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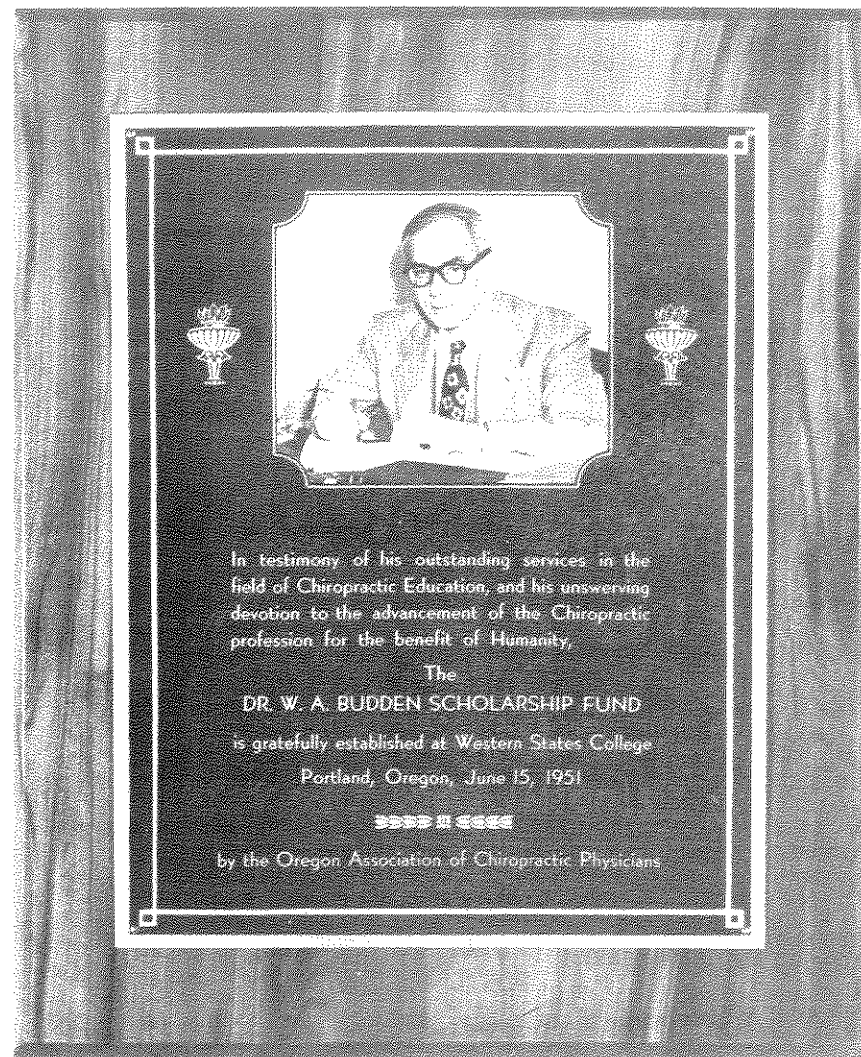
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435 Morgan Building
Portland 5, Oregon

Western States College
The Synergist
VOICE OF THE STUDENT BODY

VOL. 2

JULY 1951

No. 7



In testimony of his outstanding services in the field of Chiropractic Education, and his unswerving devotion to the advancement of the Chiropractic profession for the benefit of Humanity,

The
DR. W. A. BUDDEN SCHOLARSHIP FUND
is gratefully established at Western States College
Portland, Oregon, June 15, 1951

by the Oregon Association of Chiropractic Physicians

NUTRA-CAPS—

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The following is a list of the ingredients in each caplet and the suggested daily dosage.

Suggested Daily Dosage

	Suggested Daily Dosage			
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Vitamin C.....	150 mg.	112.5 mg.	75 mg.	37.5 mg.
Vitamin D.....	2000 USP Units	1500 USP Units	1000 USP Units	500 USP Units
Vitamin E.....	4 I. U.	3 I. U.	2 I. U.	1 I. U.
Vitamin B ₁	12 mg.	9 mg.	6 mg.	3 mg.
Vitamin B ₂	5 mg.	6 mg.	4 mg.	2 mg.
Vitamin B ₆	2 mg.	1.5 mg.	1 mg.	0.5 mg.
Vitamin B ₁₂	4 micrograms	3 micrograms	2 micrograms	1 microgram
Niacinamide.....	80 mg.	60 mg.	40 mg.	20 mg.
Calcium Pantothenate.....	8 mg.	6 mg.	4 mg.	2 mg.
Folic Acid.....	2 mg.	1.5 mg.	1 mg.	0.5 mg.
Liver Fraction 2.....	260 mg.	195 mg.	130 mg.	65 mg.
Iodine.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.
Boron.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.
Manganese.....	4 mg.	3 mg.	2 mg.	1 mg.
Cobalt.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.
Potassium.....	20 mg.	15 mg.	10 mg.	5 mg.
Molybdenum.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.
Iron.....	40 mg.	30 mg.	20 mg.	10 mg.
Copper.....	2 mg.	1.5 mg.	1 mg.	0.5 mg.
Zinc.....	2 mg.	1.5 mg.	1 mg.	0.5 mg.
Magnesium.....	12 mg.	9 mg.	6 mg.	3 mg.
Calcium.....	852 mg.	639 mg.	426 mg.	213 mg.
Phosphorus.....	660 mg.	495 mg.	330 mg.	165 mg.

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Pictured above are Dr. and Mrs. W. A. Budden, immediately after Dr. Budden was presented with a plaque announcing the establishment of the W. A. Budden Scholarship Fund by the Oregon Association of Chiropractic Physicians. The fund is to provide tuition for a student, chosen by a committee of the O.A.C.P. and Dr. Budden, each year. The fund was established in honor of the Buddens' devotion to the chiropractic profession during the past 32 years. The roses were presented to Mrs. Budden in honor of her loyal support through the years. Contributions have been received for the Fund from progressive chiropractors throughout the United States.

Western States College
The SynErgist
 VOICE OF THE STUDENT BODY

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Copy must be submitted by the 27th of each month. The SynErgist reserves the right to edit or reject any copy or advertisements which it believes to be contrary to the best interests of the college. Health Research Foundation or the profession at large.

The subscription rate of The SynErgist is \$1.50 per year on a voluntary basis.

CLINIC

Fine new building designed for home and clinic. The location is ideal, about 14 miles west of Eugene. Clinic has seven treating rooms, lab and receptions. Equipment includes short wave, sine wave, cold quartz lamp and deep therapy lamps along with office furniture. This is a real bargain going for the price of \$19,000. For further information call or write Dr. C. C. Carroll, N. D., Veneta, Oregon, Phone 2242.

O.A.C.P. CONVENTION

By NORMAN ENRIDGE

The Spring Convention of June 15, 16, 17 was very successfully held at Western States College, chiropractic fountain head for the Northwest.

Subjects of great interest were given for the benefit of the association and student doctors by such notables as Drs. Budden, Metzinger, Gallagher, Wisner and Kirkpatrick. Dr. Metzinger of Los Angeles, a master of techniques, was featured speaker.

Friday evening was reserved for the honoring of Dr. and Mrs. Budden on their lifetime of work dedicated to this profession. A Dr. W. A. Budden scholarship was set up for deserving students by the Oregon Association of Chiropractic Physicians.

Dr. Dorothy Johnstone, assisted by Appa Anderson and several other students, was in charge of the catering. Several luxurious meals culminated by the grand banquet and dance Saturday evening were the fruit of their endeavors.

FRESHMAN NEWS

PHOPHECIES FOR SUMMER

A little help from the wife and Dr. Wisner and I'll be passing out another box of cigars (cigars I hope).—R. Baker.

Will spend all summer trying to learn what I was taught.—Bob Hatch.

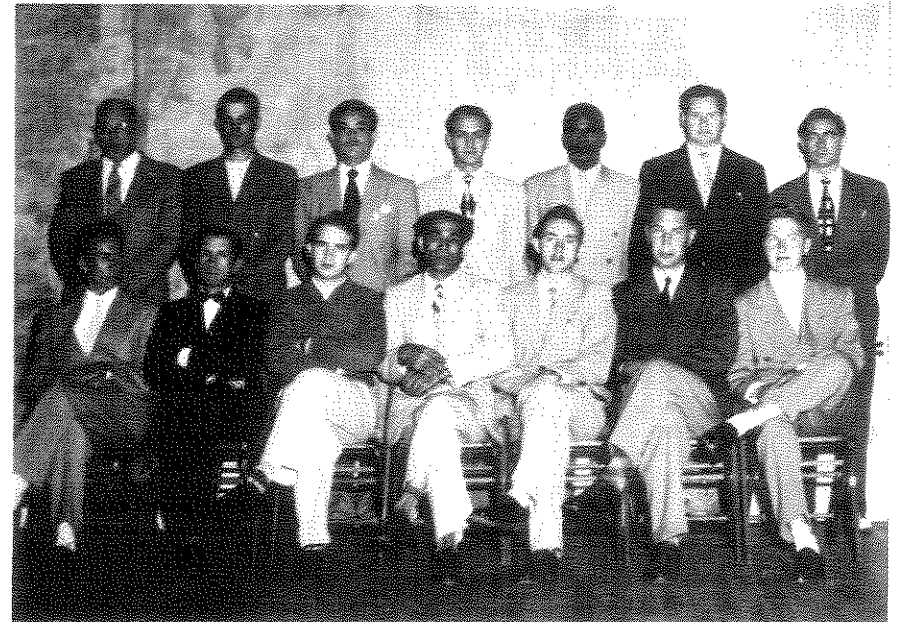
Will contact all students, especially graduating students, to help them in purchase of household appliances. —Ralph E. Bentley.

Lloyd Jacob is now a proud owner of a Graham car which he is going to pioneer back to Spokane in this summer. Cliff Cown is open for suggestions on how not to study. Clifton is going to Iowa to visit relatives.

Ron King is planning a trip to New York (country boy goes to the big city).

The Johnny Johnsons are planning on carrying their Austin on their backs to Illinois for a visit to see his folks.

Phi Nu Sigma



From left to right: First row — Vernon Grow, Raymond Wade, Leighton Gray, John Dominguez, Billie Spurlock, Clifton Cowan, Lloyd Jacob. Second row—H. G. Junker, Frank Spaulding, Raefel Flores, Robert Elstrom, Walter McNeil, Donald Pomeroy, Michael Lynch.

PHI NU SIGMA

By BOB ELSTROM

Dr. Virgil MacMickle was guest speaker at the June educational meeting. His subject, "The History of Therapeutics and Its Relationship to Naturopathy," demonstrated quite clearly the origin and background of the various branches of the healing arts.

An initiation banquet is planned for Wednesday, July 25. It will also serve as a farewell gesture to the graduating members.

Ancient Babylonian ruins show they had flappers. Some of our ruins show the same thing.

PHI NU SIGMA

The Phi Nu Sigma Naturopathic Fraternity was chartered as a professional fraternal organization under the laws of Oregon in July of 1949. It was founded primarily for the dissemination of Naturopathic knowledge and promotion of professional ideals. This chapter has been designated as the Grand Chapter.

A news item says a Boston man slapped his wife as she slept. Each year, it seems, we men get a little braver.

PUBLIC CLINIC

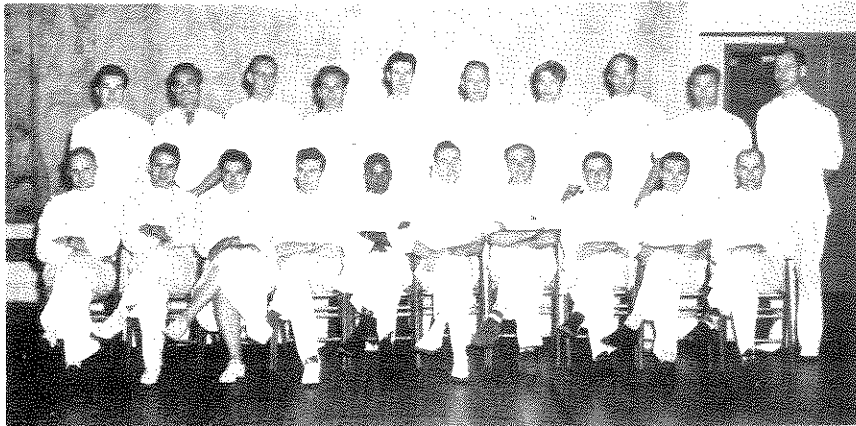
By DON MATTSON

Our Public Clinic is open Tuesdays and Thursdays from two to five in the afternoon and is capable of handling up to fifty patients either day. They have not as yet reached capacity but it is possible that by fall the Public Clinic time may need to be increased to accommodate the many capable doctors and their patients.

The Public Clinic has been managed by Don Mattson serving as receptionist

since its change the first of May.

For the past two and a half months the Clinic and the Public Clinic have been carrying on their treatments in separate parts of the building. The Public Clinic, formerly known as the Junior Clinic, treats by adjustments alone, while in the Clinic patients are given adjustments, but are also treated by the modalities where their need is indicated.



Left to right: Front row—Carl Johnson, Leighton Gray, Florence Johnston, Norman Enrige, William Spurlock, Lawrence Mondott, Hardy Sickles, Dale Olson, Don Walker. Rear—John Kellar, Raphael Flores, Max Call, Harold Johnson, Doug Miller, H. G. Iunker, Charles Hickman, Fred Higgens, William Whiting, Don Mattson.

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WOMEN'S AUXILIARY

By HAZEL FAILOR

The final meeting of the year was held June 21 at the College. It was climaxed by an Italian spaghetti supper prepared and served by Ila Huenergardt and the other women students of Western States College. Jewell Rapp decorated the very lovely tables and assistants during the evening were Mrs. Phoebe Ceramiks, Martha Kaye Rapp and Nancy Ann Failor.

A short business meeting preceded the supper, with Gerry Whiting presiding. The Auxiliary voted to give forty dollars toward the purchase of the dishes to be used at the College.

The members were reminded to send Queen Bess coupons to Margaret Parrott of Molalla. These coupons will be used to purchase silverware for the dining room. We all get them and so do our neighbors; let's really work at obtaining some of this lovely silverware for our future social functions! This reporter will be more than willing to forward any coupons turned in to her.

As a future money raising project, the members were asked to start saving scrap paper. Keep it in mind!

The main event of the meeting was the presentation of the gavel to the incoming vice-president, Jewell Rapp on behalf of President Doris Johnson. At the close of the meeting a very lovely hand-painted china cup and saucer were presented to Gerry Whiting for her splendid work during the past year.

A word of thanks to the girls who "pitched in" to help us clean up after the supper.

We will be looking forward to seeing you at the October 18th meeting.

It was a tough situation when the dumb flapper went joy riding with the deaf sheik. She couldn't say "No," and he couldn't hear her anyway.

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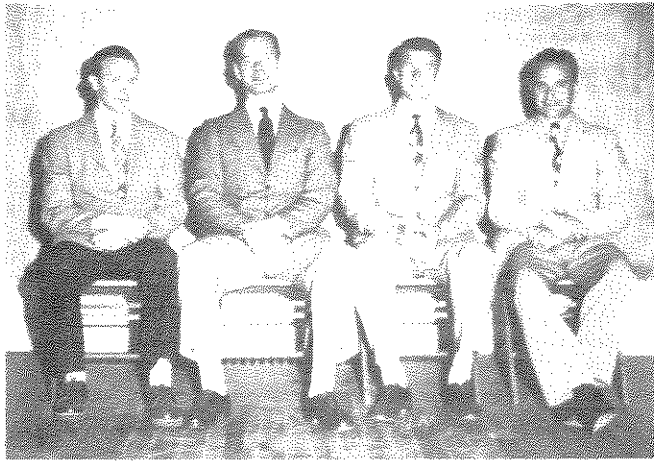
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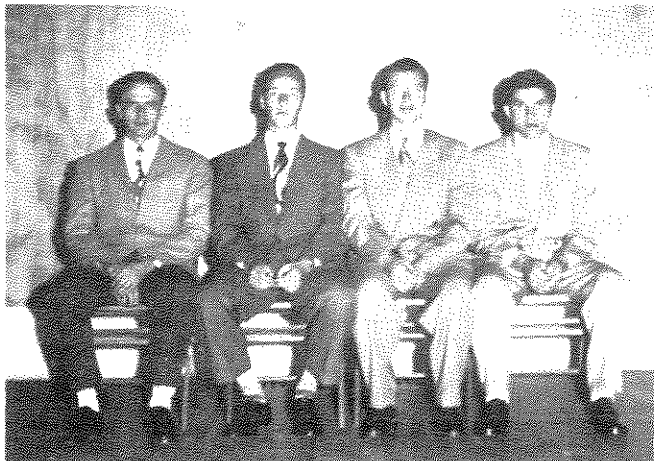
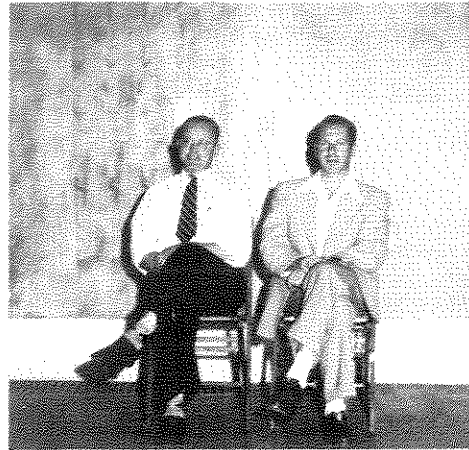
STUDENT BODY OFFICERS

Left to right: Secretary-Treasurer, Le Roy Nickila; President, Don Mattson; Vice-President, Brad Storts; Student Body Representative, Joe Boucher.



FRESHMAN II CLASS OFFICERS

William Hoy and George Tombe.

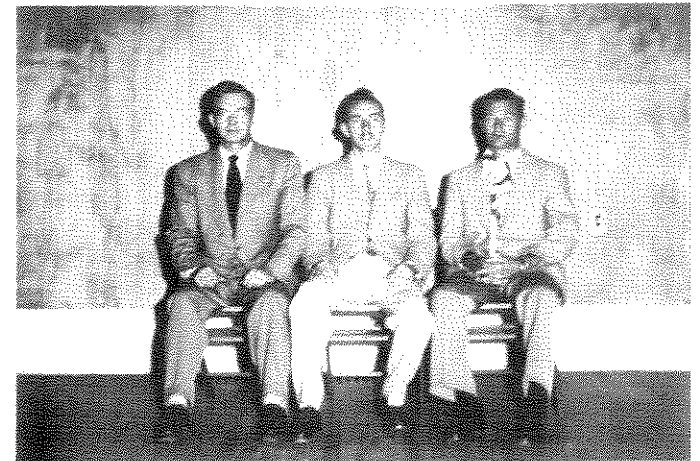
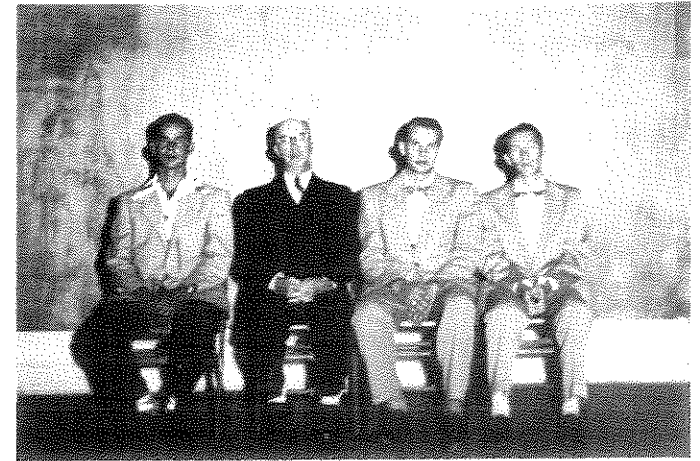


SOPHOMORE CLASS OFFICERS

From left to right: Evon Reynolds, Dale Scheer, Loyd Rapp, Peter Pisk.

FRESHMAN CLASS OFFICERS

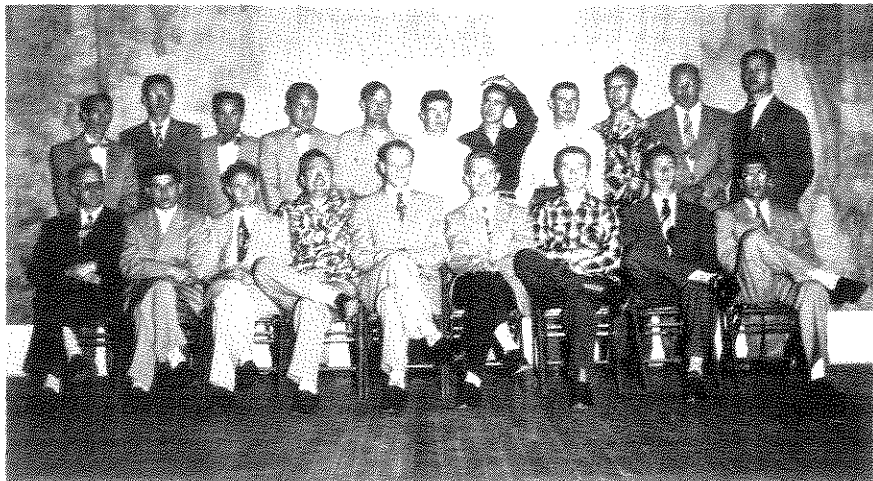
From left to right: Secretary-Treasurer Ron King, President Carl Mohl, Vice President LaVerne Saboe, Class Representative Herbert Shepherd.



JUNIOR CLASS OFFICERS

From left to right: John M. Myers, Bill Spurlock, W. S. Whiting.

SIGMA PHI KAPPA



From left to right: Back row — Lane, Shepherd, Stem, Roy, Kirchner, Tarr, Enridge, Flagg, Richards, Junker, Mattson. Front row—Carl Johnson, Pete Pisk, Bob Smith, Chuck Brown, Chuck Adams, John Johnson, Norm Hanse, Dale Schear, Chuck Mather.

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SOPH SIGHS

By DICK HAUS

Dale Shear accidentally played tag with a Buick and suffered minor damages to his Chevy. It wasn't his fault (so he says).

Don Grundy answered his call to colors — for one week. He was worried if they were going to let him come back to the hallowed halls of W.S.C.

Everyone remembers Nick Sweeney—well, he paid Portland a visit on the 4th. He's doing very well in his business in Tacoma.

The Soph Class started their escapade with the Squalis Acanthias. Everyone was very pleased. (We're not allowed to print remarks.) If we could publish odors this paper would be refused by everyone.

This reporter wants to give a big hand to our school softball team. They could certainly use more rooters.

There went the stork again on June 10th. This time he left a tiny squealer, Giford Esli, at 21st and Main Street for Ione and George Rethwill. Just twenty blocks up on the same street his daddy George was born and evidently everyone concerned is doing just fine.

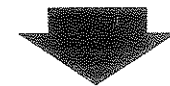
Vi and Norman ("The Kid" Hansel are trying their best to make arrangements for setting up housekeeping in Portland. Don't forget to ask your wife, Norman, if you can put that nickel in the pin-ball.

Have a nice vacation everyone. See you all next fall.

"Boy, when that fat old Aunt Emma of mine fainted the other night it took three of us to lift her. Bill took her arms, Tom took her feet and I did the hard work!"

"What do you mean, the hard work?"

"I brought up the rear!"



*Fall
Term
Begins
October
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1951



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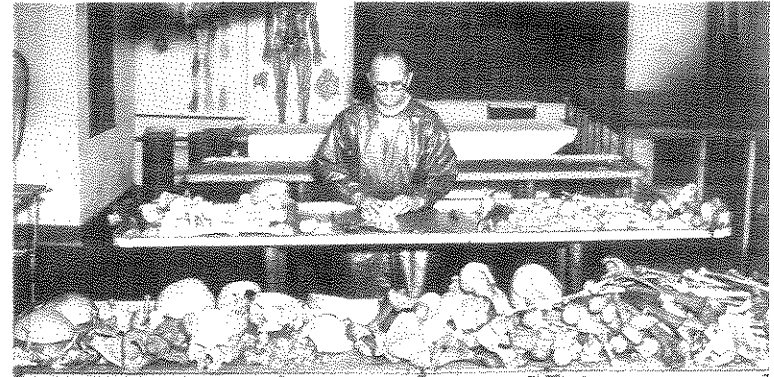
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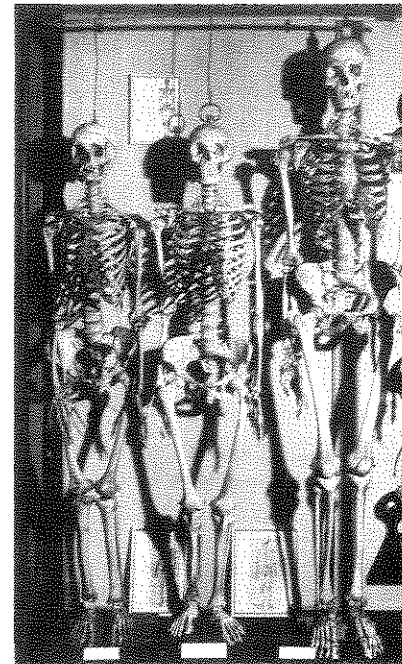
HEALTH RESEARCH FOUNDATION
4525 S.E. 63RD AVENUE PORTLAND 6, OREGON

Anatomical Dissection



Pictured above is Sophomore Jim Howard in the process of re-articulating the bones of the skeleton. Western States College has a very modern dissection laboratory for the detailed study of human anatomy.

Jim Howard has spent many hours in processing the bones after dissection classes have completed their course. Osteology classes have had at their disposal large numbers of bones.



The Growth of a Modern Healing System CHIROPRACTIC

The Beginning . . . 1903

The principle of adjustment of the body to the demands of an ever changing environment as a means of securing and maintaining health was formulated by Dr. D. D. Palmer in 1903. He came west with his message and founded in Portland, Oregon, the D. D. Palmer School of Chiropractic. He taught that man is both a biped and a vertebrate. He said that because of environmental pressures and strains, mis-alignments occur in man's many jointed spinal column with great frequency. These lead to disease. To keep the spine in perfect condition by adjustment is therefore the surest way to hold nature combat disease and maintain health. Thus adjustment of the articulations of the human spinal column by hand became, and still is, the basic tenet of what is now a wide and inclusive system of healing.

Today

Around this vital principle there soon gathered aid and aid from all the resources of modern science. X-ray, chemistry, clinical laboratory work, physiotherapy, hydrotherapy, electrotherapy, manipulative surgery, etc., were drawn upon to create a system of healing disease. Thus, Dr. Palmer's original discovery shines today with greater luster because of this background of modern scientific magic.

Legal Requirements and Training

The training of chiropractic physicians in Oregon is upon a high plane. The prospective doctor must attend his professional school four years of nine months each after graduation from a recognized four-year high school. He must meet the following requirements of the board of examiners before license to practice is issued. A passing mark in the following subjects—anatomy, chemistry, histology, embryology, toxicology, minor surgery, physiology, bacteriology, public health and hygiene, sanitation, pathology, diagnosis, theory and practice, gynecology and obstetrics, clinics, physiotherapy, hydrotherapy, electrotherapy and dietetics. He must also obtain by examination a certificate of proficiency issued by the board of basic science examiners, a group of educators appointed by the board of higher education and selected from the heads of departments of the universities and colleges in the state.

Associated Organizations

HEALTH RESEARCH FOUNDATION
COUNCIL OF CHIROPRACTIC SURGERY
DEPARTMENT OF CHILD CLINICS
CHIROPRACTIC RESEARCH GROUP
COUNCIL OF OBSTETRICS AND GYNECOLOGY
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