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Western States Chiropractic

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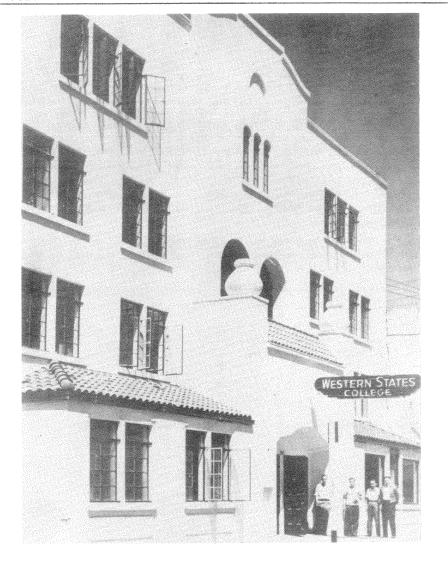
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VOICE OF THE STUDENT BODY

VOL. 4

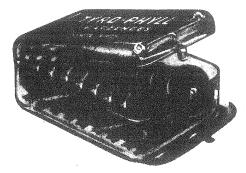
MARCH 1953

NO. 6



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For the relief of minor throat irritations



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Tyrothricin 1	mg.
Vitamin C25	mg.
Chlorophyll5	mg.

The ingredient Tyrothricin, is a topical antibiotic, supplying rapid bactericidal effect in the oral cavity and pharynx against gram positive pathogens. Among the organisms that are susceptible are species of pneumococci, streptococci and staphylococci. Tyrothricin inhibits enzymatic action, retards growth and causes lysis of susceptible bacteria. It is used in the treatment of minor infections of the throat and oral cavity, as a local treatment, and as a prophylactic measure for certain secondary invaders, especially those which accompany the common cold.

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PORTLAND 5, OREGON

W.S.C. LIBRARY

For quite a few years, the library of Western States College has been a library in name only. Many attempts were made to open it for the use of the students but failed because of lack of cooperation, and students were used as librarians.

The student body has felt for a long time that this was a necessary part of the academic curriculum; so Dr. Budden was approached by the student council, and he heartily agreed that the library should be opened to the students for the purpose of reference work; also the checking out of books overnight.

Student body President Joe Boucher and Vice-President Herb Shepherd set about getting a librarian. The Oregon State Employment Bureau and a retired teachers' organization were contacted and asked to send applicants. Many persons applied; and all were interviewed by the student body officers and then by Dr. Budden. This group representing the faculty and the student body reached a decision and Mrs. Safford was asked to accept the position, which she did. At the present time she is reorganizing and recataloguing the library.

The library will be open five days a week. The hours it will be opened are as follows: Monday, Wednesday, Friday; 9:00 P.M. to 1:00 P.M.; Tuesday

FOUNDATION BUILDERS

DR. D.E. CHRISTIANSON - \$2.00 Oswego, Oregon.

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Tacoma, Washington.
DR. A.E. HOMEWOOD,
Toronto, Ontario.

and Thursday; 1:00 P.M. to 5:00 P.M.

It's been a long time since this library has functioned; so, fellow students, don't let this chance to use a wonderful reference and reading library pass you by.

ALUMNI ASSOCIATION NEWS

EXECUTIVE BOARD MEETING OF MARCH 5th, 1953.

An executive board meeting of the W.S.C. Alumni Association was held at W.S.C. on the evening of March 5th. In attendance were Drs. Ralph Svehaug, W.W. Taylor and A.M. Frazier.

Dr. Budden appeared to introduce the proposed plan to reactivate the college library with a permanent librarian in charge. The Alumni Board voted to contribute toward defraying the cost of this project, and Pres. Svehaug appointed Dr. Taylor as committee chairman to investigate means of further support of the library. Dr. Hill announced completion of the plans to hold an Alumni Dinner March 17, 7:00 P.M., at Burns Restaurant with the graduating class as guests. Dr. Wilson volunteered to provide entertainment. All Alumni members were cordially invited to attend.

A number of applications for membership were considered and approved by the Board, and prospects of a strong, active organization are increasingly excellent.

COMMENCEMENT SPEAKER

We are honored to have Dr. Harold S. Tuttle for our speaker this year. Dr. Tuttle is an able speaker of many years experience in the field of education. He received his Bachelor's Degree from the College of the Pacific in 1905 and his Ph. D. from Columbia University in 1936. He has been a professor at Stanford, University of California, University of Iowa, University of Minnesota, and University of Oregon. He is now Professor of Education and Director of Youth Field Conference Work at Lewis and Clark College. Dr. Tuttle is author of "Dynamics of Personality" and several other books on education.



CTASE

Vol. 4, No. 5

February, 1953

SIAFF			
Editor Appa Anderson			
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Circulation Hubert Von Pier			
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Sophomore George Johnston			
Freshman John Hill			
Phi Nu Sigma John Dominguez			
Sigma Phi Kappa George Tombe			
Student Wives Eather Rethwill			
Typiats Shirley Caverly, Doris Withers			
Judy Birzneck			
Issued monthly by the student body of			
44 BB - 4 B 4 - B 44 - 4 B B B B B B A A			

Ave., Portland, Oregon.

Copy must be submitted by the first day
of each month. The SynErgist reserves the
right to reject any copy or advertisements
which it believes would be contrary to the
best interests of the college. Health Research Foundation, or the profession at

the Western States College, 4525 S.E. 63rd

large.

EDITORIAL

Of greatest interest to our profession is the higher scholastic standards which will be required of new students attending W.S.C. this Fall. A high school diploma will no longer be adequate to start college, but an additional two years of college must be successfully completed.

House Bill No. 271 for the Naturopaths and House Bill No. 272 for the Chiropractors requires that two years of liberal arts or science study from a college acceptable to the Northwest Association of Secondary & Higher Schools affiliated with the National Association of Accreditation Secondary and Higher Schools be completed.

This will not apply to students already attending Chiropractic College as they will come under the Grandfather's clause which allows them to continue as they are now.

60 semester hours or ninety quarter hours are the set requirements to be considered at W.S.C. The exact required subjects have not yet been definitely decided upon for prechiropractic but the following are strongly recommended and suggested -- Inorganic Chemistry, Organic Chemistry, Biologic Sciences, Physics,

English, Psychology, Physical Ed, Electives such as Anatomy, Public Speaking, Mathematics, Philosophy, U.S. History, Political Science, Foreign Language, Sociology.

It will be of interest to you to know that a National Chiropractic Association vocational guidance booklet called "Chiropractic - A Career" will be placed in all Colleges and Universities west of Chicago, The purpose of this manual is to counsel those whose desires and aptitude qualify them for entrance into one of the professions devoted to health maintenance and to prepare a pre-chiropractic program for those who have chosen Chiropractic as a career. This will bring Chiropractic to the attention of many college students who may not have realized its value to public needs today.

This is what we have been looking forward to, so let's give it our hearty approval and support.

Phi Nu Sigma

The Naturopathic fraternity held their regular business meeting on Monday, March 2nd. Many matters of business were discussed and business transacted in a very congenial and efficient manner by Chancellor Joe Oestrich.

In another few weeks a meeting will be held for the election and installation of new officers for the coming schoolyear.

Phi Nu Sigma is planning to expand its sphere of influence by providing for and inviting practicing Naturopathic Doctors to join its ranks to help promote Naturopathy and Naturopathic principles and practice. A Fellowship Certificate is provided for practicing doctors who are accepted into the fraternity and they can be of great help in aiding the fraternity to foster and carry on its aims and purposes as well as reap the benefits of the organization.

Cerebral Palsy Referrals
Accepted
DR. WILBUR F. KING
814 E. Foster
Coeur d'Alene, Idaho

JUNIOR JARGON

It seems Herbie Shepherd, our popular boy around school, is getting ready for a larger family, he is going to move again. He must think babies can come bi-weekly!

Johnnie Johnson has moved to larger quarters to make room for an expected new arrival coming to disturb the peace and freedom of his home in June. It is to be a smart son, according to John.

Ex-class Prexy, Bob Clifton, his wife and children drove to Tacoma over the Washington's birthday holiday to visit his father who was hospitalized. They also visited other relatives while there.

Sam Hayes has finally made a sale. Sipe got caught on the hook of radio advertising and is now planning to buy a new Studebaker.

Our weight lifter "Strong Boy" Loyd Jacob, is not all "braun," he also has plenty of "brain." He recently came out fourth in the examination for policemen out of approximately two hundred men. This he did without the advantage of the fine points extra credit allowed to veterans. We learned that he now has his assignment. Copper Jake.

Distinguished people item:

Ron King and his wife recently were hosts to Dr. Wolfgang Heybey of Germany. Dr. Heybey is from Dusseldorf and is high school principal in that city. He is a member of an exchange team from Germany in this country to study various phases of American life.

GOINGZONZ

In a report from the Portland Park League, we find that Loyd Rapp's daughter, Martha Kaye, was on the 8th Grade Championship team from Arleta School. On a competing 8th grade team from Creston school was Nancy Failor, daughter of Hazel and Ralph Failor.

Also from the Golden Ball Tournament we find that Dean Failor was a star member of the 6th Grade Championship team from Creston School "Papa" Failor is really popping buttons.

Convenient Protein Supplementation with BESCO PROTO-CAPS

A protein hydrolysate formula supplying ten essential amino acids with Vitamin B₆ in easy-to-take cap-ette form. No taste worries—no odor—no powder or granules—no mixing Each cap-ette provides the following amino acids: arginine, glutamic acid, histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, trytophane, and valine, with vitamin B₆ added.

An amino-acid supplement steadily growing in popularity. More detailed data on request!

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O.A.C.P. JOURNAL BY DR. A.J. JOHNSON, EDITOR

706 N.W. 21st AVENUE

PRESIDENT'S MESSAGE

A GOOD COMMON DENOMINATOR

There is no other subject of conversation that is more universally accepted by all peoples of all ages and from all walks of life—than GOOD POSTURE—and all its implications.

What better medium of obtaining GOOD PUBLIC RELATIONS is there???—than the use of a vigorous campaign during the NATIONAL CORRECT POSTURE WEEK May 1st to May 7th. Chiropractors believe, preach, and practice that good posture and good health gotogether. In that belief we are in complete agreement with every branch of the healing arts.

Our association is devoted not only to professional advancement but for the promotion of any public service program in the interests of public health. NAT-IONAL CORRECT POSTURE WEEK is a significant contribution to national health and welfare. Active participation by everyone can bring nothing but good.

Through the gathered assistance of school teachers, school authorities, members of state legislature, of mayors and governors, NATIONAL CORRECT POSTURE WEEK has become of increasingly important observance in the United States. I therefore ask every Chiropractic physician to whole heartily engage in this national public health program.

To facilitate a state wide coordinated program Dr. Robert Elliott, O.A.C.P. chairman of the Posture committee has prepared various related programs and suggestions for your use. PREPARE NOW——.

Dr. F. Paul Rutz, Pres.

NEWS and **VIEWS**

"The future belongs to those who prepare for it."

The above quotation has been printed many times and those words can be no more significant than at the present moment. The doctor of chiropractic has been preparing himself for years to sound out the importance of good posutre in relationship to health. In his work he has seen abnormal spinal curvatures straightened and he has also headd appreciative expressions of spontaneous relief from

pain; he has seen and heard gratifying statements from chronically ill patients as they were relieved of their restricting ills through chiropractic care. All this and more he has seen and heard, and he has been happy in his accomplishments. His patient too is well aware of the help that he is receiving and makes a grand effort to refer his friends for the same type of care. But how much are we as chiropractic physicians doing to inform our public? So few people really know what chiropractic can do for them.

Opportunity shall soon knock however, and we should be ready to open the door of information to the public.

Opportunity on a nation wide scale in the form of National Correct Posture Week! Be it local or on a state-wide or district basis, there is much we can do. Distribute N.C.A. literature to our patients of course. But more than that, every city or community has a local paper that should carry a large Correct Posture Week notification. A universally accepted publication in the interest of peoples health, with emphasis on sponsorship by members of the National and State Chiropractic Associations. An outstanding but ethical print can be made by getting an N.C.A. newsmat for this purpose.

An essay contest on correct posture was sponsored by a health club here in Portland last year, and the winners received a prize and their name engraved on a permanent plaque. Over 400 essays competed for prizes in one school in that contest. Such a program could be carried on in schools throughout the state.

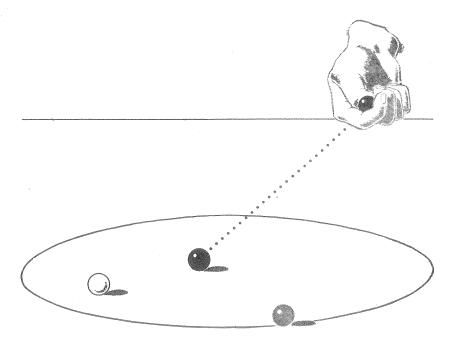
May 1st is not far away! The time to act is now! Furnish your readers with enough of the right information so to make them well aware of this program of good posture in the interest of their health

LISTEN LADIES

District No. 2.

At the February meeting of the Portland Federation of Women's Clubs, our group had charge of the arrangements. Our State President, Margaret Parrott, and our District President, Ruby Elliot poured. Red Tulips were used for the flower arrangement, and against the White linen tablecloth made a lovely display. The cookies were colorful, and all were made by members of the auxiliary. District No. 3.

(Continued on Page 14)



knuckle down!

When we at Vitaminerals find it necessary to pulverize certain nutrients to an unusually fine degree we really knuckle down to business.

And we do it with marbles!

When a perfectly homogeneous mixture must be produced in the final powder blending process, ordinary grinding will not do the job. It will not reduce the granular material to a fine enough mesh.

So at Vitaminerals we use ball mills

to completely pulverize the nutrients. A ball mill is a large, round, porcelain drum set on special brackets that revolve the drum constantly.

The drums are filled with the powder mixture and also with specially designed round "marbles." These revolve within the drum and grind and pulverize the powder to the required mesh.

So again, Vitaminerals takes another step to insure a perfectly homogenized mixture in their formulas,



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Dr. C. Mather, M.T., C.L.D.

Charles "Chuck" Mather first saw the light of day (a rainy one as usual) on March 6, 1929. He confessed to be that somewhat rare specimen, a native Portlander. He attended Jefferson Hi and is well remembered there for his unusual antics.

Charles entered the U.S. Navy on March 1945 as a Pharmacist's Mate, having had extensive correlative field training. He served in the Philippine area as Pharmacists Mate. Later he added to his laboratory training by attending Navy Medical School at Bethesda, Maryland. Also, he took primary training at Naval Hospital Corp School in San Diego.

Honorably discharged in Oct. 1949 Chuck entered Ye hallowed halls of W.S.C. Uncle Sam still had Chuck in mind, however, -- In October 1951 he left Chiropractic College having been a Junior in school one month.

Being once again placed on active duty, Charles was given charge of laboratories for Naval District 13 in the Seattle area. On December 4, 1952 he was released to inactive duty and quickly reentered W.S.C.

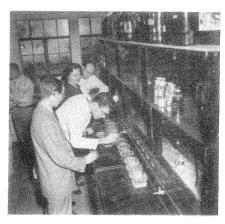
When the position of lab director became vacant, Charles, with his background training and varied practical experience, was placed in charge of W.S.C. laboratory.

Charles has this to say regarding his future plans, "I am glad to be back

in W.S.C. and as lab director I hope to make certain changes, both in lab maintenance and service for the doctors in the field. This is one of the best equipped labs I have worked in and we are able to run all important lab tests here. At present with splendid cooperation from the students we are remodeling the lab and soon this will rank as one of the best maintained labs in the state.



The Repair and Renovation of the lab, Western States College Clinic.



Histology staining sections, under the direction of Dr. C. Mather.

Charles O. Mather, M.T.C.L.D. (Medical Technologist Certified Lab Director) is certainly qualified for his new task. He started several labs in new hospitals in the service and also worked in research at Maryland Hospital in atomic research using radioactive elements for tracing physiologic patterns in the body. Good Luck Chuck!

SOCIAL COLUMN

Here is an interesting sidenote which shows that Western States College is not an isolated place forgotten by all but the students that attend.



Penny Pitch Courtesy of the student Wives Auxiliary - Pot Luck Supper.

Valentines night, the Lions club entertained its members with a play and completed the evening by dancing, playing bingo and having a generally good time. Also in February, the Foster booster club, which holds its regular meetings here every other Tuesday evenings, put on a basket social for all the members.



The Bargain Counter - Pot Luck Supper, March, 1953.

This may not seem outstanding on the surface, but when we stop to realize that the membership of these clubs is made up of the leading businessmen of the community, we can appreciate the tremendous amount of good-will that can be created for Western States College just by their favorable impressions.

We hope to see more of them in the future.

NEWS RELEASE

The following news release received from Dr. Emmett J. Murphy, Director of Public Relations, NCA, Washington, D. C.

FEDERAL COMMUNICATIONS COMM. Washington 25, D.C.

FCC EXPECTS DIATHERMY USERS TO COMPLY WITH RULES PART 18 BY JUNE 30, 1953

The Commission on June 25, 1952 adopted a Report and Order amending Section 18.51 of the Rules and Regulations Relating to Industrial, Scientific, and Medical Service to extend until June 30, 1953 the applicable date of Part 18 to medical diathermy equipment manufactured prior to July 1, 1947.

This extension appeared necessary because of the unavailability of conforming equipment to replace those machines manufactured prior to July 1, 1947, which could not be operated in accordance with the requirements of the rules.

In that Report and Order the Commission advised all interested parties that further requests for extension of the applicability date were sought, such requests would be considered on an individual basis, taking into consideration the efforts made by the users of non-conforming equipment to replace it during the period for which the extension was granted.

The Commission continues to receive reports of interference caused by the operation of medical diathermy equipment. With few exceptions, the equipment responsible for the interference is equipment which was manufactured prior to July 1, 1947, and which does not comply with the requirements of Part 18, particularly with respect to the suppression of emissions outside the frequency bands allocated for medical diathermy equipment.

Information available to the Commission indicates that type approved diathermy equipment is now available for early delivery. Accordingly, all interested persons are advised that the Commission has no present intention of adopting any further general extension of the time for compliance with the applicable portions of Part 18 of the rules beyond June 30, 1953.

STUDENT BODY



Student Body Officers 1952 - 1954

President .	0 0	0 0	0 0		Herbert Shepano
Vice Presid	ent			9 0	. Carl Kennedy
SecTreas.	8 9	0 0		0 0	Judy Burrinock
					Doris Wititgus
Student Rep		0 0			. Lou Kirchnou

To wind up a very successful year of 1952-53, nominations were made at the final meeting on February 26th, for new Student Body Officers. Under the able leadership of Herb Shepherd, the election committee - consisting of a representative from each class, conducted a very well organized election on March 5th. The new President for the coming year is Herb Shepherd; who will be a Senior next year. Newlyelected Vice-President is Carl Kennedy, an up and coming Junior of next year. To carry the added load delegated to the Secretary-treasurer, a joint nomination and election of two persons took place; Judy Birzneck and Doris Withers, both being in their second year for the coming season, will be not only efficient but easy to look at while gracing the platform reserved for Student Body Officers. Lou Kirchner, another industrious Senior - was elected Student Body Representative for the coming year.

Many thanks goes to the hardworking group of officers who have held away for the past year and who wish the newly elected quintet a very satisfactory year of 1953-54.

SIGMA PHI KAPPA

The March business meeting of the Sigma Kappa Fraternity was held Wednesday, March 5th, at the home of Mr. and Mrs. John Johnson.

The business portion of the meeting was followed by a short enlightening talk by Dr. Gordon Peffley, during which several of his "pearls of wisdom" were cast. Dr. Peffley spoke on the benefits of becoming a "citizen" of the community in which one establishes his or her practice.



The combined "Thanks" of the Fraternity is extended to our gracious hostess Mildred Johnson for the preparation of the delicious refreshments served in abundance following the meeting.

STUDENT WIVES' AUXILIARY

The meeting on February 20th was held at Western States College, JoAnn Storts presiding.

Plans were worked on and completed for the carnival -- pot luck. Hostesses for the evening were IoAnn Storts and Francis Reynolds.

March 7th the pot luck -- carnival was held. There was a good attendance and the guests entertained themselves by going to the different booths which were: Home cooking booth (candy, fudge, and home canned goods, also soft drinks on sale), White elephant table, bingo, and a penny pitch which were sponsored by the student's wives. The Doctors' wives had a fortune telling booth.

A good time was had by all.

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Ox Gall 30 ms	zm. ''	22	P 5
Chymosin 7 mi		**	9.5
Papain 50 mg		**	,,
Diastase 50 mg		* *	2.5
Listazyme 25 mg		**	9.1

Dist. by Pacific Professional Foods 3408 S.E. Hawthorne Blvd. - Portland, Ore. The Stomach Lining used in this tablet has been standardized on Pepsin content of 50 mgm. but also contains other enzyme factors inherent in a low-temperature dehydration.

Use: Whenever the body fails to secrete required amounts of these enzymes, these tablets may supply the deficiency, increasing the draestibility of fats, carbohydrates and proteins ingested.

Directions: 2 to 4 tablets at the mealtime.

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Oregon

SOPH SIGHS

The sophomore class has been a center of activity during the past month. Worthy of note are the newly elected class officers: Heading the list as president is Joe "Biceps" Oestreich; if he leads the class with the forcefulness that he employs to traumatize the radial nerves of the other class members, the coming year will be a smashing success. Bob "the Duke" Davies, an able politician who looks the part by smoking an occasional cigar, is Vice-president. This reporter hopes that he will spread the vice around a little bit. George Johnston, the last of the democrats, is the newly elected secretary. George is responsible for an incomplete house cleaning in government (Sophomore class government that is). Bob 'the (colloquial term) Englishman" Fleming still holds the purse strings as treasurer. Confidential sources however have informed this reporter that there will be an investigation of possible tax fraud. Bob Hatch was elected class representative. We don't know what he represents but hope it will be the sophomore class. Charles "old Grand Dad" Gilmer nominated this reporter for his present position, because of an alledged ability to "sling the bull," lets just say a "small cow" shall we?

By various means the sophomore class has procured funds for the purpose of purchasing a dissection microscope which we sincerely hope will contribute to the knowledge of every graduate of this institution.

The public health class under the able direction of Dr. Samuel has been "seeing the sights." The "sights" consist of: Sewage disposal plants, meat packing plants, water purification systems, dairies, and other industries which are directly concerned with public health.

It is rumored that the Local Beverage Mill, the proprietors of which are Oestreich. Kennedy, and Wildebour, is producing a new and better grade of ethyl hydroxide.

SENIOR SAGE

Preparations for the impending gradnation has kept the senior class in a continuous and industrious turmoil. All the various committees have been kept hopping with their respective responsibilities. Photograph Committee acquired Tracy Wong of Wong's Studio who took excellent photographs of the entire class. Also, new pictures of the faculty were obtained for the composite. That means our class is honored with the good fortune of not having "One" striped tie in the composite---Not finding fault with anyone in particular but just wondering if he had another tie.

Many social functions are accompanying graduation preparations. The class has been invited to dinner engagements by Mr. & Mrs. T.F. Rose, Saturday, Mar. 14, and also by the W.S.C. Alumni Association. The Senior class banquet and dance Tuesday March 17, will be held at Jack and Jill's Club the night of March 24. The Baccalaureate Services will be held at the Laurelwood Methodist Church Sunday, March 22, and of course that day we are all looking forward to Graduation, Thursday, March 26.

Overton is still at it-selling, that is; just make an offer and he will find something to fill it.

Ralph and Hazel Failor are carrying on a heated correspondence with our mid-west friends, good luck Hazel!

Norma Godfrey and Appa Anderson are still knitting socks. Appa even claims to have finished one. Bob Caverly has purchased a really nice new home.

Most of the class will be around after Graduation to take a post-graduate course in Naturopathy, so we really won't be saying our good byes for a while.

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E. D. BANZ

FLYING A GASOLINE

Fresh Facts

With the advent of spring and the emmergence of "old sol," the Freshman class has relieved itself of two burdens. The slides of stained sections of tissue and good ole Osteology are things of the past. The Freshman class thanks you Dr. C. Mather and Dr. L. Launer for a job well done.

Bill Byrd is spending a good deal of time up in the laboratory lately -could it be that Bill will soon be a full fledged lab assistant? Best of luck Bill in the new endeavor.

Frank White, Don Oakley, and Del Ahlers are devoting some spare time to painting the laboratory under the guidance of Dr. C. Mather. Good Work.

Bob Perry is back in Iowa batting it out with the Draft Board, so Bob Pfeiffer has replaced him on the crew that is assembling the cabinets for the lab. The Freshman class seems to be well represented in the field of good works.

Could it be that Ralph Kuipers will be sporting a conveyance of relative new vintage in the near future?

Congratulations Judy Burzneck and Doris Withers on your election as Student Council Secretary-Treasurers. The Freshman now have at least one foot in the business of the school.

Cy Wahlrab is spending a good deal of time at the Y.M.C.A., so anyone who is interested can find all the pros and cons physiologically speaking by just asking him.

Physiology has taken on an entirely new and interesting aspect. The summer quarter should find the Frosh Class busily engaged in finding the effects of Vitamin deficiencies in conjunction with guinea pigs. It should prove interesting and of definite value.

CLASSIFIED ADS

For Sale: Office Equipment and Home Furnishings. Mrs. Hans Peterson. 5705 N. Albina, Portland, Oregon.

For Sole: McMannis Table, hardly used, Call TR 5547 before 8:30 A.M., Mrs. Howard.

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W. S. W. S. C.

The monthly meeting of W.S. W.S.C. was held on March 10, 1953. Election of officers was as follows: President--Sally Trosper. Vice President--Helen Larson. Secretary, Treasurer--Ivella Stewart.

Plans were made for the next meeting of W.S.W.S.C. with the Oregon Chapter of the Council of Women Chiropractors, to be held on March 19, 1953, at Dr. Nellie Byrd's home.

A vote of thanks was extended to the committees, who's efforts made the last meeting, at Dr. Augusta Wehoffer's home, such a fine success.

LISTEN LADIES

(Continued from Page 6)

On the 11th of February, a delightful luncheon was given by Emma Rombough of Salem, in honor of Edith Schmidt of Silverton, who is expecting the stork to call very soon. Most of the district members were present and had a very enjoyable time.

It was wonderful to see so many familiar faces at the Public Hearing in Salem on Feb. 17. Wouldn't to be grand to see as many at the next Convention, and really get together. Every one is important and needed, and as a group we can accomplish so much.

A date to remember. April 8, at Salem. Statewide Conference of the Oregon Federation of Women's Clubs. As many as possible should attend.

WESTERN Lithograph

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JOKES

Refund?

A physician, impressed with the stoic manner in which a four-year-older received treatment involving numerous dressings for a severe burn, rewarded the little patient by slipping a nickel or a dime into his hand each time he came to the office. Finally, when the wound was healed and the patient discharged, he seemed extremely reluctant to leave. "I can't go yet, Daddy," he said, "the doctor hasn't paid me."

Looks Deceive

A very fat man got on the scales at a railroad station and deposited the necessary coin. Two small boys were watching with interest. They gasped when the needle stuck at 50 pounds.

* * * * *

"Gee, Bill," said one, "that guy is sure hollow!"

sure hollow!"

You can make a lot of money with a hot dog stand. Friend of ours got rich that way.

He started in a modest way, buying buns and weiners by the dozen. Worked 12 hours a day. Wife helped him skimp and save. Daughters worked as car hops. Plowed every cent right back into the business. Bought an adjoining lot so he could expand.

Found oil on the new lot.

Wight!

"Mr, Dumgard, what is a twip?"
"A twip, sir, is a wide on a twain."

If you pick up a starving dog and make him prosperous, he will not bite you. That is the principal difference between a dog and a man-Mark Twain.

When a woman starts talking to herself, it's a sign her husband isn't home.

Some women don't believe in running after a man until after marriage.

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Probably no other complaint is tolerated by so many for so long a time as is indigestion. According to Alvarez', "There are many persons who suffer or years, or perhaps

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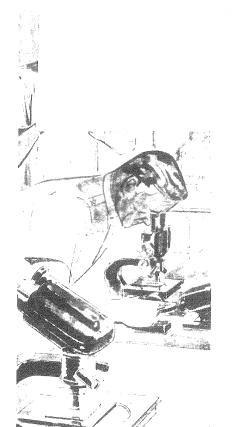
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1. Dr. Walter Alvarez, Tice's Practice of Medicine, Vol. VII, p-144.

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