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Western States College

# The Synergist

VOICE OF THE STUDENT BODY

VOL. 4

DECEMBER, 1952

NO. 3

*The Student Body, Faculty and Management  
of Western States College wish You . . .*



## O. A. C. P. AMENDS CONSTITUTION

At the special business meeting, held in conjunction with the Midwinter Symposium of the O A C P, two important amendments to the Constitution were adopted.

One amendment changes the time of the O A C P from "June and/or July" to November and/or December."

The other amendment merely changes the requirement of having the Executive Board meetings during a specific month during each quarter, to merely requiring that a Board meeting be held at least once each quarter, at a time and place designated by the President or the Board itself.

The reasoning back of the change in date of the Annual Convention was the fact that for the last few years our Conventions have been rather poorly attended, with the one last June reaching an all-time low. On the other hand, the Symposiums have been rather well attended, by comparison.

It was felt that by combining the Symposium and Convention, it would make for a better attendance, and greater participation by the membership in the affairs of the Association.

This will, however, create one problem. It will reduce the time allotted to educational work at the Convention by about 40% or more from what has usually been presented at the Symposium, if the business affairs of the Association are to be properly taken care of.

The suggestion has been made that the Convention session be extended for one day in order to maintain the educational factor as at present.

Another alternative has been suggested, that the educational sessions at the Convention be centered on a guest speaker from out of state, and that the Tri District Educational meetings be built up to provide a forum for the presentation of work from within the state.

With the acceptance of the Mid-Columbia District, by the Executive Board at its meeting during the Symposium, the O A C P now has nine Districts, so that it would now be possible to have three Tri-District Educational meetings without overlapping in conjunction with quarterly meetings of the Executive Board.

Along this line, the Executive Board has already awarded a Tri-District meeting to Eastern Oregon, under the sponsorship of Districts 7, 8, and 9, probably in June with the definite time and place to be set by the Districts involved.

## ALUMNI NEWS

The first annual Western States College Alumni Breakfast was held at the Multnomah Hotel in Portland, Sunday, December 7th, with more than 50 members present.

Dr. Lawrence E. Rarey, the 1st President of the Association, addressed the group on the necessity of a powerful move to develop an even greater organization in the coming year and thanked those who had already joined with him in formulating the Association and carrying on the necessary developmental work.

Dr. Douglas L. Miller, Secretary-Treasurer, gave a brief review of the origin of the Association and activities of his office. He said that applications for membership are being received daily and stressed that all graduates of Pacific Chiropractic College, as well as those of Western States College are eligible for full membership, associate memberships are provided in the constitution and include all graduate chiropractic physicians, who are interested in Western State College. Dr. Miller also announced that through the efforts of Dr. Ed Gerstner, membership cards will be available in the very near future and as membership initiation fees and dues are received they will be mailed.

It was also announced that plans are underway to charter the Association and only those whose membership is established by that time will be included in the roster. If you have not sent in your application, send it to the secretary, Dr. Doug Miller, at the College immediately. If you have not received an application and are interested, write at once.

Following is a partial list of names whose addresses are not available. Please advise the secretary or the Syn-ergist if you know the location of any of these Grads: 1931 - Frank O. Heisley, Harold Devereaux, Elmer Johnson, Ruth S. Wells; 1930 - Carol J. Bonnes, Ruth M. Coon, O. Beach Parson, Merrill Stetzer, Ellis Wilson, Juanita Weigar, Mary Lamm.



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*wish you*

*a Merry Christmas*  
*and a*

*Happy New Year*

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the last couple years, make it a must to visit us during the coming year and see how the building and equipment has improved, and is improving constantly. Resolve that you will send a new student for the College in 1953.

To prospective students a special holiday greeting. Resolve that 1953 will be the year of decision. Enroll now, become a Chiropractic Physician, the public wants Chiropractic. Western States College is a really fine school and affords a liberal Chiropractic education, enroll, you'll be glad you did.

To the College Director, Dr. W. A. Budden, a Very Merry Christmas, and we are sure we are speaking for every non-allopathic physician in the Northwest.

To the O A C P and O A N P and their officers, thanks for your assistance and support, a Very Merry Christmas.

To our printer, Western Lithograph, and its employees, a Merry Christmas. We resolve to try to get our copy in on time in 1953, and thanks for your assistance in 1952.



**CHRISTMAS**

Here it is Christmas time again and almost the beginning of a New Year. Staff of the Syn Ergist wishes its readers and advertisers the merriest of Holiday Seasons and do hope that 1953 will bring to all, the success and happiness that we all want to attain.

The real meaning of Christmas signifies a season of giving and sharing and we do hope that Chiropractors everywhere will celebrate Christmas every day of the coming year by giving and sharing as much of their time and money as is possible to our schools and respective State and National Associations. Make it your New Year's resolution to visit the College near you and to attend more of the Chiropractic meetings as they come up during the year. You will find at the end of the year that you and Chiropractic have both gained much from your added effort.

To the Alumni Association, we send a hearty greeting and to those of you who have not visited the old school in

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**SYMPOSIUM REGISTRATION**



Here is the Registration line as it formed at the Mid-Winter Symposium on December 5th. The Registration Committee busily at work are: Dr. Anton Latham, Secretary-Treasurer of the O.A.C.P., Dr. Marie Van Beek, Committee Chairman, and Hazel Failor, Senior student at W.S.C.



*To our many Friends  
 and Customers*

*We wish the Happiest of  
 Holiday Seasons*

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**HAPPY HOLIDAYS**  
From Pres. Dr. Frank Rutz

The end of the year is in sight. If there weren't any calendars, we have a feeling that everyone would know that Christmas is just around the corner. For Christmas is not only a day or season but a condition of the heart and mind. It is the time when all the good wishes and friendly feelings stored up for twelve months find expression. FOR CHRISTMAS HAPPINESS IS NOT SO MUCH HAVING AS IN SHARING.

Your officers of the Oregon Association of Chiropractic Physicians join me in wishing all of you in this new fashioned age all the old joys for a Merry Christmas. For the NEW YEAR we wish you not only the good things, but the best.

"That was the best symposium we have ever had!" Such was the voluntary and consistent expression of all the doctors who declared their views on the recent assembly of O.A.C.P. members at the Multnomah Hotel. Some used the word convention instead of symposium, but in either case and no matter how they named it, the feeling was universally the same. The registered attendance too was the largest of recent times, and for this reason it brought together many doctors who had not seen each other for several years. We can only say that we are sorry that there were a few who missed it.

The composite program, as outlined in November's issue of the SynErgist, revealed the potential that was in the offing and this potential did not fall short. Each speaker brought with him a fine reputation in his chosen subject, and many listeners expressed amazement at the tremendous preparation required to deliver a message of information as each one did. This was especially true of men in our own field. It would require several pages to review even a part of their work, and for this reason we will not attempt to eulogize any particular one at this time, as the January issue of the SynErgist will be devoted to the symposium in its entirety.

There is however one exception that we would like to make, not for a man of our profession, but a man working with us and for us. That is a word of praise for Judge Frank Day for his dynamic address at the no-host dinner on Friday evening. To add more would be to say that the reception that he received could only please the most energetic of public relations workers.

It became apparent to all that the public relations council has been and is doing a magnificent job, and that we now have in that council a legal representative who not only has the ability but the ambition that will help direct a united effort in protecting and promoting chiropractic.

Mr. Day suggested many ways in which we as individual doctors may assist the effort in our own practice. In protecting what we already have, however, it seems that we may best express our appreciation for a job well done, and that is yet to be done, by contributing 100% support to the public relations fund. With legislature convening very soon, everyone's contribution is needed, and an immediate response should come from those who have not already done so. Make your secretary's job easier by sending your voluntary support now.

#### CALENDAR EVENTS FOR 1953

We would like to call the attention of all O.A.C.P. members throughout the state, to the change in convention date for next year, and also, outline the proposed tri-district and board meetings for '53.

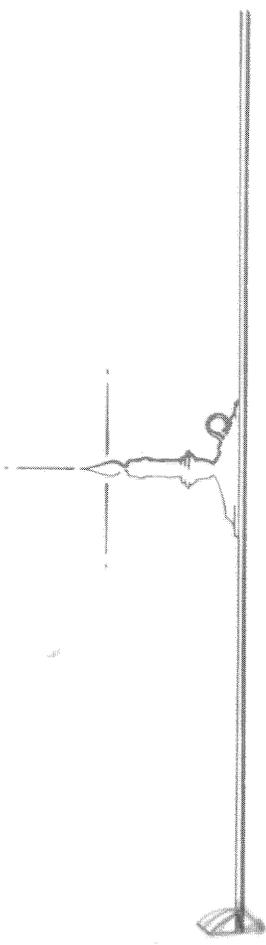
The membership voted that the convention, instead of being held in June, be held in November or December. Salem, having previously been chosen as convention headquarters, will be host to next year's meeting, and the dates will be December 4, 5, & 6.

The next O.A.C.P. Board meeting will be held in Salem on March 14, '53.

A tri-district meeting will be held in June in eastern Oregon, the exact location and date are as yet undetermined.

In October, Eugene will be host to a tri-district meeting at which time there will also be a board meeting.

MERRY CHRISTMAS



## The Shining Light of Christmas

The star that guided the Wise Men of the East on the first of all the Christmases is symbolized by the Christmas Candle.

The mellow rays of this Christmas symbol help to dispel the darkness of despair, the gloom of doubt, the mark of uncertainty, and it becomes a beacon of joy and hope for all within the circle of its cheerful radiance.

To all our Doctor friends, it is our heart-felt wish that the radiance of your Christmas candle will glow merrily upon a scene of Christmas happiness and that it will foretell for you a new year of good health, contentment and prosperity.



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**FOOT TECHNIC**



A candid shot of Dr. A. L. Schultz, Mitchell, South Dakota Chiropractic physician who was the lecturer on techniques to correct athletic and industrial injuries.

**O. A. C. P. PAST PRESIDENTS**



Pictured here in the background are the Past Presidents of D.A.C.P., in attendance at the luncheon held on the first day of the Symposium, (L to R), P.L. Paulsen, Baker, L. K. Von Pier, Portland, C. E. West, Portland, R. S. Wood, Klamath Falls, W. J. Gallagher, Portland, guest, Dr. A. L. Schultz, Mitchell, South Dakota, Past President of the South Dakota Association, and Present President of O.A.C.P., F. Paul Rutz.

**CARDIAC CASE MANAGEMENT**



Here is Dr. Carl Kennedy, Portland, Chiropractic Physician, who lectured on "Chiropractic management of Cardiac Case" at the Friday Session. Dr. Kennedy made extensive use of slides in the discussion of his subject.

**KNEE TECHNIC**



Another candid shot, as Dr. A. L. Schultz, Mitchell, South Dakota, lectured on his best known work, "Management of Knee Injuries," at the Friday Sessions of the O.A.C.P. Symposium held at the Multnomah Hotel in Portland Dec. 5, 6, 7.

## Senior Sage

Ila Heunergardt extended her gracious hand and lovely big turkey to two of the fresh man. Ila entertained Jim Rothrock and Blanche Deurish over the Thanksgiving holidays at her home in Monmouth, Oregon. Jim and Blanche were quite a ways from home for Thanksgiving this year, both are from New York.

A happy day for George Czech was November 21st. On this day, George became one year older, making him just 6 years younger than Jack Benny. George celebrated in grand fashion -- how else, but on the St. Johns bowling alleys hotly contested in the Journal tournament. George finished with 8th place honors.

That tired look of Bob Caverly's has good explanation: Bob and the Mrs. came home from the recent holidays to find their oil heater had exploded, covering the house with soot from cellar to garage. They have been up until one and two in the morning washing and housecleaning.

A suggestion for a senior class project -- I suggest we purchase an alarm clock and alternately give it to John Caroompas and Brad Storts.

## Junior Jargon

FLASH! The stork arrived at Herb and Jo Shepherd's. Sunday, December 7, at 7 P.M., they became the parents of a 7 pound baby boy, Michael Herbert. Congratulations to the three of you.

The Junior Class is looking forward to Christmas assembly with great expectations. For the information of the students of other classes, we have the Santa Claus contest in the bag.

Most of the class is becoming very Basic Science conscious, and will be taking exams in the near future.

If anyone knows of a job available offering high pay, short hours, and light work, contact Mel Sipe or Lou Kirchner. They are both good men -- according to Mel and Lou.

The number of Junior Clinic patients has been steadily increasing, and the class as a whole, is quite pleased with their experience as well as their results.

Nimrod Lavem Saboe was out last week to try his luck. "No luck", he reports with his tongue in his cheek. Why the stly look, Lavery

## BANQUET SPEAKER



Here is Robert Y. Thornton, Tillamook, Oregon, Attorney-General-elect of the State of Oregon as he spoke before the O. A. C. P. at the Symposium banquet, held in the Monah Hotel, Empire Room, on Saturday, December 6th.

## CHIROPRACTIC BOARD ANNOUNCES EXAM DATE

Dr. C. Clyde Dunham, Seaside, Oregon, Secretary of the State Board of Chiropractic Examiners, announced at the Midwinter Symposium that the dates set for the regular Winter meeting of the board will be January 8 and 9, 1953. He also pointed out that any person wishing the right to practice Chiropractic in Oregon shall make application to the board at least 15 days before the dates set.

Dr. Dunham also stated that the Chiropractic law provides that the board shall meet as board of examiners in January and July of each year.

The examinations are held in Room 720, State Office Building at 1400 S. W. 5th Avenue in Portland.

Other members of the board are: Dr. Forest I. Goddard, Salem, President, and Dr. Paul B. Firth, Portland, Vice-President.

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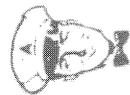


This picture was taken as Dr. M.I. Higgins, Cover d'Alene, Idaho, Past President of the National Council on Physiotherapy of National Chiropractic Association and now Executive Director of District No. 1, as he spoke on opening day of the Symposium. His subject was "New Developments in Physiotherapy."

### W. S. W. S. C.

A letter from Dr. Margaret Schmidt, President of the National Council of Women Chiropractors, was read and discussed at the December meeting of the Women Students of Western States College. Dr. Schmidt extended her greetings and congratulations to the women students for their fellowship spirit. All those who planned to attend the Symposium agreed to contact any of the women doctors present for the purpose of organizing a State Chapter. After discussing other important business matters, the meeting was adjourned. Ila Huenergardt served coffee to the group.

Chester A. Gast, custodian of Western States College, was presented with a cake, honoring his birthday December 5th, by the women of the College.



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## PHI NU SIGMA

The Phi Nu Sigma Naturopathic Fraternity held its first meeting on Monday evening November 3rd. This meeting was well attended and many items of business were transacted. One of the important matters of business was an amendment to the fraternity constitution and by-laws concerning Fraternal Fellowship membership which concerns practicing doctors. For the information of the doctors out in the field, the new amendment is to the effect that in the future this fraternity will accept applications and issue "Fraternal Fellowship" membership certificates to worthy practicing naturopathic physicians in the field with one-half the regular annual fees. The official fraternity pin may be obtained as usual at net cost to the fraternity.

The Phi Nu Sigma has sponsored two showings of educational movies. The movies shown were both entertaining and educational in various fields of the healing arts.

The Phi Nu Sigma will shortly hold an open meeting to which new and old students of Western States College who are interested in Naturopathy are invited. At this open meeting the Fraternity Chancellor, Joe Oestrick will explain the organization and purposes of the fraternity and those interested will be given an opportunity to submit applications for membership. Watch the bulletin board for the date of this meeting.



More noses are red from sticking them into other people's business than from hitting the bottle.

B. sent a frosh to borrow a corkscrew from A. A. parked his partner in wallflower row and said, "Run along, sonny I'll bring it right over."

## THE OLECRANON

What people know about themselves is so little that it isn't worth bragging about. But that doesn't stop them from doing it.

Who can stand the optimist, who with happiness bubbles. He always sees the brighter side of other peoples troubles.

"I'll meet you halfway" the Sophomore's better-half stated. "I'll admit I'm right if you'll admit you're wrong."

A pretty young thing near the band stand was overheard telling her date: "I think a double wedding would be nice, you marry someone else and so will I."

At 94 ole Grandpa Sittles,

Credits his long life to Vittles. Doubts if he'd be living yet, if he hadn't always et.

The poorest attempt at humor in December brought up this ---An old hen out west was sitting on an axe, must be trying to hatchet.

Merry Christmas  
  
 Happy New Year



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## Soph Sighs

The recent turkey raffle held by the sophomore class proved to be very successful, resulting in the collection of a tidy sum. This will be added to the now prevailing bank roll, bringing our class project — the purchase of a dissection microscope — one step nearer the goal.

Top honors for salesmanship go to Carl Kennedy, Flemming and Johnston. We also wish to express our thanks to Johnny Johnson, George Stevens, and Erickson of the Junior Class for so generously donating their time and effort to selling tickets. Dr. Edmund Samuel was one of the lucky contenders of the drawing.

Mingled with the anticipation of the Christmas vacation, one can detect a certain uneasiness present among the sophomore class. Wonder if it might be term finals almost due?

Much effort is being expended in the workshop of Carl Kennedy, class president. Portable adjusting tables are rolling off the assembly line for use by our future doctors.

## Sigma Phi Kappa

Chancellor-elect Herb Shepherd has made known the aims which are foremost with the newly elected officers during their coming term of office.

The Sigma Phi Kappa shall continue to be instrumental in furthering the bond of brotherhood among the members of the chiropractic profession, and to work in harmony and cooperation with the practicing physician and students of the chiropractic field in the promotion of chiropractic philosophy.

Because of the large response to social engagements held in the past, the members may look forward to more of the same in the future.

Plans are being formed at this time for the annual dinner which will combine the installation of new officers and formal initiation of pledges. Time and place will be announced when available.

## Fresh Facts

Ivella Stewart and Judy Birzneck motored to Judy's home in Canada during the Thanksgiving holiday. The Canadians celebrated Thanksgiving October 10th, but had a second Thanksgiving dinner in honor of their visitors from school.

Mr. and Mrs. Laurel Sand are living in a motel. It seems they bought a new home which they were to occupy the 1st of December, but the house was not available. They had already given up their apartment and had to look for another place to live until their home is ready.

Mr. and Mrs. Henry Linke have purchased a house at 7633 S. E. Stephens and are planning to move in their new home soon.

Looks like a good chance for a housewarming, eh?

Some of the freshman are waxing up the old hickory slats in anticipation of a full winter of skiing. I know Robert Pfeiffer and Ralph Kuipers are keeping a weather eye on "old baldy."

Ralph Kuipers visited Vancouver and Victoria, Canada over the Thanksgiving holiday.

## STUDENTS' WIVES AUXILIARY

The Student Wives Auxiliary held their regular meeting at the home of Francis Reynolds with president Jo Ann Storts presiding. Plans were formulated for the social activities of the pre-holiday season.

A review of December activities listed below will be fully reported in the next issue of the Syn Ergist.

December 16 — special meeting at the "Y," denoted to the preparation of favors, etc., for the children's Christmas party.

December 18 — annual Christmas party for members of the Auxiliary.

December 21 — Christmas party for children of the Doctors and students to be held at 2 P.M. in the W S C auditorium. (Parents may come also.)

*In the ageless tradition of the Holiday*

*Season, we wish you a very*

*Merry Christmas and a*

*Happy New Year.*

GENE and MARGARET HITCHMAN

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*A Merry Christmas and A Happy New Year*

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