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*Dorshner, C. Bulletin of the State Dept. of Agric., No. 124, P. 29-33

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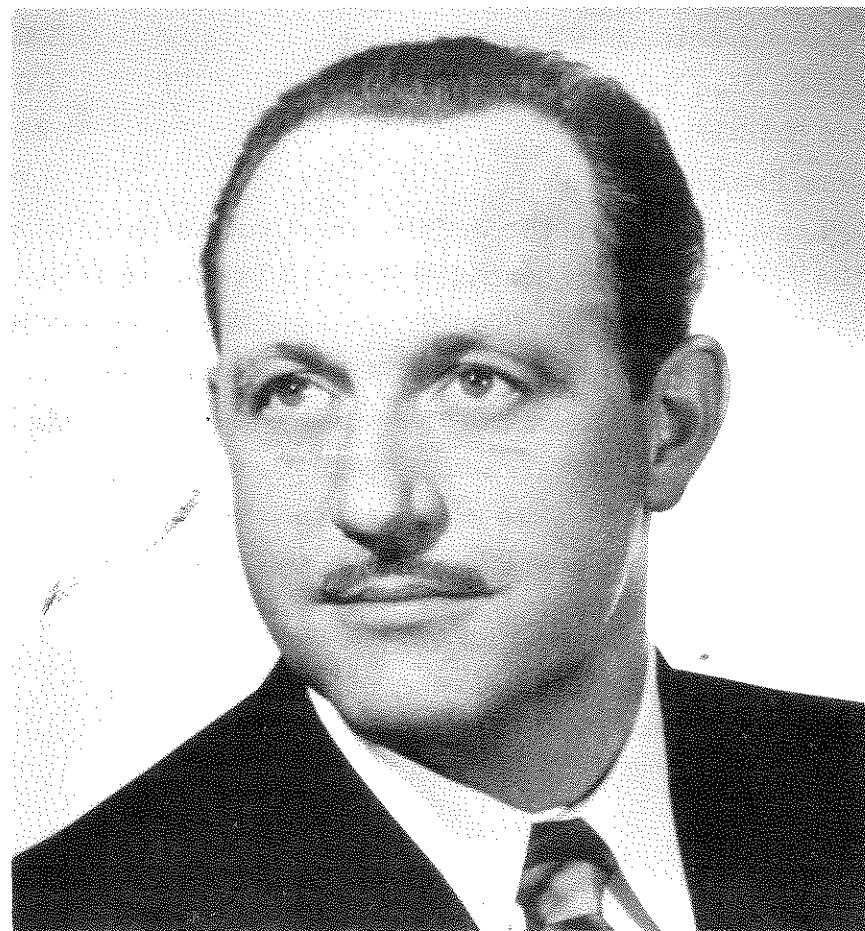
VOICE OF THE STUDENT BODY

VOL. I

MAY 1950

No. 5

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JUNIOR

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Senior Social & Shindig

By J. D. KIEFFER

The senior class got to the "grass roots" of the situation Saturday evening, May 6th, by staging a realistic down on the farm box social in the college auditorium for members of the student body and their guests.

The evening's entertainment included Bungo, ably conducted at a profit by "hawkers" Stober, West, and Henderson. Ralph Down, Floyd Dees and assistants lured customers to the Pot O' Gold (pitching pennies in a wash tub) and relieved them of excessive coppers. J. Kelly and D. Kellis cared for the exhausted and thirsty by dispensing cokes. E. Wood, D. Coulter and R. Schlect were kept busy issuing pink "script," the medium of exchange for the evening. E. Kinnicutt operated a very popular booth giving out free coffee. Floyd Dees jockeyed the canned music and kept the air filled with a good variety of "hillbilly" as well as popular tunes. Jack Rarey aided in decorating for the party but was unable to attend. He sent a box by carrier though. Thanks, Jack. Folk dancing in the form of the Virginia Reel was led by J. Kieffer and wife. By the time the first set ended, everyone sought a more restful diversion.

The main attraction of the evening was disposing of the fine box lunches prepared by the ladies. The auctioneering by Kernels (as in corn) Kieffer, Wood and Schlect proved highly successful. The auctioneers were decidedly surprised at their prowess in this field. After the last box passed over the auction block, the happy purchasers located their chow partners for the evening and proceeded to rid each box of its contents. Immediately following the feed, a cake walk was fostered and many were the bright smiles that resulted from winning one of the lovely cakes.

The social was a success financially; in addition, it demonstrated the fact that sincere fellowship can be had when effort to do so is exerted by all. Even though the gathering was small numerically speaking, the writer has never witnessed a more congenial group attend a function at this institution.

The senior class is indeed grateful to all that aided in making the event truly something to remember.

Good Posture Week Tea and Contest

The first annual Lilac Tea and Open House, sponsored by the Health Research Foundation and the Women's Auxiliary of the Oregon Association of Chiropractic Physicians, was held in College auditorium, Friday, May 5, in conjunction with National Posture Week.

A Posture contest, sponsored by the Multnomah district of O.A.C.P., was held after the tea and found 23 students from Portland high schools participating. The \$50.00 prizes were won by students from Roosevelt High, Lee Gleason and Ron Ritch sharing in the prize for the boy with the best posture and after a very stiff contest, Sabra Cheney walked off with the prize money for the young lady with the best posture. Other high schools represented in the contest were: Jefferson, Washington and Franklin. (Winners are shown in picture on page 8.) Judges of the contest were Miss Mildred Werner, Mrs. Victoria Summers, Dr. F. P. Rutz, Dr. W. A. Ramsey, and Dr. W. A. Budden.

Some 80 members of the Associated Women's Clubs of Portland and City Commissioner Ormond Bean were special guests. Dr. W. A. Budden, Director of the college, spoke of the relation of good posture to good health and Commissioner Bean gave some of his experiences while in Egypt, pointing out the differences in posture in different parts of the world due to environment and work habits.

Tea was served by Mrs. Ralph W. Rasmussen and Mrs. W. E. Demme and music was furnished by the Alicia McElroy Trio.

On April 22, 1950 the Juniors elected Carl Darby, President, Vernon Grow, Vice President and Ken Peterson, Secretary-Treasurer. These officers are to reign until the class has officially graduated. Also discussion was held and preliminary plans were made for graduation.

* * *

The next Oregon State Basic Science examinations will be held in Portland, Saturday, June 17, 1950 in Room 306, Lincoln High School. Exams are held in Anatomy, Physiology, Pathology, Hygiene and Chemistry. Other dates for 1950 are September 9, and December 5.

* * *

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Issued monthly by the student body of the Western States College, 4525 S.E. 63rd Ave., Portland, Oregon.

Copy must be submitted by the first Thursday of each month. The Synergist reserves the right to reject any copy or advertisements which it believes would be contrary to the best interests of the college, Health Research Foundation or the profession at large.

Student Body Activity

It seems to this column that the constitution and bylaws of our student body are inadequate. This being election year, we are all somewhat conscious of elections and politics. We have all noted that since graduation of the Senior class in March that no interest has been taken in student activities. We propose that an amendment be made to the present student body constitution to change the term of office for officers of the student council from the middle of March each year to the next and that the Vice President shall be a member of the Junior class.

This column does not intend to be critical of the present officers, as we realize that the press of graduation activities and the economics of looking forward to going into practice, besides the ever present sustaining of a living until a practice is established, represents much time. Hence the changing of the term of office from March to March will relieve the Seniors of the responsibility of student body activities at a time that perhaps is the busiest of their entire college career. A Junior, elected Vice-President, would assure the carrying on of student activities even though the Senior President found the press of personal business limiting his time in the latter months of his school career. The constitution calls

for two student body meetings per month; and a real program for the interest of all students can be formed for the entire year with the student body officers serving from March to March. Give it some thought and let's do something.

We think it is high time that all of us give more attention to our student body activities, which of course means our college. Whether you realize it or not, this college is what YOU make it.

Ode to the South Wall

From the south, folks passed
 With eyes downcast
 To avoid such a homely fright.
 But now they beam
 With hearts agleam
 To behold a wondrous sight
 Of flowers that bloom
 To dispell the gloom
 And pass now with cries of delight.
 AppA

'TIZ SAID

The fellow who can't get an idea into his head shouldn't be expected to get one out either.

* * *

No one is entirely useless; even the worst of us can serve as horrible examples.

* * *

One way to save more money is by making more money to save.

* * *

Wisdom is never dear, provided the article be genuine.

* * *

What you don't owe won't hurt you.

* * *

In fact, the more things are forbidden, the more popular they become.

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Goingzonz

Membership cards of Military Chiropractors were distributed on May 18th. According to Dr. Gordon V. Pefley, all students who served in military service are eligible for membership.

* * *

At 8:30 a.m., May 15th, Baby David Earl put in an appearance at the Ira Parrish home. He weighed 8½ lbs. Father, Mother and Baby are all doing fine.

* * *

The Freshman class certainly misses Helen Haslett, but we wish her the best of luck, and hope to see her back again.

* * *

Wedding bells for Evan Reynolds, freshman, and Frances Lavender of Salem. They were married April 21, at the First Baptist Church in Salem. The bride and groom are now living in their new home, 4331 S.E. 63rd. Best of luck, Evan and Frances!

* * *

If you have noticed his especially expanded chest, you will realize why when we tell you that Dr. Wilbur King is the proud father of a 7 lb. 14 oz. boy, born at 11:21 a.m., Thursday, April 27. The baby's name is Edward Kenneth. Mother and son doing fine; father too!

* * *

News Item: The tom cat that Len Launer gave the Failors, is expecting a family. (And he taught Anatomy!)

* * *

California State Board of Chiropractic Examiners will hold exams at 8:00 a.m., July 11, 12, 13, 1950, at the Elks Club, 607 So. Park View Street in Los Angeles.

* * *

Joe Boucher, freshman from Vancouver, B. C., took fifth place in the annual ten-mile road race held in Victoria, B. C., on Good Friday. The race had twenty-eight starters. Doctor J. W. Loffler, a W.S.C. graduate, finished second. A member of Canada's Olympic team was the winner.

* * *

Know where there is a brick? "Nat" Bragen wants more brick for the "arboretum" walk. He says if each student would contribute one brick the job could be done. How about bringing a brick to school with you?

'South' Mores Reporting

BY ED GERSTNER

Here we are at it again after those mid-terms that are always "popping up" . . . Bill Fields, formerly of International Chiropractic College, Toledo, Ohio, has enrolled at W.S.C. We are happy to count you one of us, Bill . . . Brown is complaining of his aching back—too much golf in the rain, eh, Charlie . . . Hardy Sickles is giving his brain and brawn to a new boss . . . Olson has forsaken his tropical fish and is now a model railroader . . . Horace is looking much better these days. (Mrs. Johnson, who was attending school in Seattle, has joined him) . . . Jerry Reece has turned over a new leaf—he even gets to school an hour early, also he is planning to give up his rights as a bachelor in September . . . Fellow classmate Bert Smith passed the Basic Science Exams held in April . . . Bert is also our instructor in X-ray Technique.

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SIGMA PHI KAPPA

By FLOYD K. DEES

This month is the thirty-third anniversary of the Sigma Phi Kappa Fraternity. It is the first established Chiropractic Professional Fraternity, and has among its members some of the best-known names in the chiropractic profession, including Dr. W. A. Budden, Dr. H. V. Reeves, and Dr. Joseph Janse.

Two years ago, eighteen associates of Western States College received the charter, and became the charter members of Zeta Chapter, Sigma Phi Kappa Fraternity. In its two years, the Zeta Chapter has had forty-two members, with five honorary members, and two grand chapter honorary members.

* * *

On Tuesday, April 25, the Sigma Phi Kappa fraternity held its semi-annual election of officers. Charles Brandstetter was elected Chancellor, John Keiffer, Vice Chancellor, Floyd Dees, Scribe, Dick Stober, Treasurer, Norman Enridge, Chaplain, Jack Rarey, Sergeant at Arms, Robert Sannerud, Librarian, Bert Smith, Custodian.

Retiring officers were: Chancellor, Albert Frazier, Vice Chancellor, Harlan Cook, Scribe, Edgel W. Wood and Treasurer, Bert Smith.

The following new men were named pledges: Terry Oka, Chuck Adams, Stan Flagg, Chuck Mathers, Dale Scheer, Peter Pisk, Ken Bethke, Tom Henderson, Brad Storts, Bob Irving and Donald Hansel.

* * *

That portion of the chronological record extending from May 15th to the 19th, 1950 shall, in the future, rouse varied responses in the mental corridors of each member of the present W.S.C. student body. In particular eleven members commonly referred to as "Rats," i.e. pledges during this interval, will recall with nightmarish realism, the ruthless harassment bestowed upon them by the members.

Essential duties such as keeping the area in front of the college free from debris and making a detailed tabulation of the number of steps in the building were delegated to the pledges. Each pledge became equipped with a sturdy applicator to be used at the discretion of the brothers for stimulatory effects in

the region of the gluteus maximus. Pledges were fitted with unbecoming "skullies" and ordered to cultivate neat mustaches. The latter were abetted by massive applications of "vigoro," i.e., mascara.

The week with a Hades-like composition came to a very scorching conclusion (for the pledges, that is) at the home of Brother Frazier, Friday night. An ample supply of ethyl chloride was on hand to avert pyrotechnic tragedies.

* * *

The Spring Formal Initiation of Sigma Phi Kappa fraternity convened at the El Rancho, 130th and S.E. Stark, Thursday evening, May 25th. The members, pledges and their guests enjoyed a delicious turkey dinner served by candle light in the spacious dining room. Each table setting was marked by a small placard bearing the name of a member or guest and depicting the emblem of the fraternity. After dinner, the group was entertained by poems and songs composed by the pledges.

Following the entertainment, officers, members and pledges retired to private rooms for the formal initiation. The eleven pledges became members of Zeta Chapter in a very impressive ceremony conducted by officers of the fraternity.

Dancing and acquiring new acquaintances occupied the remainder of a most enjoyable evening.

FLASH: A woman went on a hunger strike and twenty Scotchmen proposed to her.

* * *

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AT LAST AN "ARBORETUM"

Through the efforts of "Nat" Bragen, junior, the south wall of W.S.C. building is fast becoming a show place of the Southeast district. In the past month, Bragen, with the assistance of Monroe Nickila, senior, Charles Hickman, sophomore, Leroy Nickila, freshman, and Don Mattson, sophomore, has raised funds, planted English ivy, clematis and numerous perennial plants, and installed watering facilities as well. Several students and kind folk of the neighborhood have contributed plants, brick for the walk, and pipe for the sprinkler.

In an interview, Bragen praised the cooperation and assistance especially, of Mrs. Sabin of the Blue Bell Potato Chip Co. and Dr. George Buck, Naturopathy student.

(Editor's Note: "Nat" is student of the month in our book.)

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PHI NU SIGMA

By HORACE D. JOHNSON

The educational meeting of the Phi Nu Sigma Fraternity, May 1, 1950, was well worth noting. The attendance was very good and we were favored with the presence of two visitors. The meeting was called to order promptly at 7:30 p.m. and after the necessary preliminaries the Chancellor presented Joseph Boucher of Vancouver, B. C., the guest speaker, who is a member of the freshman class.

Mr. Boucher gave us a wealth of knowledge concerning the "Advantages of Proper Planned Meals" in relation to "Neutral," "Positive" and "Negative" Food Combinations; however, this should be done after one has gained the correct knowledge and understanding of carbohydrates, fats and proteins as combined to make up our diet. He also touched on the pertinent and interesting highlights of "Organic Gardening." The lecture was climaxed with a most worthwhile open discussion.

It was indeed a privilege for us to hear Mr. Boucher, who has had experience and contact with two of our most outstanding authorities on "Foods and Food Combinations" as related to healthy bodies and living. Following the educational discussion, tentative plans for our future summer meetings were drawn up, including many outstanding speakers; an initiation meeting; a picnic and other social activities.

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* * *

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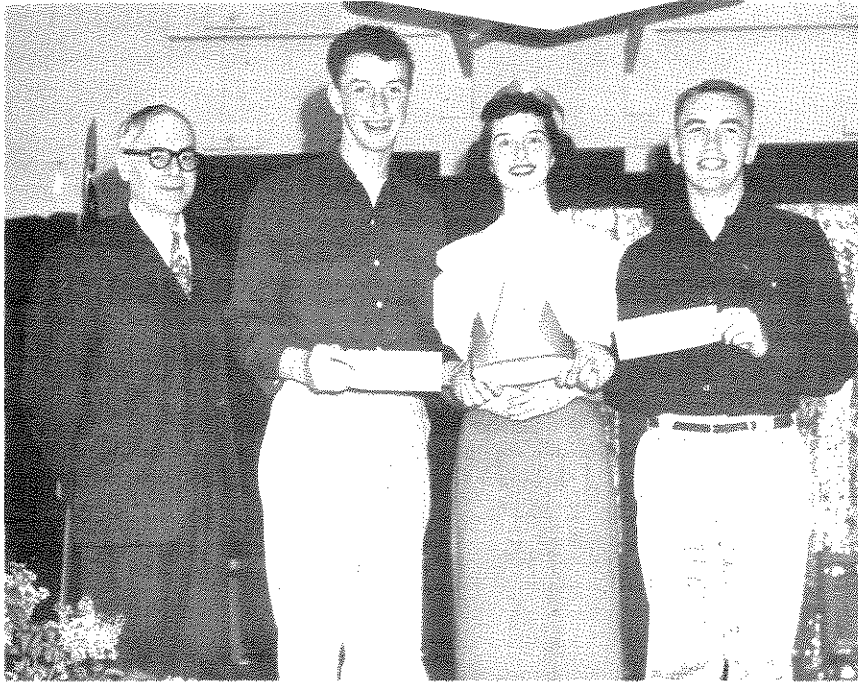


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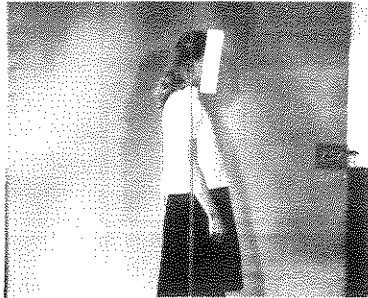
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Pictured above is Dr. W. A. Budden, Director of the College, with the winners of the Posture Contest held in the College auditorium. Reading from Dr. Budden's left are: Donald Rich, Sandra Cheney and Lee Gleason, all from Roosevelt High School.



Some of the examples of poor postures discovered among Seattle school children during the survey made by Seattle Chiropractic Association and the National Council on Public Health during National Posture Week. Over 700 children were examined.

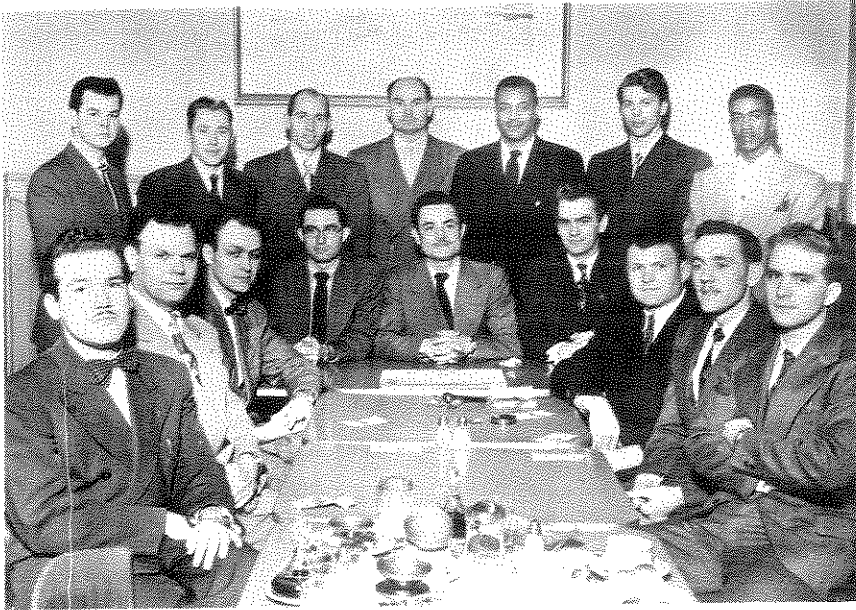
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Student Members Naturopathy Fraternity



Standing (left to right): William Carroll (Chaplain), Leo Scott, Arthur Scott, August Albrecht, Horace Johnson, Charles Hickman, Walter P. McNail. Seated: Duane Shields, Ralph Down, Robert Elstrom (Scribe), H. Michael Lynch (Secretary-Treasurer), W. R. Flores (Chancellor), Ernest P. Hakedahl (Vice-Chancellor), Austin Gullin, Wm. Spurlock, Leighton Grey. Members of Fraternity not present: Thomas E. Ray, Frank Spaulding, E. C. Darby.

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Basic Science Questions

PHYSIOLOGY:

1. (a) Discuss the digestion of carbohydrates. (b) Where are they principally absorbed after digestion? (c) What are the end products of carbohydrate metabolism?

2. Discuss the conditioned reflex, giving briefly a clearcut example of the development of such a reflex. A diagram may be used.

3. Define ten of the following terms: Deamination, Regurgitation, Sino-audicular node, Manometer, Vital capacity, Homeostasis, Chloride shift, Flaccid, Isonic solution, Buffer, Menopause, Anoxemia.

4. List and compare the physiological properties of striated and cardiac muscle.

5. What are the effects of stimulation of the fibers of the thoracolumbar outflow of the autonomic nervous system on the following structures or systems? (1) cardiovascular system, (2) gastro-intestinal system, (3) the skin, (4) bronchi, (5) bladder and urethral sphincter.

6. Name and give the principal functions of five secretions of the hypophysis. Indicate the portion of the gland in which each secretion is formed.

HYGIENE:

1. What are the chief factors in man's resistance to malaria?

2. Discuss the biological action that takes place in the Imhoff tank.

3. Name and describe two characteristics and two good sources of each of the fat soluble vitamins.

4. In general how are pathogenic Bacteria transferred from person to person?

Student Wives' Auxiliary

By JO ANN STORTS

May 17th, the Student Wives' Auxiliary held its regular monthly meeting.

Mrs. Walter Rich, of the Doctors' Wives Auxiliary, announced the tea to be held June 20th in honor of the Student Wives' Auxiliary. Mrs. Rich also told the group about the electric range selected for the kitchen. Election of officers was held. Retiring officers are: President, Leona Early; Vice-President, Fern Kieffer; Secretary, Helen Henderson; Reporter, Jo Ann Storts, re-elected. New officers to be installed at next meeting: President, Gerry Whiting; Vice-President, Ruth Cullen; Secretary, Betty Stober.

Following the business meeting, Hostesses Betty Stober and Ruth Cullen provided delicious refreshments. Mrs. Bertha Pinco, our guest pianist, played two lovely numbers. She also accompanied vocalist member, Mildred Richardson.

Next meeting will be at Western States College with Lena Kinnicutt as hostess. We want a big turnout as it will be the last until next fall.

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- A—The maximum monthly allowance in your son's case, if he studies full-time, will be \$120, but he will be permitted to earn as much as \$170 on the side and still get his full subsistence. Subsistence and salary can at no time exceed the \$290 monthly limitation set by law.
- Q—Will I have to go to VA for advisement and guidance in event I wish to change my educational course under the GI Bill?
- A—To avoid possible delays, a veteran seeking to make his first change of course may go to his school for counseling service. If the school has no organized counseling service or if the student seeks to make further changes in his course after the initial change, he must go to VA for advisement and guidance.
- Q—I was honorably discharged from the U. S. Army in 1945 after three years of war service. How much time do I have to complete my education under the GI Bill?
- A—Your course of education under the GI Bill must start by July 25, 1951, and must end by July 25, 1956, provided you do not exceed your period of eligibility.
in force on April 30, 1947..
- Q—I am a World War II veteran receiving compensation for a service-connected disability. If I take a part-time job, will my compensation be discontinued?
- A—So long as your disability remains compensable, VA payments will be continued. The fact that you are employed does not bar payment of compensation for a service-connected condition.

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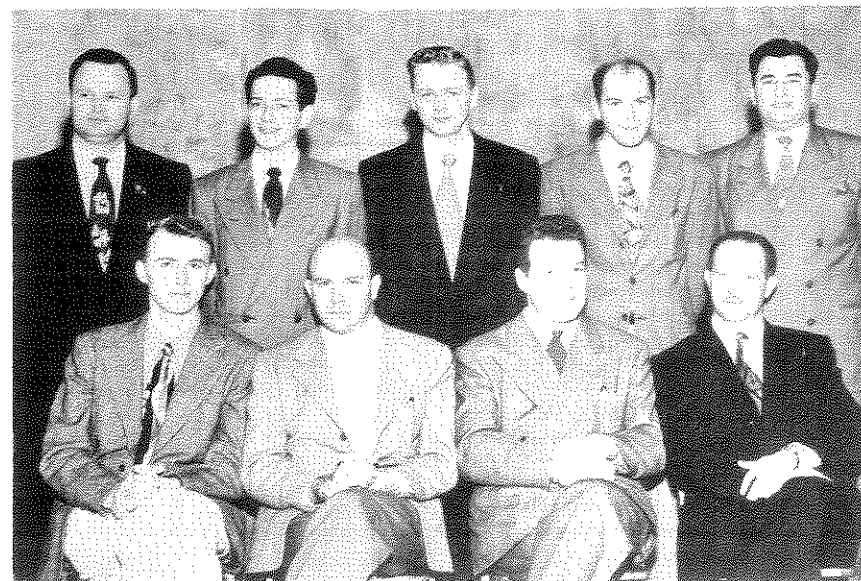
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WSC Student Council



Standing (left to right): George Buck, Senior; Dick Stober, Senior; Vern Edwards, Junior; Don Walker, Sophomore; Bob Overton, Freshman. Seated (left to right): Jim Aasum, Secretary-Treasurer; Tony Latham, Vice President; Mel Bryson, President; Ken West, Representative at Large.

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MANY CONVERT G. I. INSURANCE

World War II veterans in increasing numbers are converting the term life insurance they took out in service to the permanent types of policies available under National Service Life Insurance laws, the Veterans Administration said today.

Of the 5,606,011 NSLI policies in force at the end of April, 1950, nearly 1,785,000 were permanent-plan policies. This represents an increase of almost 140 per cent over the 752,000 permanent policies in force on April 31, 1947.

In the Pacific Northwest states of Washington, Oregon, Idaho and Montana, and the territory of Alaska, 57,000 World War II veterans have converted their NSLI policies to permanent plans, the VA said.

The VA explained that the premium rate for NSLI term insurance is based on the insured's age on the effective date of the policy and remains unchanged through the term, usually for a period of five years. Congress has authorized the renewal of term insurance issued before January 1, 1948, for an additional five-year term at the expiration of the original term period. Renewed policies, however, carry a higher premium rate based on the insured's age at time of renewal.

Term insurance may be converted to one or more of the six permanent plans without a physical examination at any time. Unless converted or renewed, it expires at the end of the term period.

A tourniquet and a wedding ring have one thing in common—they both stop circulation.

* * *

Wrinkles should merely show where the smiles have been.—Mark Twain.

SPORTS

By EDGEL WOOD

Western States College softball team is doing very well as this is written, having won 2 and lost 3 in league competition, and Coach Edgel Wood is very optimistic for the remainder of the games.

Players who make up the team are, catcher, Oka, pitcher, Paul Rethwill, first, Mather, 2nd, Boucher, 3rd, Lee Nickila, short, Wood, outfield, Storts, Weaver, Bethke, Cook, Peterson, Spaulding, F. Rethwill, utility men, Kaye, Yaguchi and Rarey.

Storts and Mather have been doing the heavy stick work, and Paul Rethwill's pitching has rounded into form, and with improved defensive play, the team will be a contender for the flag.

Coach Wood plans to schedule as many games as possible besides the league games, and urges all students to attend as many games as possible. Game notices for time and place will be placed on the bulletin board.

Cartoon

Your artist this month has drawn a blank—

No ideas for a funny cartoon.
My pen was dry, but not my eye
When Editor Jim did rant.
Now the deadline is here and I sadly
fear

My ideas are still quite scant.
Has something happened in your past
life

That might help me out of my great
strife?

If something makes you laugh like a loon
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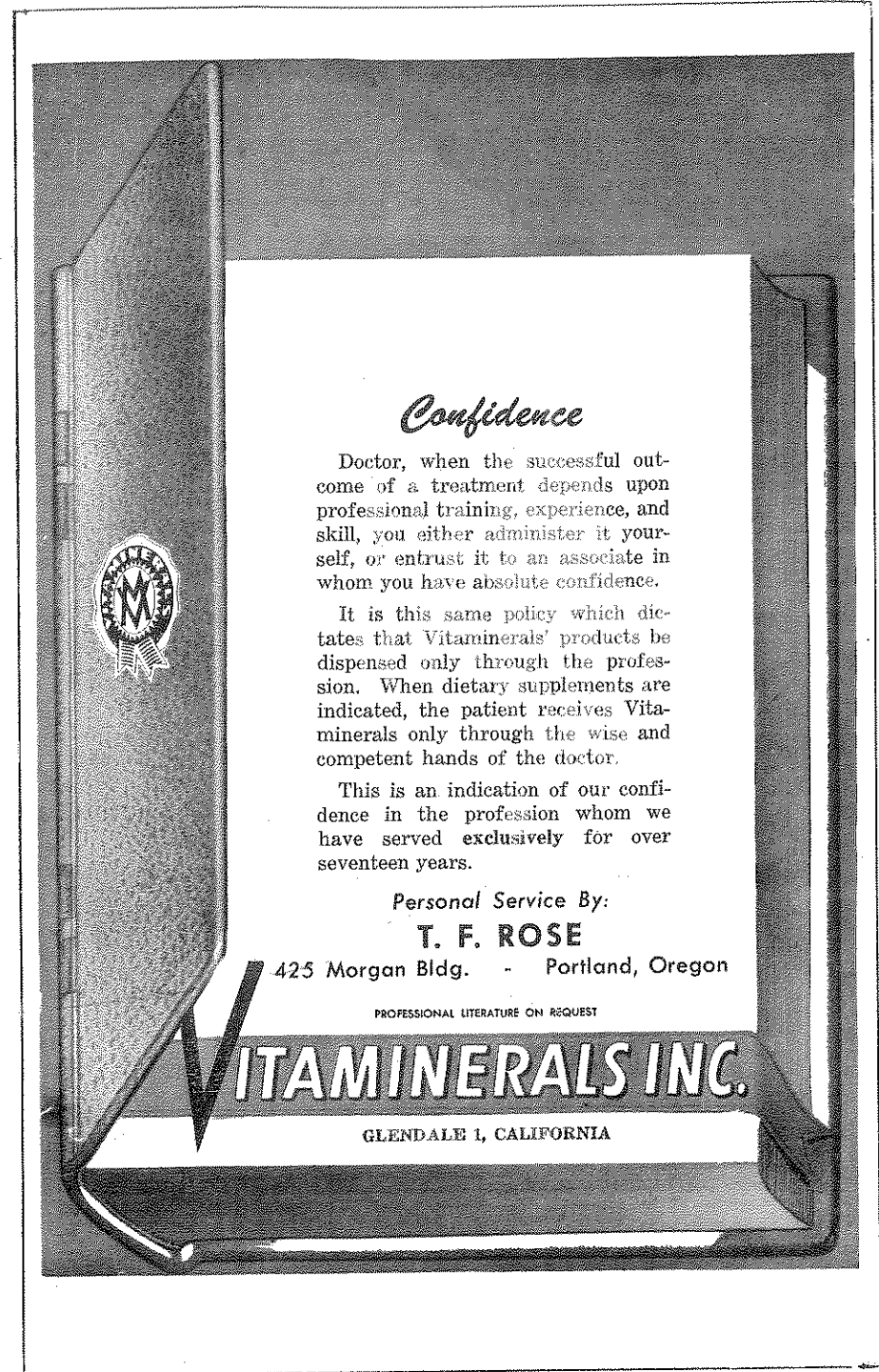
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