KEEP SMILING

"TO-DAY"

A VITAL MESSAGE

ONE GOOD THOUGHT CAN BRING

HEALTH, HAPPINESS and WEALTH

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Two Radiant Days in Life

(YESTERDAY)

There are two days that are most outstanding and of great importance — two days that should be held religiously free from uneasiness or worry, and from misgiving or suspicion. One of these is YESTERDAY. Yesterday with its pleasures, cares and worries, pains and aches; our faults, errors and stupid mistakes have passed on beyond my recall.

I can not undo an act that I performed, nor unsay a word that I spoke yesterday. All that which yesterday holds of my life, of wrong, regret or sorrow is in the core of that boundless and infinite power, from whence divine love exerts the conveying means of service and justice; yesterday has found a resting place within the arms of that benevolent energy that can change acid into honey or the desert into beautiful fields, transform weeping into laughter and uplift the low and disconsolate in spirit.

Were it not for those sweet, tender and pleasant memories, lingering as the aroma of the flowers of yesterday that has passed on to that divine eternity, I would give it no thought.

(TOMORROW)

Tomorrow with its great promises and oft times imperfect performance and mistakes, are as far beyond my command as its companion yesterday. It too, belongs to that creative power from which it must come. The sun may be hidden by a weeping cloud but it will surely rise in all of its splendor, and thru its divine love beams, shall radiate to you and me, warmth, light and perfect health, with the same perserverance as it did yesterday. As we cast our eyes upward into the intervening darkness, we observe THE STAR OF HOPE shining brilliantly, and beckons with delicate encouragement on the eve of TOMORROW.

We have no heritage, nor can it be possible for us to have ownership in a day yet unborn, all the uncreated things are in the keeping of that infinite love that is more powerful then the sun, the moon and stars, even more extensive then the heavens and deeper then the sea.

(TODAY)

There is but one day in the week that we may reckon with, that is TODAY; Men can fight the battles of today, any woman can overcome the trials of one day, and with confidence in ourselves, the temptations of the day can be overcome with honor, it is for us alone to live today, in such a manner that our conscience shall either be free from fear of tomorrow, or await its coming with sweet consolation. YESTERDAY has passed on beyond our control, tomorrow may never come to you or me, then let us live to our highest today, and like those two days let us live within GOD'S domain.

It is the unpleasant experiences of today that drives us mad with fear. The anguished mind or remorse on account of our mistakes of yesterday, makes us dread that which we may be called upon to undertake or correct TOMORROW.

YESTERDAY and TOMORROW belong to their CREATOR; they are within an eternal world. We therefore can have no activity in that which passed from our world, and beyond recall, any more then could we participate in something that has never existed. GOD then, must have ordained that we journey thru-out our physical appointed time, but one day at a time, TO-DAY.

(HEALTH)

HEALTH is a state of being hale, whole, and free from disease. Health is also a law unto itself, and that which produces health has also created life and the physical body. Man was created with a definite purpose and absolute responsibilities, ignorance of these facts will find no excuse or sympathy, and the violation or infraction thereof, will exact its compensation in ill health.

The creator of science however, has also made it possible, thru his love, to obtain means of relief from our many forms of affictions and errors, many of these may be physical or mental, and necessarily must come thru strains and violence. CHIROPRACTIC a system of Anatomical correction, based upon the divine law of nature, is especially indicated in all functional disorders resulting from, whether it be willfully or accidently, abuse of your body.

DR. JOHN E. LAVALLEY.

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