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Vitamin B-6 (pyridoxine hydrochloride).....	0.2	mg.	***	
P-P Factor	25	mg.	***	
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Panthenol (equivalent to 2,9 mg. of calcium pantothenate).....	2.5	mg.	**	
Vitamin E (alpha tocopherol from mixed tocopherols).....	2	I.U.**		
Iron (ferrous sulphate, crystalline USP).....	15	mg.	150%	MDR
Iodine (potassium iodide).....	0.15	mg.	150%	MDR
Manganese (manganese sulphate).....	7.5	mg.	**	
Boron (sodium metaborate).....	0.2	mg.	**	
Cobalt (cobalt sulphate).....	0.2	mg.	**	
Zinc (zinc sulphate).....	0.2	mg.	**	

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W. S. C. ALUMNI



Here are the graduates of Western States College who are organizing the Alumni Association, and are serving as officers. Left to right: Dr. W.W. Taylor, Class of '50, Vice President; Dr. L.E. (Jack) Rarey, Class of '50, President; and Dr. D. L. Miller, Class of '52, Secretary-Treasurer.

ALUMNI NEWS

by Dr. Douglas Miller
The creation of an Alumni Organization is at last becoming a reality at Western States College. Recently, several interested graduates met together for the purpose of developing the necessary foundation and promoting the organizational work connected with such an endeavor. The meeting brought together approximately fifty alumni who were attending the Physiotherapy conference during August at the college. The necessity of an Alumni Association has been advocated by graduates of the College, but it was not until this occasion that so many took an active interest in its formation.

The purpose of this preliminary meeting was to elect officers and mutually agree to the necessity of this organization. Dr. Lawrence E. Rarey was elected as President, Dr. Wilfred W. Taylor as Vice President, and Dr. Douglas L. Miller as Secretary-Treasurer. The President was instructed by the group to appoint a board of Directors to draw up the necessary Constitution and By-laws and to direct the operation of the Association until such a time as the membership could be called together for an annual meeting.

Thus far the biggest problem faced by the Association has been the work of obtaining the addresses of graduates with whom the College has had no recent contact. The building up of a correct mailing list has been ably carried on by Dr. Jo Hill and others who have graciously helped, but at best the list is only 75% complete. It is hoped that by November 1st, we will be able to

contact all those whose names and addresses we have on file. Copies of the proposed Constitution and By-laws, as well as application blanks, will be sent with a letter of announcement. If you are a graduate and have not been contacted by December 1st, please write to the Secretary at the College and give your address so that we may have a complete mailing list. The next issue of the *SynErgist* will contain a list of names for whom we have no address. Anyone knowing the whereabouts of those listed in the next issue is urged to contact the Secretary, as the *SynErgist* will not reach all of the names listed.

The first Annual Meeting is scheduled to be held in December at the College. The date will coincide with the Winter Symposium held by the Oregon Chiropractic Association. However, the Alumni Association is not affiliated with the State Association. It is simply felt that the convenience of most graduates will be met by having the dates overlap while they are in Portland.

As in any college, the primary purpose of its Alumni Association is that of assisting in the building of a greater college each succeeding year. That is the objective set before our Alumni body, and with the support of all its graduates, Western States College will grow and flourish as the finest institution of its kind anywhere. The drugless profession is proud of its progress in the past and the Alumni Association will be pledged to further advance the development of the College and its graduates.

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Issued monthly by the student body of the Western States College, 4525 S.E. 63rd Ave., Portland, Oregon.

Copy must be submitted by the first day of each month. The SynErgist reserves the right to reject any copy or advertisements which it believes would be contrary to the best interests of the college, Health Research Foundation, or the profession at large.

WELCOME

by Joe Boucher

As most of us left for vacations last August, we thought the ensuing two months would be too short. By the time October rolled around, we must confess it's a nice feeling to be back in school and get into harness once more. It is pleasant to see again the many faces we missed during the summer. Our classmates with which we have traded palpatation and techniques and whose spines are as familiar to us as the keys of a piano is to a musician. It is nice to see and visit with our past instructors, who have been our guiding lights during the past years.

Looking around at the new faces — transfer students and Freshman class — we note six new feminine faces. These people represent a good cross-section from ten states, Alaska and Western Canada. We want to welcome you people to Western States College. We know you will feel at home with us. We want you to enjoy your school days and the associations you make while attending W.S.C. Please feel free to call on your Student Body Officers for any help that we can give you as your problems are our problems and we can solve them together.

As Student Body President of W.S.C. I take this opportunity to welcome each and every one of you. We have a good school here, fine instructors, and an active Student Body. Let's keep it that way.

TRANSFER STUDENTS

We would like to welcome our Transfer Students to W.S.C.

Miss Rita Johnson, Anchorage, Alaska is from the Carver Chiropractic School, Oklahoma City, Okla., and enters the Junior Class.

Dallas Stroschein from Aberdeen, Idaho, a past student at Gonzaga U., Spokane, Wash., and Palmer School of Chiropractic, is now with us as a sophomore.

Helen Larson, a polio victim when 15 years old, and restored to health by Chiropractic, has decided to make Chiropractic her career. She holds a B.S. degree and enters as a Sophomore.

Dr. Wm. Allen, D.C., is now taking a post-graduate work at W.S.C. A graduate of Texas Chiropractic College, Dr. Allen's home is in Albuquerque, New Mexico.

Dr. Joseph R. Schneider, D.C., N.D., a graduate of Lincoln Chiropractic College, is here for post-graduate work. Dr. Schneider has practiced for 6 years in Bainbridge, Georgia. Dr. Schneider is on the SynErgist mailing list and claims it is the best school paper he has seen.

Foundation Builders

Dr. J.E. Davies, Lacombe, Alberta, Canada \$25.00
 Dr. D.E. Christiansen, Oswego, Oregon \$3.25
 Dr. J.D. Keiffer, Gooding, Ida.

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Voluntary contributions have been received from:

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CLASS OF 1956



Front Row, L. to R: Kenneth Baker, William Byrd, Judy Birzneck, Ivella Stewart, Doris Withers, Blanche Durish, Cyril Wahitab, Delmont Ahlers. Second Row, L. to R: George Manolesos, Robert Rothrock, Allan Bradley, Richard Wong, Glenn Mitchell, Donald Oakley. Third Row, L. to R: Frank White, John Hill, Laurel Sand, Chester Ashton, Ralph Wigham, Robert Pfeiffer, James Woodyard, Leigh Oliver. Fourth Row, L. to R: Henry Campbell, John Resner, Ralph Kuipers, Robert Peery.

FROSH OFFICERS



Here are the freshmen who will lead the embryo class thru' the 1952-1953 school year. Pictured here are: (l. to r.) John Hill, Detroit, Michigan, Class Reporter; Chester Ashton, Brownsville, Texas, Vice President; Judy Birzneck, New Westminster, B.C., Secretary-Treasurer; Delmont Ahlers, Crescent City, California, President; Robert Pfeiffer, Eugene, Oregon, Student Council.

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O.A.C.P. JOURNAL

BY DR. A.L. LATHAM, EDITOR
3905 S.E. BELMONT

O.A.C.P. President Says -- GIVE YOURSELF THE DOUBLE GREEN LIGHT

Your legal and Public Relations Committee has worked hard to advance your interests of the association as well as for good government.

To vote is the duty of every citizen—BUT to vote intelligently, you should be informed. If in doubt, consult your district member of the Legal and Public Relations committee.

Extend a helping hand to the candidates that are friendly to us. Assist them in any way you can. That is good public relations.

This is legislative year. GIVE YOURSELF A DOUBLE GREEN LIGHT BEFORE YOU VOTE.

INSURANCE RECOGNITION COMMITTEE

by Dr. R. F. Schmidt, Chairman
Silverton, Oregon

Your insurance committee has begun a progressive program which is designed to increase recognition in Oregon and to ultimately wipe out discrimination.

A letter is being drafted which will be mailed to labor union secretaries in areas where there is reported need for improvement of relations. If you feel a particular need in your area, please contact the insurance committee and, if possible, submit the name of the union secretary with your request. Final formulation of this letter will not be attempted until a similar letter being formulated by Dr. Murphy's N.C.A. Public Relations office is studied to see if it will serve our purposes in Oregon.

Consideration is being given to the printing of a large number of cards which may be used by doctors with their monthly statements asking the question, "Does your insurance policy include chiropractic coverage?"

Also consideration is being given to sending a letter or questionnaire to the various insurance companies to determine their policy and experiences relative to chiropractic physicians and chiropractic coverage.

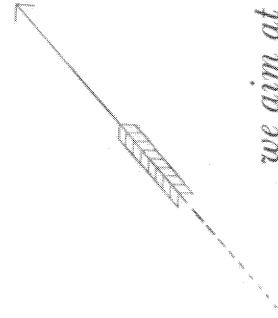
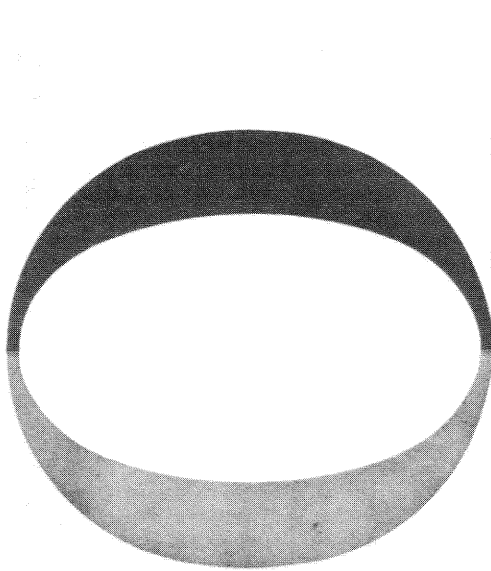
Further suggestions from the field will be appreciated by your committee. If you wish to contact any of the other members of this important committee they are: Dr. J. J. McCarthy, Sweet Home; Dr. G.V. Pefley, Portland; Dr. J.D. Russell, Newport; Dr. G.M. Chatburn, Coquille.

To help us on this program, complete and mail the questionnaire, found on page 8 and 9 of this issue of the SynErgist, to the Insurance Committee Chairman immediately.

REMINISCENCES OF THE NATIONAL CONVENTION

by Gordon V. Pefley,
NCA State Delegate

The thrill of greeting old friends and making new ones from all over the country....Hotels, hotels, hotels, hotels in Miami Beach, 250 on Collins Avenue alone....Wondering what kept knocking at the back door of the hotels twice a day, (the natives there wonder ..The good-natured rivalry between the Floridians and Californians over weather, oranges, pretty girls and everything else that native sons argue about.... The free orange juice bar, which was the center of attraction all day long (no limit on seconds). How about it, California?...Meeting Marsh Morrison, the author of "The Impossible Doctor Butch," and realizing how much the Chiropractic profession needs this form of public understanding.... The number of members attending the convention who like to talk of the fine time they had at the Portland Convention in 1948, and asking "When can we come back again?".... The noisy bunch from Iowa, always up to something.... The way Dr. Jack Schnick from Toronto always turns up whenever any state group is having its picture taken.... The intense concentration of the members attending the House of Delegates meetings.... The great amount of work carried on at such meetings.... Dr. W.A. Budden heckling some of the speakers, at those same meetings.... The same Dr. Budden, suddenly confronted with a "Skyscraper" (a huge ice cream confection), in the Coffee Shop of the Saxony.... The pride of seeing one of our Northwest neighbors, Dr. Milton I. Higgins elected to the National Board of Directors.... The buffet supper served by the swimming pool at the Saxony (it has to be seen to be believed).... Dr. Rogers and Mrs. Whalley being honored for 20 years of service to the NCA.... The 28 bids for the 1953 National Convention, all withdrawn in favor of Los Angeles. The ASMC boat trip and barbecue.... The Chiropractic television show.... Parting from old and new friends, and hoping to see them again at Los Angeles in 1953.



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Complete and Mail to Commission Chairman Dr. R. F. Schmidt, Silverton, Oregon

INSURANCE RECOGNITION QUESTIONNAIRE

Complete and mail to Committee Chairman, Dr. R. F. Schmidt, Silverton, Oregon

In order to formulate and initiate a plan of action towards greater insurance recognition of members of our state association, a sincere and conscientious reply to the below listed questions is hereby solicited.
 Of the below listed insurance companies, please check or fill in the necessary word so as to indicate your past relations with each. Please add any insurance companies not listed.

Insurance Company	Take tickets	Refuse tickets	Give patient receipt	Maximum of treatment paid	Paid for X-Rays (yes or no)	Fee for first & subsequent treatments
O.P.S.						
National Hosp.						
Industrial Hosp.						
Prudential Hosp.						
Aetna						
John Hancock						
Beneficial Life Ins.						

If you are not satisfied with present cooperation from any of the above, please offer any suggestions as to how this may be remedied.

Insurance Company	(Mark x) Good Fair Poor	Fee for first treatment	Paid for X-Rays (yes or ni)	Bill patient or Ins. Co.	Maximum treatment paid
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Bus. Mens Assoc.					
Emp. Mut. of Wausaw, Wis.					
Teamssters Dairy Security Fund (Occidental)					
Mutual and					
United Benefit					
World Ins. Company					
County Welfare Assoc.					
Ind. Claims Service					
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O.S.A.A.					

Of the below listed insurance companies please indicate your relations with each by checking or filling in the necessary word so as to indicate your past relations with each. Add any insurance companies not listed.

If you are not satisfied with present cooperation from any of the above, please offer any suggestions as to how this might be remedied.

O. A. N. P. PRESIDENT



Pictured above is Dr. J.A. Rombough, Independence, Oregon, President of the Oregon Association of Naturopathic Physicians, as he delivered the main address to the graduating class of the School of Naturopathy on July 29th.

in Vancouver, Washington; a miniature (very much so) bottle of liquid refreshments to Bob Irving — his favorite recipe for relaxing; a gigantic, oversized throat atomizer to "Anonymous"... to lubricate the parts of his anatomy that had received the most wear and tear in his first three years at Western States"; to the carrot-munching students who had been pursuing their art in class went a bunch of "Bugs Bunny Lovelies."

Also in the line of presentations were college letters to the following athletes, who were on the College Softball or Ski Teams: Herb Shepherd, Paul Rethwill, Joe Boucher, Gene Scrivner, John Caroompas, Dale Scheer, LeRoy Nickila, George Rethwill, Bradley Storts, Evan Reynolds and Norman Enridge, this being done by Mead Schmoekel, chairman of the Sports Committee, he himself receiving a letter for his fine showing on the College Ski Team (fourth place in the Internationally famous John Craig Memorial Cross-country Race.)

Heading the entertainment portion of the program was the College Quartette directed by Charles Adams and composed of Carl Kennedy, Robert Davies, Roger Johannsen with Lou Kirschner at the piano. Interspersing the program events with their fine renditions, they ushered in the Graduation ceremonies with the theme "Halls of Ivy."

Miss Vivian Gauld and Norman Enridge gave their expert interpretations of the difficult folk dances of the European continent.

Bill Manske, aided by just about every doctor in the College Clinic, endeavored to give patient, in more ways than one, Ray Waid "the business" with everything in the book for his case which was diagnosed as Bilateral Paralysis of the Vagus Nerve (to the great amusement of Doctor Budden). To end this skit, Norma Godfrey demonstrated the fickleness of all men even if they are doctors, when they all deserted the patient to go "cherchez la femme".

Fresh Facts

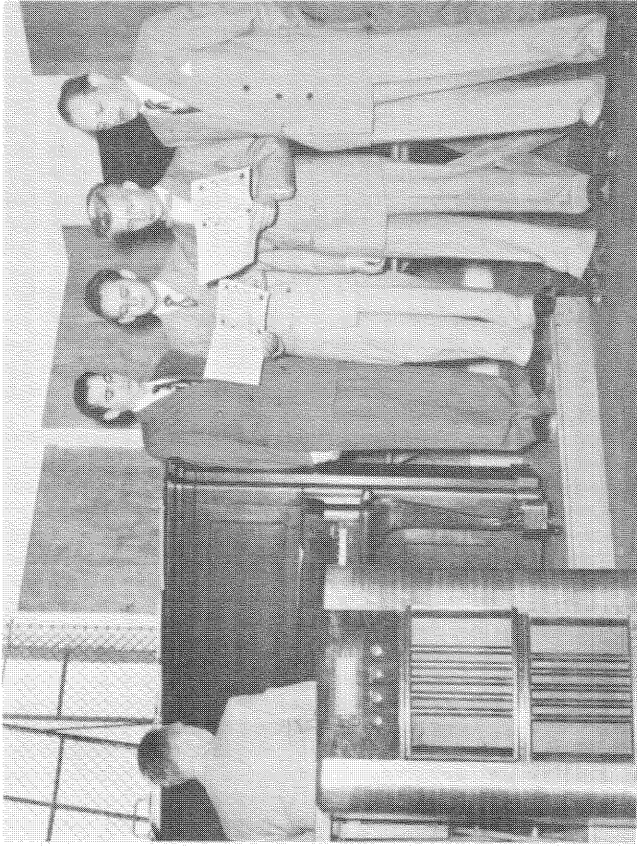
The Freshman Class held its organization meeting October 10, electing class officers for the year. Delmont Ahlers was chosen president; Charles Ashton, Vice President; Judy Birzneck, Secretary-Treasurer; Robert Pfeiffer, Student Representative; and John Hill, Class Reporter.

The class has decided that a public address system for the clinic will be their term project, and arrangements are being made for its installation. The money for this project is being raised by individual subscription of the class members.

JULY STUDENT BODY MEETING

The wind-up Student Body meeting of the year held on July 29th proved to be one of the outstanding events of the year. Main features of the program were the presentation of the Diplomas to the School of Naturopathy graduating class by Dr. J.A. Rombough, O.A.N.P. President, and the presentation of appreciation plaque to Mrs. Reeves for Dr. H. V. Reeves by President Joe Boucher on behalf of the Student Body and Faculty of W.S.C. and the O.A.C.P., and a lovely bouquet of red rose buds to Mrs. Reeves herself.

Other presentations, made by Appa Anderson were: A copy of "The Neuroses" by Dr. Alvarez to Carl Jesse Kennedy as Honor Student of the year with perfect scholastic record of straight "A's" for his entire Freshman year! Mock presentations of: a pillow to George Czech to enable him to sleep more comfortably in class; a nice, big, new shingle to Mead Schmoekel to hang out as he had received his license to practice



Western States College Quartet includes, L. to R., Louis Kirchner, Pianist; Bob Davies, Tenor; Carl Kennedy, 2nd Tenor; Roger Johannsen, Baritone; Chas. Adams, Bass. These fellows do a fine job and we should all give them more encouragement. The SynErgist would like to see this group grow to a Glee Club. How about it, Adams and Louner?



Here Appa Anderson presents Carl J. Kennedy with a copy of a late Alvarez Book, honoring Carl's perfect scholastic record during the entire freshman year, at the last Student Body meeting the 1951-52 school year. Wayne Anderson (L) and Robert Irving applaud.

Junior Jargon

After a summer of rest and relaxation, our Junior class has returned ready for the year ahead. This is the time that marks the end of most Basic Science studies and the beginning of the clinical subjects, and the class really plans to buckle down this term.

The starting of dissection class is always an event to be remembered and this class is no exception. But everyone is adjusted to the environment and finding this study invaluable.

The beginning of Junior Clinic has been long awaited, and now that the time has come, it has found many of us quite shaky. Its value, tho', is as great to the student as it is to the patient and everyone is eager for the experience.

Richard Stonebrink has been working at Libby's until midnight, but really doesn't lose any sleep. The class can vouch for that.

John Johnson is all rested after his trip to Island Park, Ill. Seems John and his wife rode back on the train and drove a new car home. Too bad the car was for a dealer.

Cliff Cowan is about to lose the title "Old Hunter". He hasn't got this season's deer yet. He'll keep trying tho'.

Herb Shepard is anxiously waiting for the stork to drop by with the new arrival.

John Dominguez is back after a fine trip to Arizona.

Congratulations to the Saboes — LaVerne and Pat. At 8:04 p.m. Sunday, October 5, 1952, the Stork put a stop to LaVerne's pacing and left an 8 lb. 2 oz. bundle of joy measuring 20 inches from tip to tip and named "Cynthia Marie".

Phi Nu Sigma

The Phi Nu Sigma Naturopathic Fraternity will hold its first meeting of this school year on the first Monday in November.

An open meeting of the Fraternity will also be held on Monday evening, November 17th, at 7:30 p.m. at the college. All new and old students who are interested in Naturopathy are invited to attend this open meeting in which the Fraternity program will be explained and information concerning membership will be discussed.



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THE OIECRANON

This new column is yours, designed to furnish a bit of relaxation and as an outlet for frustrated columnists.

What student's wife said, "The night before you came home yesterday, and last night you came home today. If you come home this afternoon tomorrow, I'll go home to mother!"

Have you ever stopped to think what a wonderful thing the human brain is? It never ceases working for you from the time you are born until the moment you are called on in class.

Which Senior contends that a golf ball is a small round object that lays upon a little piece of wood while a perspiring individual fans it with a long stick?

Fraternity Snob: "What are you?"
Freshman: "I'm a human being — what are you?"

We are very sorry to hear that J.H. was so ill this past summer (See Senior Sage).

Definitions not to use in exams:
Sterility: a small boy's towel....Red Corpuscule: A Russian Non-commissioned officer....Parasite: a person going thru' a revolving door on your push....Diet: short cut to thin tempt.

D.W.'s new car depreciated \$500.00 while waiting for the light on the corner to change.

Prof: "The jackass has—"
Interrupting Soph: "Whattsa jackass?"
Prof: "You mean to sit there and look me in the face and say you don't know what a jackass is?"

"Who say I say all these things they say I say."
Confucius

During a major bus strike in a large city, a pretty young thing was desperately trying to get a ride. A young man happened by at that time and, seeing the pretty young thing having trouble, inquired, "Why don't you try waving a white hankie?"

The pretty young thing replied, "Damn it, all I'm trying to do is get a ride. I don't want to surrender."

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Goinzon

Western States College bowling team, a member of Portland's Columbia League, on October 2 set a record for the highest game of the season by rolling a 986 and then on October 9 beat their own record by rolling a 993. On October 2, Jerry Carley, bowling as leadoff man for the team, rolled the highest individual score for the league season to date by getting 243 pins.

Make plans to attend the Halloween Masquerade Dance, Friday, October 31 at 9:00 P.M. in the college auditorium. This is the kickoff dance of the 1952-53 school season and the social committee has arranged for Bill Becker's orchestra and will give prizes for the best costumes. Doctors in the field are especially invited to come and meet the freshmen, as well as enjoy a full evening's entertainment.

Stork report: August 4, 1952 - to Loyd and Jewell Rapp, a daughter, Teresa Ann; September 2, 1952 - to Bradley and JoAnn Storts, a daughter, Debra Charisse; September 26, 1952 - to Joe and Pat Boucher, a son, Neil David.

Students Wives Auxiliary had their first meeting of the year, October 16 at the home of Joyce Wildebour. The November meeting will be held at the home of Frances Reynolds at 4331 S.E. 63rd at 8 P.M., November 20th. All student wives and women students are urged to attend. JoAnn Storts is the president of the organization for the coming year.

We have a letter from Dr. M. P. Bryson, Springfield, Ore., W.S.C. graduate of 1950, which states that there is a real opportunity for a Chiropractic Physician in a community some 50 miles from Eugene, Oregon, which is without the services of any physician. Details can be obtained from Dr. Bryson by writing him at 421 North 'A' Street, Springfield.

Dr. Harry V. Reeves, Dean Emeritus of WSC and Instructor of Technique, suffered a bad fall and injured his hip the latter part of July. At this time, Dr. Reeves is much improved but still confined to his home.

We are pleased to note that Oregon was well represented at the National Naturopathic Convention held at Pittsburgh, Pa., in August and to see that Dr. A. R. Hedges, Medford, President of the Oregon State Naturopathic Board of Examiners was elected to the Presidency. In fact, Oregon is well represented on the various committees formed to carry out the functioning of the organization. Dr. W. Martin Bleything, Professor of Proctology and Minor Surgery at W.S.C. was re-elected to Chairman of Publications. He will edit the National Journal, and the lay magazine Health For You; Dr. Ralph I. Shaddock, Portland, heads the Legal Committee; Dr. Forrest Goddard, Salem, is a member of the Hospital and Sanitaria Committee; and Dr. Carl Kennedy, Portland, is a member of the Scientific Research Committee.

Soph Sighs

Summer vacations over, our sophomore class has returned full of fire and ready to tackle the volume of books they draw as sophomores.

Our class grew a bit this year. Two new students transferred from other schools of Chiropractic (see Goinzon). The class held its first meeting and, among other things discussed their class project. It will still be the Dissection Microscope for Dr. Sweatt's Lab. Each member of the class pledged \$10.00 towards the goal and here's hoping we make it.

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Portland 5, Oregon

Goinzon

Western States College bowling team, a member of Portland's Columbia League, on October 2 set a record for the highest game of the season by rolling a 986 and then on October 9 beat their own record by rolling a 993. On October 2, Jerry Carley, bowling as leadoff man for the team, rolled the highest individual score for the league season to date by getting 243 pins.

Make plans to attend the Halloween Masquerade Dance, Friday, October 31 at 9:00 p.m. in the college auditorium. This is the kickoff dance of the 1952-53 school season and the social committee has arranged for Bill Becker's orchestra and will give prizes for the best costumes. Doctors in the field are especially invited to come and meet the freshmen, as well as enjoy a full evening's entertainment.

Stork report: August 4, 1952 — to Loyd and Jewell Rapp, a daughter, Teresa Ann; September 2, 1952 — to Debra Charisse; September 26, 1952 — to Joe and Pat Boucher, a son, Neil David.

Students Wives Auxiliary had their first meeting of the year, October 16 at the home of Joyce Wilderbour. The November meeting will be held at the home of Frances Reynolds at 4331 S.E. 63rd at 8 p.m., November 20th. All student wives and women students are urged to attend. JoAnn Storts is the president of the organization for the coming year.

We have a letter from Dr. M. P. Bryson, Springfield, Ore., W.S.C. graduate of 1950, which states that there is a real opportunity for a Chiropractic Physician in a community some 50 miles from Eugene, Oregon, which is without the services of any physician. Details can be obtained from Dr. Bryson by writing him at 421 North 'A' Street, Springfield.

Dr. Harry V. Reeves, Dean Emeritus of WSC and Instructor of Technique, suffered a bad fall and injured his hip the latter part of July. At this time, Dr. Reeves is much improved but still confined to his home.

We are pleased to note that Oregon was well represented at the National Naturopathic Convention held at Pittsburgh, Pa., in August and to see that Dr. A. R. Hedges, Medford, President of the Oregon State Naturopathic Board of Examiners was elected to the Presidency. In fact, Oregon is well represented on the various committees formed to carry out the functioning of the organization. Dr. W. Martin Bleything, Professor of Proctology and Minor Surgery at W.S.C. was re-elected to Chairman of Publications. He will edit the National Journal, and the lay magazine Health For You; Dr. Ralph I. Shadduck, Portland, heads the Legal Committee; Dr. Forrest Goddard, Salem, is a member of the Hospital and Sanitaria Committee; and Dr. Carl Kennedy, Portland, is a member of the Scientific Research Committee.

Soph Sighs

Summer vacations over, our sophomore class has returned full of fire and ready to tackle the volume of books they draw as sophomores.

Our class grew a bit this year. Two new students transferred from other schools of Chiropractic (see Goinzon). The class held its first meeting and, among other things discussed their class project. It will still be the Dissection Microscope for Dr. Sweatt's Lab. Each member of the class pledged \$10.00 towards the goal and here's hoping we make it.

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