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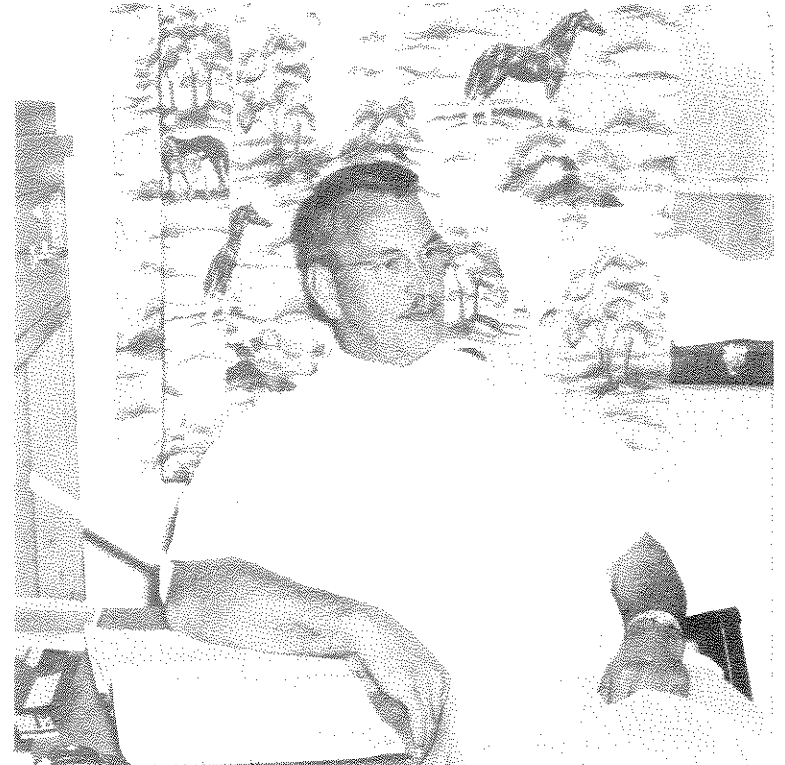
Western States College
The Synergist
VOICE OF THE STUDENT BODY

VOL. 2

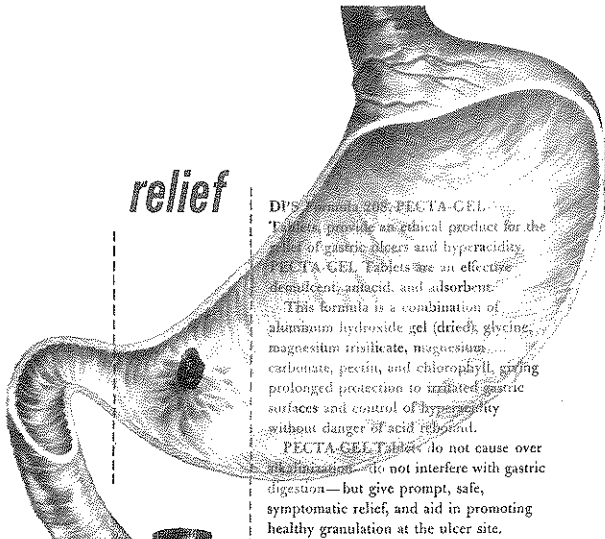
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Vitamin D.....	2000 USP Units	1500 USP Units	1000 USP Units	500 USP Units	500 USP Units	500 USP Units
Vitamin E.....	4 I. U.	3 I. U.	2 I. U.	1 I. U.	1 I. U.	1 I. U.
Vitamin B ₁	12 mg.	9 mg.	6 mg.	3 mg.	3 mg.	3 mg.
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Vitamin B ₆	2 mg.	1.5 mg.	1 mg.	0.5 mg.	0.5 mg.	0.5 mg.
Vitamin B ₁₂	4 micrograms	3 micrograms	2 micrograms	1 microgram	1 microgram	1 microgram
Niacinamide.....	80 mg.	60 mg.	40 mg.	20 mg.	20 mg.	20 mg.
Calcium Pantothenate.....	8 mg.	6 mg.	4 mg.	2 mg.	2 mg.	2 mg.
Folic Acid.....	2 mg.	1.5 mg.	1 mg.	0.5 mg.	0.5 mg.	0.5 mg.
Liver Fraction 2.....	260 mg.	195 mg.	130 mg.	65 mg.	65 mg.	65 mg.
Iodine.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.	0.1 mg.	0.1 mg.
Boron.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.	0.1 mg.	0.1 mg.
Manganese.....	4 mg.	3 mg.	2 mg.	1 mg.	1 mg.	1 mg.
Cobalt.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.	0.1 mg.	0.1 mg.
Potassium.....	20 mg.	15 mg.	10 mg.	5 mg.	5 mg.	5 mg.
Molybdenum.....	0.4 mg.	0.3 mg.	0.2 mg.	0.1 mg.	0.1 mg.	0.1 mg.
Iron.....	40 mg.	30 mg.	20 mg.	10 mg.	10 mg.	10 mg.
Copper.....	2 mg.	1.5 mg.	1 mg.	0.5 mg.	0.5 mg.	0.5 mg.
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WOMEN'S AUXILIARY

By HAZEL FAILOR

The May 16th meeting of the Student Wives' Auxiliary was well attended. Following opening of the meeting by Gerry Whiting, president, the nominating committee presented the following who were unanimously elected: Doris Johnson, president; Jewell Rapp, vice-president; Mildred Johnson, secretary-treasurer; Hazel Failor, reporter.

A committee is to be selected to meet with the Social Committee of the Student Body, thus creating an all-around coordination of the social affairs of Western States College.

It was announced that the women students of the College would be hostesses at the next meeting, June 21st. Invitation is extended to the wives to be present at the supper being planned for that evening. Usual time, and those who will be present should contact their Telephone Committee member.

At the close of the meeting a delicious luncheon was served by hostesses, Appa Anderson, Jo Shepherd, Doris Johnson, and Margie Wood.

SIGMA PHI KAPPA

By DALE SHEAR

A very enjoyable dinner meeting was held the evening of June 12 at the Portland Chamber of Commerce Building and the members present were served a very nice turkey dinner rounded off with pie a la mode.

It was decided upon at this meeting, that on Monday, June 18 the following men, Herb Shepard, Don Mattson, Johnny Johnson, Louis Kerschner, Ronald King, Doug Miller and Shirle Richardson, would begin their pledge period. The pledge period would extend until June 22, when at that time the pledges will be given their informal initiation.

It was also decided at the meeting that there will be a fraternity picnic in the near future.

Following the meeting the dining room was darkened and movies were shown.

FRESHMAN NEWS

By JOHN L. DOMINGUEZ

This is HELL WEEK for some of our poor freshmen who are on their way to fame. Louis Kerchner, Ronald King, Johnnie Johnson, and Herbert Shepherd have joined the Chiropractic Fraternity and are now being put through all the miseries of initiation.

Le Valley is now the proud owner of a new English Austin car. All he has to do when he wants to stretch is reach up and slide the top back and he has all the wide open spaces to do it in.

Lavern Saboe is now in the stage where he is tugging at the bit and pawing the ground. His marriage date is drawing very near. "Happy days are not here any more."

Steve has proved to be the most original guy of modern times! When he takes a girl forty miles out in the country he doesn't have "motor trouble" or "run out of gas." He actually (accidentally) loses all the car keys and finally agrees to walk back with the girl.

Attention all desirous and "desirable" girls: Announcing: "Gene De Ment, that sophisticated and very eligible bachelor about town, is loose again and now on the prowl, looking for a new girl. Don't forget, girls, the qualifications or assets are a winning "shy" personality and a beautiful Big green Buick.

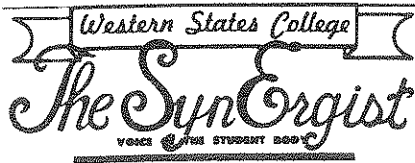
Through the courtesy of Johnnie Johnson's B-B gun, Cliff Cowan is training chasing robins around his house.

Husband: "When anything goes wrong around the house I fix it."

Wife: "Oh, yeah! Since you fixed the clock, the cuckoo backs out and asks, 'What time is it?'"

"Is Jim a confirmed bachelor?"

"He is now. He sent his picture to a Lonely Hearts club and they sent it back with a note saying: 'We're not that lonely!'"



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Copy must be submitted by the 27th of each month. The SynErgist reserves the right to edit or reject any copy or advertisements which it believes to be contrary to the best interests of the college. Health Research Foundation or the profession at large.

The subscription rate of The SynErgist is \$1.50 per year on a voluntary basis.

Nickila Bros.

The Nickila family was introduced to the Chiropractic profession a few years back. After having been a bed patient several weeks Monroe's illness yielded to drugless treatment.

Monroe put in two hitches duty in the U. S. Navy. He is now taking post graduate Naturopathy. Having a peculiar affinity for "book learning" LeRoy Nickila studied at Iowa Wesleyan. Then he served as a pilot in the U.S.A.A.F. Happily married, LeRoy is well qualified in other lines of endeavor, being the progenitor of two "well behaved" offspring. Harold, a younger brother, is completing his second year at the U. of Oregon. Come on over, Harold — Chiropractic needs you.

GOINZON

Recently Dr. W. A. Budden was the guest speaker at the South Dakota State Chiropractic Convention held at Aberdeen.

Dr. Ketchum of Bend, Oregon, donated to the school a Microdynameter for research purposes. The Student Body is grateful in being able to work with diagnostic equipment of this caliber. We therefore hope that in the near future more equipment of this type will be available for this purpose. Thank you, Dr. Ketchum, for this fine piece of equipment.

Everyone seems to be too modest to take the bows for the splendid "Spring Clean-up" job that was done at school in preparation for the Symposium. Thanks to everyone who helped and special thanks to the two "spark-plugs" Ralph Failor and Don Mattson.

By this time the new Freshman class should know their way around school. We would like to have someone from your class submit timely "bits" of information to your school paper.

Arthur Johnson, D. C., recent graduate of W.S.C., has started his practice at 5940 N.E. Union Ave. and extends an invitation to all doctors and students to visit his new office. Congratulations Art, we'll be over to see you soon.

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TIMELY OBSERVATIONS

By W. RAFAEL FLORES

Research Editor

• Mayo Clinic Chief says gall stones symptoms may be spinal conditions. . . . "Specialists know that rheumatic inflammations of the spine, lumbago, and other conditions can produce symptoms similar to those of gallstones or an inflamed appendix (sharp abdominal pains, fever and nausea). That such pseudo-appendicitis and pseudo-gallstones often fool doctors and result in futile operations was asserted recently at a Cleveland medical symposium by Dr. Walter C. Alvarez, chief diagnostician of the Mayo Clinic."—*Newsweek*.

• New research by the head of the biology department at Seattle University and supported by the Damon Runyon Fund of the American Cancer Society suggests that NERVES MAY PLAY A ROLE in the cause of cancer.

• J. D. Kruse, D. C., of Howell, Michigan has been elected as CORONER for the term of two years.

• A bacteriologist claims that food-killing spores have more than one vulnerable spot—ten to be exact and that, thusly, the spore must be killed ten times before it will die completely.—From the *Lincoln Contact*.

• An organization of FLYING CHIROPRACTORS has been formed in Texas. All chiros. that own planes have banded together "to be available in emergencies, for instance, a flood, so that they

can fly into the stricken area and offer their services in the shortest possible time."

• SUBSTITUTE BLOOD PLASMA MADE CHEAPLY FROM OKRA: A Marquette University research team has been able to turn a common garden vegetable into a cheap and plentiful substitute for life-giving blood plasma. The plasma replacement is a product of okra-pods — familiar to most of us as ingredient of gumbo soup. The new material has all the advantages of blood plasma, it is said, and none of its disadvantages. It contains none of the harmful elements which can cause serious after-effects. Also the plasma substitute can be obtained easily in powder form and less than an ounce of it makes the equivalent of a quart of human plasma. The okra plasma powder can be stored in just a fraction of the space and can be kept indefinitely — at any temperature — without losing its life-giving properties. This is sharp contrast with human plasma which must be kept under refrigeration and even then becomes useless when stored too long. Plasma must be taken from a human donor. But the okra extract is obtained from a plant which grows literally like a weed in southern climates. Another advantage over human plasma, Dr. Benjamin reported, is that the okra extract can be made for a fraction of the cost of the former — even when the plasma is obtained through non-profit organizations.

(Horticulturists can now plant their own plasma in their own backyard — a thought — Ed.)

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OH, FOR THE LIFE OF A DOCTOR

*No Matter What the Doctor Does or
How, He Never Can Please
EVERYONE*

Anyone who takes on the so-called dignity of any kind of profession, becomes a public figure and, quite naturally, since human nature is what it is, lets himself open to the general criticism of the masses.

No profession, however, quite receives the attention, discussion, too frequently gossipy in nature, analysis, criticism, a little praise maybe (paradoxically sometimes unusual worship particularly if still single!) than the Doctor — unless it perhaps be the local minister!

A Doctor must be a dual personality and must be very adroit in turning on just the right kind at the right moment if he wants to avoid comment which may sometimes reach incendiary proportions.

If he is too gay, he lacks professional dignity.

If he is very professional, he lacks personality.

If he doesn't dress smartly, he must be barely making an existence.

If he dresses smartly, he is a "Beau Brummel."

If he tries to be sociable, he ought to pay more attention to his patients and books.

If he spends much time in office, clinic, and library, he is too much of a slave and unsocial misfit.

If he has a new car, he is extravagant.

If he doesn't, he isn't very successful.

If he owns a fine home, he must be making plenty!

If he doesn't, he isn't helping to uphold the dignity of his position in the community.

If he doesn't greet his lady patients, he is stuck up.

If he greets his lady patients with a smile, he is flirtatious.

If he leaves his wife at home too much, he must be finding greater interest in other women, a new nurse, perhaps, or the pretty secretary just engaged.

If he takes his wife into all his confidences, then his professional secrecy is questioned.

If he has excellently appointed offices, he is trying to "put on the dog."

If he hasn't such offices, he certainly is not inviting the better paying patients.

If he is charitable, he cannot command patients of affluence.

If he has high fees, he is too commercially minded.

If he sincerely tries to educate his patients and friends, he is trying to advertise.

If he doesn't let people know about himself, he cannot be very up and coming.

If he honestly tries to improve the health of the masses, he is attempting to get into the limelight.

If he doesn't take general interest in health matters, he is selfish and just a professional opportunist.

If he isn't successful with a certain patient's condition, he doesn't know his business.

If he is successful with a cure, the patient wasn't as sick as he first made out and would have become well anyway.

If he doesn't see his patients frequently, he is neglecting them.

If he does try to visit them often, he is worried about them or attempting to run up a big bill.

If he reveals all his findings, he is being inconsiderate of the patient's worst fears.

If he doesn't tell all he has determined, then he isn't sure of what he is doing and is actually accepting unearned fees.

If he makes quick and accurate general examinations, he isn't thorough enough.

If he has much diagnostic equipment and goes to great lengths to establish a diagnosis, he puts too much unnecessary stress on the patient's pocket-book. The old "country Doc" certainly did as well without.

If he doesn't call in consultants, he is an egotistical "know it all."

If he calls in consultants in difficult situations, he doesn't know enough to handle the case himself.

If he does have opinions that are contrary to commonly accepted procedures, he is a "quack."

If he does not have new ideas and the most recent equipment, he is not modern and up to date.

If he follows a strict regime of living to be an inspiration and example to others, he is a fanatic.

If he doesn't follow his own principles to the last detail, he is a hypocrite.

And so it goes, on and on, ad infinitum!

It matters little, you see, what the doctor does; if he does it one way, he is criticized for not doing it another. If he should choose the latter, then the former seems to be the way he ought to have done it. No, it is never just right! Human nature, as it is, relentlessly likes to make dramatic diagnosis to reveal evil things for promoting ostentatious gossip or for privately enhancing one's own personal importance, and especially so upon the doctor.

However, you know how often he is supposed to be right! Multiply his errors by 100, and you will perhaps see why the uninformed bystander has more misinformed, misinterpreted, erroneous comments about the family doctor than perhaps any other professional man!

OH, FOR THE LIFE OF A
DOCTOR!

—Jack Roy.

Mr. and Mrs. Moron got married. That night Mrs. Moron said to Mr. Moron, "Don't you think we ought to have a little Moron?" So he got up and got another blanket.

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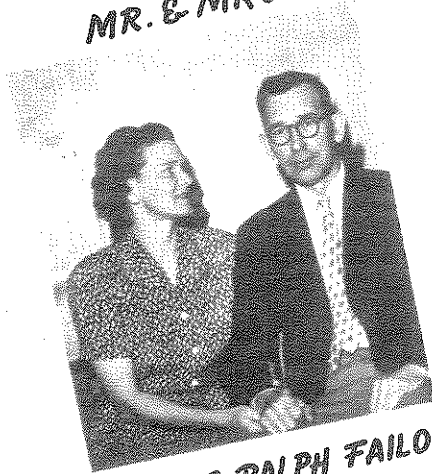
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The opera was "Rigoletto" and the scene had Rigoletto tearing his hair and showing a great deal of anguish because of the betrayal of Gilda. Two bobbysoxers were watching the scene with intense interest. When it was ended, one of them turned to the other and said: "Why is he making such a fuss?"

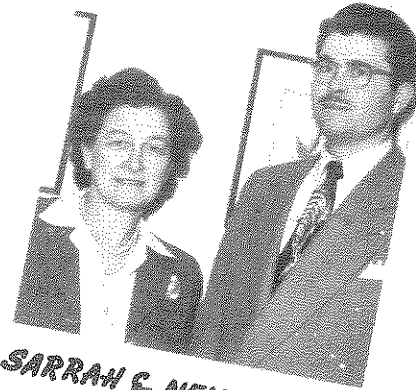
"Goodness, don't you know anything?" explained her girl friend. "In those days it was a sin."

MR. & MRS.



HAZEL & RALPH FAILOR

MOTHER & SON



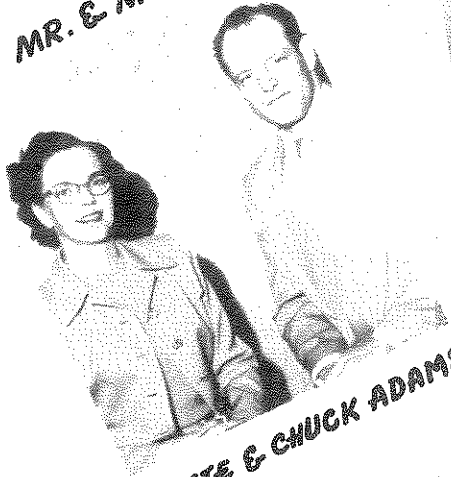
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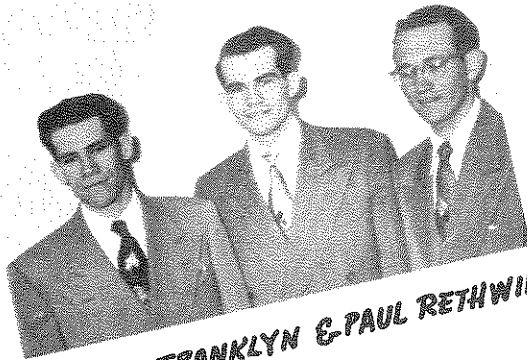
MR. & MRS.



BETTE & CHUCK ADAMS

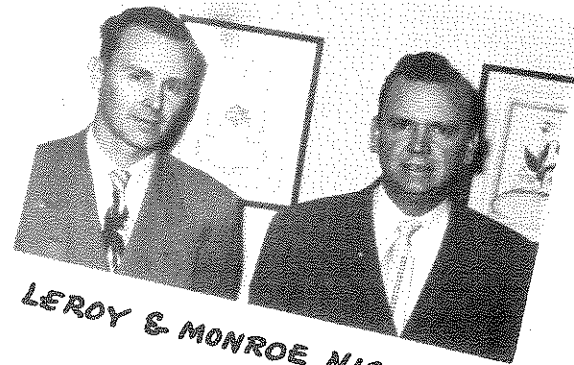
Family Affair

BROTHERS



GEORGE, FRANKLYN & PAUL RETHWILL

BROTHERS



LEROY & MONROE NICKILA

Swedes -- Yet

The Johnson Brothers first became acquainted with Chiropractic several years ago. The consistent relief that was had by themselves and members of the family from time to time, convinced them that here was a profession of untold value and worthy of serious consideration.

Not until 1947, however, did Arthur, the older brother enroll at W.S.C. He now has his diploma in Chiropractic as well as the B.S. certificate, and at this writing has just received the good news from the State Board of Chiropractic Examiners that he was successful in the examinations held April 20th and 21st. He plans to practice in Portland but at present is completing his course in Naturopathy.

Carl enrolled a year later and is now midway through his junior year. His plans following graduation are not definite but the location will probably be some smaller town in Oregon.

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Sophomore Class Notes

By BETTY ADAMS

The mid-western travelers of Easter time are back at their books again. The trip was exceptionally successful for Peter Pisk for he was able to see it all the first time through.

It appears that Storts, Weaver, Hansel and Bendio could be depending on their barbers to help them pass splanchnology.

In the spring a young man's fancy lightly turns to the new bonnet his wife has been nagging him about for months. Many of the class have jobs for the summer — including Mather and Manske who are "really in the dough."

One more brave soul has deserted the bachelors and joined the ranks of the married men. Congratulations, Hansel.

The class presented Mrs. Appa Anderson with a little gift which should prove helpful in making that eight o'clock class. The Adamses have three clocks now — does anyone have a bit of trinitrotoluine?

Velma Burns is looking for a new car. She lost the use of her car and her driving ankle while trying to find a short cut to the area below the Ross Island bridge. We are glad to have her back in class once more.

Mather and Storts have discovered a wonderful new game played with little balls, long sticks and green grass. Where have they been all this time? Hey, Storts, which end of the club is used for hitting the caddy?

Wanted: Steam valves to be used for relieving the pressure created during sophomore class meetings.

A paratrooper, making a test jump, landed on top of a high hay-stack.

"Hey, Buddy," he yelled to a soldier on the ground, "how do I get down from here?"

"Easy, Chum," replied the soldier. "Just shut your eyes and start walking around!"

STUDENT BODY PICNIC

By NORMAN ENRIDGE

The first Western States College Student Body picnic for several years went off with a bang at Sellwood Park on June 10. Approximately 150 students and their guests indicated quite clearly that this social function should be held more often. For your information, therefore, we wish to announce that our next tentative picnic will be held on the eighth of July. Keep this in mind, and remember that the swimming pools will also be open.

Various teams started the day off with volleyball while others laid out the food. After everyone was full of a strangely predominant potato salad, the boys went out on the field and knocked themselves out with an extremely vociferous 16-inning game of softball. Ice cream was dished out in great quantities through the good will and compliments of Freshmen Tombe and Baker from Oakland.

After the panting had died down appreciably, Brad Storts, extremely able sports committeeman, had other plans for testing our physical endurance.

The spine-tingling egg throw between 24 dancing couples ended 23 unhappy egg smashes later with the Harold Johnsons the sole survivors of the shell cracking, yolk splattering fracas. This was followed (after appropriate bathing) by relay, three-legged and wheelbarrow races for the grownups and short dashes for the kids. (A few of the boys had their faces run in the turf but with no permanent damages).

~~~~~

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Three of a Kind

For any who have wondered at the appearance of three brothers here at W.S.C., we finally received a peek at the past concerning the Rethwill boys—George, Franklyn and Paul. They say you might call it a "phenomena."

Having spent the last 19 years in the central part of California all three Webfeet turned to the higher halls of learning after they were discharged from the Air Force and it was here in Portland that the enigmata found their lovely wives. Incidentally, Franklyn was what the Navy refers to as a "zoomie." It was he who performed the splendid job of persuading the others to attend W.S.C., and so each wound up his army career with the same rank and ambition. This ambition probably stems from an ancestral line of professional people, druggists, dentists, school teachers, etc.

The sophomores George and Paul are looking forward to the completion of the four-year course and Franklyn is looking forward to the completion of an additional course of Naturopathy in July and a successful practice as a Chiropractic and Naturopathic Physician.

What did you say, fellows? You are on the college softball team too?

Ma Too

WHO — Neil S. Trospen, 1428 S.E. Madison, Portland 14, Oregon.

WHEN — Started October 1, 1947, at the old school located at S.E. 11th and Clay Streets. Graduated March 31, 1951. Now taking class in Naturopathy.

WHY — Dissatisfied with internal medicines and felt that drugless therapy held the answers.

WHO — Sarrah "Sally" Trospen, 3414 N. E. 76th Ave., Portland 12, Oregon.

WHEN — Started April 9, 1951.

WHY — Same reason.

Appa & Dick

I, Appa, am the youngest of a highly intelligent family. Of course, they ran out of this intelligence just before they got to me and since my brother, Dick Stober is the next oldest to me I sometimes wonder if they didn't run out before they got to him. Well to make a long story longer, having struggled through high school at Salem, Oregon, just two years behind Dick, I found myself persuaded (and easily I admit) to follow him through W.S.C.

Dick and I both spent a more or less interesting session in the Army and are both married. Dick having three children and I answering to the name of Anderson have one child. Dick graduated last December, as Doctor of Chiropractic and this Spring as Doctor of Naturopathy. I know it will be a struggle for me to eventually do the same but I know I will love every minute of it.

The Failors

It took the discouraging news that their son would be dependent upon "little red pills" for the rest of his life, to awaken the Failors' interest in chiropractic. They hail from Seattle, where Ralph worked for Puget Sound Power and Light Co., after graduating from Washington State College. He was retired from active service as a Captain, after spending five years doing his bit, so was eligible for G.I. schooling. In his convincing manner he conveyed to Hazel that she wouldn't be spending any more time in study than she then was in PTA, Girl Scout, and Church work. (Hazel swears she wishes she had never listened.)

Nancy, 12 and Dean, 10 are fully aware of the mechanics of human anatomy and are looking forward to the time when their parents are "out in practice." The Failors make their home at 5423 S.E. Gladstone.



- July 2 New Term
- 4 Independence Day
- 9 Phi Nu Sigma
- 10 Sigma Phi Kappa
- 13 Student Body Meeting
- 23 Phi Nu Sigma
- 24 Sigma Phi Kappa

Softball Team Has Lots of Spirit

W.S.C. softball team has the making of a good ball club but is plagued with lack of practice, what with studies, jobs and no appropriate time practice is about impossible. What they do need is a little support from the student body. So get off your rusty dusties and come out to yell for them.

Paul Rethwill has been doing an excellent job pitching. Along with him are Brad Storts in the outfield; Joe Boucher, Dale Schearer, John Carumpus in the infield. George Rethwill and Herb Shepherd are a little slow in shaping up but are coming along.

The team has won one and lost four. The last games that the team lost were by close scores. The others we won't talk about . . .

News item: "Statisticians find that nine out of ten women are knock-kneed." And for years we'd been thinking that statisticians never had any fun.

A Talk with the Saboe Brothers

To some, Chiropractics might only mean a way of making a living but to us it has a much greater meaning. Having seen the marvelous results accomplished by Chiropractics not only to those around us but also to our immediate family, we were enhanced into what we now call and feel as our field, the field of Chiropractics. Upon graduation, which is still in the far distant future, we plan to combine our resources and knowledge into a small clinic through which we hope to help those as Chiropractics has helped us. We, the Saboe brothers, plan to do our share to make Chiropractic a more sought after, highly respected and honored profession.

The Adams

Bette and Charles Adams, class of 53, were married July 15, 1947, while Charles was in the Air Force. After his discharge they traveled a bit before settling in Utah with the intention of making a career with Uncle Sam's civil service. During the year that followed, it became evident that the boredom arising from a routine job was unbearable. An education in the healing arts was decided upon and October of 1949 found "the Adams" enrolled in W.S.C. and determined to earn their degrees.

At the start of the shift, the excavating foreman greeted his catskinner with a big smile. "Have a cigar!"

"Don't mind if I do," said the skinner. "Is this a special occasion?"

"I'll say it is!" was the reply. "I've got a new addition to the family."

"Congratulations!" said the catskinner. He put a match to the cigar, puffed on it a few times, and then observed, "About the fifth child, I presume."

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