

THE BIOGRAPHY OF

DR. JOHN E. LA'VALLEY

PORTLAND, OREGON

MAY 25th, 1955

B2/1

OHP

Born at Village Charlamine, Canada, August 25-1872
 Will reach the age of 83 next August 25, ~~52~~ 1955.
 I became a United States Citizen at the age of 50
 in 1923.

My Childhood life until the age of 16 was on a farm
 near Brainard Minn., had ~~x~~ 3 month of schooling of
 a religious nature, all I knew was farm work, how-
 ever my father sold the farm and we came out west
 reaching ~~x~~ Spokane Washington in December 1889,
 arriving there I soon managed to obtain a job with
 A.D.T. Messinger Company, and the Western Union tel-
 egraph Company and the ~~xxxxx~~ intense use of my megar
 education I learned a great deal, but I always looked
 for a source of more education, and left home in
 Spokane and migrated to the mining district of Idaho,
 and soon obtained a position in a large general store
 in Wardner Idaho. I informed the proprietors of my small
 range of education. One of the proprietors had been a high
 school teacher and after 7 years of service and study
 I was quite able to get along in this good old world
 and a God send to me. And then still working for my ~~benefactor~~
 benefactors whoes firm name was Toner Brothers and at
 the age of 22 $\frac{1}{2}$ years I married a wonderful and beaut-
 iful blond girl on March 17th, 1889 and after 16 years
 together and giving birth to two children to the age
 of 12 and 15 she died, September 16, 1912, and the
 children became great problems and I married again in
 1913 to another very good and kind lady which took
 interest in the children and succeeded raising and
 attended to their education and gave them a mothers
 love. She also died in July 5th, 1953.

On Feb. 5th, 1953 I was taken to the Hospital and was
 given two major operations which kept me in the hosp-
 ital until June 15th, 1953 while my poor wife was very ill.
 After being home two weeks I was again taken to the hosp-
 ital for another operation. There two weeks, came home
 the last of June, ~~65~~ my dear wife died on July 5th, 1953. (above)

I was alone again and not well, I was very lonesome.
 I again married a very worthy and good woman and a good
 companion on June 30th, 1954 ~~which~~ I hope will out-live me.
 WKO

When I was of the age of 32 I took a course of Psychiatry and Hypnotherapy and physical hypnosis. I wanted to obtain such knowledge with which I could help the human being from disease both mental and physical. Of course Chiropractic was not thought of as yet and only the man Mr. David Palmer existed so I practiced my acquired knowledge of which I was so very proud and successful, living and practicing in Boise City, Idaho in 1904 & 1905.

I took seriously ill on account of the alkali soil which

contains large amounts of soluble mineral salts (chiefly sodium). I moved to Spokane Washington on October 22nd, 1905. On November 15th I met a cousin on the street. A man whom I had not seen for eighteen years. He gave me the impression of some rich person but when I asked him what he was doing he explained that he was a Chiropractic Doctor. I asked him what that was and he invited me to come to his office and show me. He had a low straight bench about six feet long to lay his patients in a prone position and pass his fingers over the naked back and he of course found tender and sensitive spots. These spots were usually in the upper dorsals and the 12 dorsals or first lumbar, and the diagnosis was either kidney trouble of some kind or liver trouble of some nature. He demonstrated his treatment or application of his ~~ix~~ technic which was an effort to crack all vertebrae without touching the cervical region. He then showed me a copy of Grays Anatomy, showed me a picture of the full spine and said that I might study that. I asked him of the school from which he had received his Chiropractic education. He answered that he heard of a man in St. Paul, Minn. who had met another man by the name of Stoy who had taken a course from a man by the name of Palmer who had discovered this new way of treating. When I later met Dr. D.D. Palmer I found his application of Chiropractic was much the same but was trying hard to develop the scope of knowledge of the anatomy and kindred subjects.

In 1908 Dr. D.D. Palmer came to Portland Oregon and I became interested after he had given several lectures and class work to the few Chiropractors. As I remember they were; Dr. John E. Marsh, Dr. A.L. Briggs, ~~Dr.~~ Dr. George Britting, Dr. A.L. Norton, John E. La'valley, and Miss Lena Farning. After he had finished his lecture work he asked me to join him in starting a school to teach Chiropractic. I eagerly did so as I wanted to learn more about the profession and we lasted but one year when he graduated the whole class. We had a class of 18 people one dentist from Philadelphia and a young medical student. I studied seriously and asked many questions and Doctor Palmer or as we called him most

of the time Dad Palmer and he could not always answer very well. As I was manager of the school I maintained a private office and after class he would come in and ask for clarification of questions and talk about other business pertaining to the school. Dr. Palmer was at that time writing his book on Chiropractic. In writing this book he did not seem to ~~realize~~ rely on himself alone but visit different Chiropractors and get ideas from them and put them in his book as his own. After the graduation of the class he came to me and asked me for my opinion on a lecture on the creation of the calorific qualities and maintenance of ~~same~~. He knew I had looked the matter up and my opinion I knew of what he was doing with his book and I told him that when he had finished writing (his) book I would be glad to give him my opinion. This made him very angry and that I should leave that he alone would run the school furniture and all. But I demanded \$1800 that I had advanced in starting the school. He had not advanced a cent. So I became owner in fact.

The school had not been incorporated and did not as a business have a very good standing so I proceeded to incorporate as a successor education institution with two of the registered students namely; Wm. J. Hoffman and D.T. Browne. We included a catalogue requirement course of 2 years of 9 months in the Science of Chiropractic-Neuropathy. As the name of the school we named ~~it~~ the organization the Oregon Peerless College of Chiropractic-Neuropathy from which followed the Oregon State College of Chiropractic. ~~It~~ It was incorporated in Portland, Oregon March 13th, 1922, the life of which was less than one year due to the fact that the President Dr. P.O. Riley was a gambler and all monies ~~r~~ received went to the gambling tables. All that were interested in the school left the place and the students were taken over by the Pacific Chiropractic College. Dr. W.O. Powel, Nellie Bird were part of the instructors. Dr. Powel was President of the Organization. Shortly after our students were taken into the College they moved from the west side at 5th and Ankeny to an old Church on the East side on Wasco street near Union ave. After they were there for a few months Dr. W.O. Powel left town secretly in the night and was not heard from for 10 years. At the time he left, a student of about four months by the name of O.E. Elliott took over the College and moved it to a building on Grande Ave., near Holiday street. After a few years Elliott died of ~~an~~ alcoholism and the school became the property of Doctor Budden who changed the name from the Pacific Chiropractic College to The Western States College teaching electronics some Chiropractic and established a course in Naturopathy. Dr. Budden was a product of the National College of Chiropractic located at Chicago Ill. An institution that in 1906 & 1907 advertised and ~~was~~ taught Chiropractic

and gave Diplomas by mail. By this fact we may judge what we think and know of the meaning of Chiropractic. What a jumbled mess called Chiropractic by this institution. Think, dear Palmer Chiropractors what will have to be done to restore the honor and dignity and professional value of the worth of the philosophy and Science and Art of Chiropractic given to us by the discovery of a means of restoring health and happiness to human beings by our honorable Dr. D.D. Palmer and his son B.J. Palmer.

I am a graduate of Dr. D.D. Palmers and my Diploma contains his picture and signature and I value it beyond any of my earthly possessions. It is yet and has been an inspiration which urged me to search into the mystery's enclosed in those words Chiropractic, Philosophy and Art and Science and may I be so bold as to say that it taught me so very much in my studies that I had real ~~xx~~ satisfaction in ~~bringing~~ accomplishing cures that had been impossible by others.

For instance, I have cured polio in a boy, Francis Barry, who had been in the hand of several M.D. 's and had been given ~~x~~ up as a confirmed cripple for the rest of his life. He had no ~~xx~~ use of his legs. His father carried him and asked if something could be done for him. I told him I thought so and within 3 weeks he walked. He later went thru the second war, came back and now supports a family.

Next a woman (Mrs Margaret Lane) of Fortuna California suffering from abdominal tumors in such numbers that surgeons refused to operate on her. She had suffered that condition since the birth of a child 3 years before. She was stooped and could not straighten up. I found that instead of tumors the lumps were contracted muscles due to 2 subluxated vertebrae ~~xx~~ taking place at the time of the delivery of the child 3 years before. I restored her to normal with two adjustments.

On another occasion; one day the telephone rang and a male voice asked if I could take a patient. I answered I could an hour later. Then at the appointed time a knock on the private door of the office. In responding and opening the door I was surprised to find 3 men, a Doctor M.D. ~~xxx~~ an ambulance driver and a policeman. On the floor was an ambulance cot and a woman unable to move except she could talk. They had found her paralyzed from neck to feet. I had her carried to the adjustment bench. I realized that I knew where the subluxation was and what nerve I had to relieve from the information received from her. After she was laid on the bench and went to give the adjustment the Doctor placed himself close to the patients head and as I was preparing to give the adjustment

of the 6th cervical the Doctor asked if I was going to break her neck. I told him yes, as I did so I gave the adjustment and told her to get up and she did and would not allow them to put her down on the cot. She walked by herself to the elevator and took the street bus home.

These cases ought to give students and new Chiropractors and some of the older ones to realize their wonderful possibilities and make them the best Doctors in the world.

When after you have graduated from your school and started practicing dont forget to continue your studies and remember the source of Chiropractic came from the Palmer Schools.

(signed) Dr. John E. La'Valley

May 25th, 1955