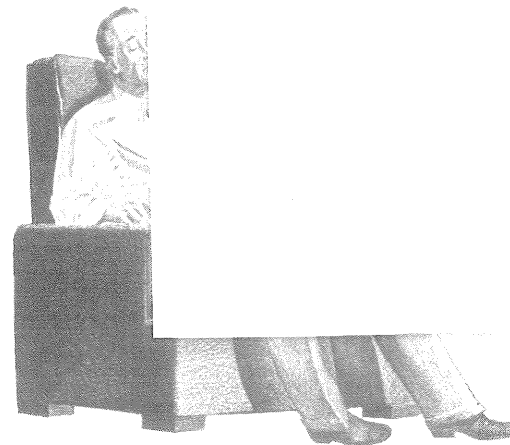
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It is, however, in combating the "fatigue syndrome" that most doctors will find immediate application for and great benefit from B<sub>12</sub> supplementation.

The middle-aged or elderly patient who does a full day's work without becoming overly tired, often complains that after coming home from work *all he wants to do is sit*. Fatigue has robbed him of all desire and ability to enjoy his leisure time.

Patients such as these may be materially

1. Science 110:2868 (p. 651-653) 1949

helped by therapy which includes Vitamin B<sub>12</sub>, Vitamin B<sub>1</sub>, Niacin, and Iron, as in DPS Formula 111. This combination is seemingly the right biochemical *balance* for the fatigue syndrome.

Many patients will respond within a comparatively short time. They become more alert—"rebound" after a short evening rest. When response is obtained, the heavy feeling of fatigue disappears and life again holds a more abundant promise.

2. Proc. Soc. Exptl. Biol. and Med. 71(4):688-690, 1949

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