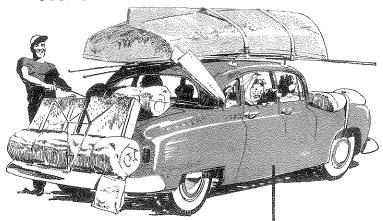
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Portland, Oregon

Western States College

Vol. I

OCTOBER 1950

No. 8

STUDENT BODY PRESIDENT



EDGEL WOOD

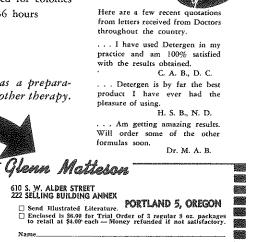


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State Requirements by Basic Science Boards

(b) Subjects, (c) Passing grade (d) Retake exams, (e) Educational requirements, (f) Age requirements.

ALASKA:

- (a) Grants certificates without examination if applicant has passed National Board.
- (b) Anatomy, Chemistry, Hygiene, Pathology, Physiology, Bacteriology.
- (c) 75% each subject.
- (d) Permits re-examination of 1 or 2 subject failures in failed subjects only.
- (e) High school graduate. (f) 21.

ARIZONA:

- (a) Reciprocates with all other Basic Science Boards except examinations granted by virtue of "Grandfather clause."
- (b) Anatomy, Bacteriology, Chemistry, Hygiene, Pathology, Physiology.
- (c) 75% each subject.
- (d) Permits re-examination of 1 or 2 subject failures in failed subjects only.
- (e) High school graduate. (f) 21.

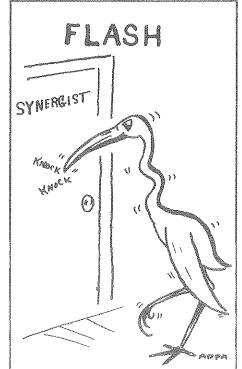
ARKANSAS:

- (a) Recognizes only certificates by legal Basic Science Boards.
- (b) Anatomy, Bacteriology, Chemistry, Physiology, Hygiene, Pathology.
- (c) 75% each subject.
- (d) If applicant fails in more than 2 subjects, retakes entire examination.
- (e) High school graduate. (f) 21.

COLORADO:

- (a) Examinations given by any Basic Science Board which grants like reciprocity.
- (b) Anatomy, Bacteriology, Chemistry, Pathology, Physiology.
- (c) 75% each subject.
- (d) Permits re-examination of 1 subject failure in the failed subject only. If this failure is repeated, must retake all subjects.
- (e) High school graduate. (f) 21.





A WEARY STORK
STOPPED OF AT THE
PRESS ROOM AFTER
DELIVERING A BOY
RAFAEL WILLIS (6*159)
Oct. 20 TO NATASHA
AND RAFAEL FLORES
THEN A GIRL
DIANA LAREE (6*109)
Oct 24 To DONNA LEE
AND STAN FLAGG

Once upon a time there were two Irishmen. Now there are thousands of 'em.



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Class Reporters: Senior I	95 T7 111
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Junior	Wm. Spurlock
Sophomore	Joe Boucher Retty Coleman
Photographer	•

Issued monthly by the student body of the Western States College, 4525 S.E. 63rd Ave., Portland, Oregon.

Copy must be submitted by the first Thursday of each month. The SynErgist reserves the right to reject any copy or advertisements which it believes would be contrary to the best interests of the college, Health Research Foundation or the profession at large,

THE SUBSCRIPTION RATE OF THE SYNERGIST IS \$1.50 PER YEAR ON A VOLUNTARY BASIS.



By Jerry Reese

The editor has appointed (forced) me to write an article, and as that black whip of his is cracking over my shoulders, I guess I had better get busy and try to give a brief summary of our plans for the paper in the coming year.

For all you new subscribers who haven't a dictionary handy, Synergist means "working together," and that is the goal of the staff. While we struggle to carry this out, all the cooperation we receive will be greatly appreciated.

We will welcome all articles, pictures, anecdotes, cartoons, and constructive suggestions that any kind soul wishes to donate to make our burden lighter.

This paper is a school project, so let's get behind it and give it our "all."

Senior Dance Time

By Art Johnson

"Welcome Freshman" will be the slogan for initial student activities as dancing gets under way at 9 p.m. on Friday, October 27, in the college gym. Popular Bob Becker and his band will lead the way as he brings in six instrumentalists and two vocalists to answer any number and variety of requests.

The Senior class will act as sponsors and the occasion will be under the capable direction of dance chairman Harlan Cook. He promises a hall appropriately decorated for the Halloween season.

Admission may be gained by each Freshman by presenting at the door one pumpkin which will later be donated to charity. Students other than Freshmen will donate 50 cents each, or 50 cents per couple if they bring an escort or date who is not a student.

Remember it will be levis or cords as the popular garb for the informal occasion.

About the Buddens

By Dale Olson

The student body of WSC eagerly awaits the speedy recoveries and return of Dr. and Mrs. Budden. Both have been convalescing from recent illnesses, and are expected to return to school soon.

The school has continued under the guidance of Dr. Higgins of Coeur d'Alene, Idaho and our own Dr. Reeves. Both of these men have shouldered the heavy load of responsibility and have done a fine job. Orchids to you both.

The School Parking Situation

By Bill Spurlock

It seems that there are always a few in a group who cannot cooperate with the regulations set forth by the majority. There is a drawing of the restricted parking zone on the bulletin board. Suggestions have been made as to what punishment should be given to some of the violators, and they will be brought up before the student body at one of the meetings for discussion and vote. Too bad some of these nature lovers can't stretch their legs and walk across the street.

Freshman Class

Betty Colman

The old saying that Freshmen are green has been proven misleading by WSC's new class of "54." Already they are planning how, in their four-year stay, they can make improvements for the school by their class projects.

Most of the Frosh hail from Oregon; however, Washington, South Dakota, California, Arizona, Illinois, and Alaska are represented.

On the average, Osteology is the favored subject, basketball the favored sport, and dancing the favorite activity.

In class meeting, the 13th of October, Carl Mohr was elected class president; LaVerne Saboe, vice-president; Theresa Weitzel, secretary; Herbert Shepherd, class representative, and Betty Coleman, reporter.

The Frosh would like to put on dances, variety shows, and to have their own band to raise funds in the coming year.

GOINGZONZ

Dr. Carl Kennedy has been lecturing recently to the students of W.S.C. He has lectured on the relation of bacterial and toxic infestations to diabetes and cancer, as well as brief case histories and X-ray interpretation.

* * *

At the October 18 student body meeting, Austin Flegel, Democratic candidate for governor, honored us with a short address.

W.S.C. is proud of their faculty member, John Kiefer, whose article "Laboratory Diagnosis and Its Relation to Other Phases of Chiropractic" appeared in the October issue of the "National Chiropractic Journal."

Luck—"Where preparation meets opportunity." D.S.

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Case History

Patient was a 38-year-old housewife who complained of severe pain and tenderness in the right hypochondriac region with intermittent attacks of nausea and vomitting,, anorexia, vertigo, and some weakness. The condition was acutely severe, but subjective history suggested an exacerbation.

Upon physical examination tenderness was elicited at the inferior angle of the right scapula and on the right side of the spine at the 5th, 8th, 9th, and 10th dorsal vertebra. There was moderate distention of the liver, with acute tenderness on palpation. Bilirubinemia was suggested by the mildly jaundiced appearance and was verified by laboratory analysis. Bilirubinuria and a moderate leukocytosis were present. Radiography revealed no evidence of cholelythiasis.

Provincial diagnosis was that of acute cholecystitis with mild biliary obstruction.

Treatment consisted of bed rest, diet restriction to fluids only, consisting of normal saline and citrus juices in a quantity of 3000 cc daily. Hot fomentations to tolerance over the right hypochondriac region for 20 minutes, and given three times daily. Spinal adjustments were given daily to the involved vertebra, with concussion of the spinous process of the 9th dorsal. Symptomatic relief was gained almost immediately. but above regime was continued for one week. Succeeding treatment consisted of spinal adjustments every second day, hot fomentations over the involved area for 20 minutes after lunch and dinner, and dietary restrictions of low calorie, low fat, high protein, and moderate carbohydrate intake. Fruit juices were advised on arising with copious water consumption between meals.

Lasting relief and improved health have been the result of the above treatment.

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Basic Science Questions

ANATOMY:

- 1. (a) What are the structures that enter, leave, or run through the middle ear? (b) Indicate the functional importance of each structure.
- 2. Show by means of a diagram the relationship of the bile canaliculi to liver cells, bile ducts and blood capillaries.

PHYSIOLOGY:

- 1. State and explain the effect on lymph formation in an organ of (a) local arteriolar constriction and (b) partial occlusion of the venous outflow.
- 2. What physiological processes determine the quantity of calcium in the blood?

BIOCHEMISTRY:

1. State precisely what is meant by the statement that for purposes of nutrition of the higher forms, gelatin is an inadequate protein. To what is the lack of adequacy of protein due?

PATHOLOGY:

- 1. Patients dying of chronic tuberculosis not uncommonly exhibit at autopsy evidences of heart failure of varying degrees. Discuss the mechanisms responsible for this phenomenon.
- 2. Describe in histological detail the formation of the pseudo-membranous lesion that characterizes the specific infection, diphtheria.

BACTERIOLOGY:

1. Describe a procedure by which the immunity of an individual to diphtheria may be determined.





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Ladies' Auxiliary Meeting

Jo Ann Storts

The Students' Wives Auxiliary had a very successful meeting Thursday, October 19, coupled with a lot of fun afterward. But don't be sad if you missed out on it, for it still isn't too late to begin attending the meetings.

Gerry Whiting, president, opened the meeting, and plans were formed for the potluck dinner that is to be held November 16 at Western States College. All students' wives are invited to attend. Cards will be sent to each wife telling her when, where, and the rest of the details. Committees were appointed for the entertainment, food and reception.

The next thing discussed was the carnival to be held by the Doctors' Wives Auxiliary November 18. It was decided the Students' Wives Auxiliary would have a booth with Jo Hill, Margaret West and Gerry Whiting to handle it. All white elephant donations are to go to the office of the college for the carnival.

Our money collector, Betty Stober, gave a treasury report, and "girls" it looks like we had better start the year off right by paying our \$1.00 dues for the year. Motion was made and carried to buy a scrapbook for clippings. Also, if anyone cares for a copy of the constitution of the organization, see the secretary-treasurer.

After the business meeting was adjourned, all present gathered at the refreshment table at which the officers served. Table decoration carried out the Halloween theme with the centerpiece being a jack-o-lantern filled with flowers. Cookies and coffee were served as refreshments.

We would like to thank everyone who had a hand in making the convenient and beautiful kitchen at Western States College.

We would again like to offer the invitation to anyone who missed this meeting to come to the next one which will be held November 16.



Sigma Phi Kappa

By Chuck Mather

First meeting for the year 1950-51 opened with nomination for new officers. Summer activities were reviewed and plans made for the future.

During the summer:

Vern and Bev Edwards had a new addition, a little gal they call Jennifer.

Stan Flag pulled about two months active duty with the Air Corps Medics.

Terry Oka left for Army, Donavan Hampton to Marine Corps, Jim Aasum to school in Missouri, and Dale Scheer reported for army physical, but is luckily still with us. All other members returned from their summer excursions with a hearty welcome from Chancellor Brandstetter, and great enthusiasm for the coming year.



Phi Nu Sigma

At their first regular meeting the Naturopathic Fraternity met with Freshman students who were interested in membership.

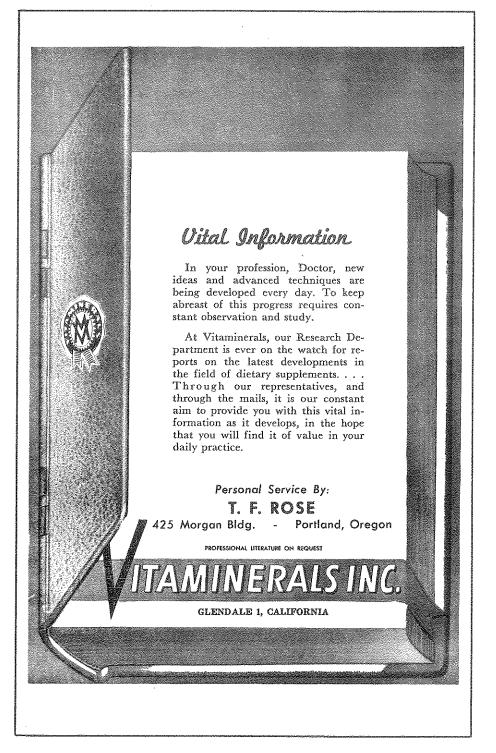
Plans were laid for activities of the forthcoming year and the new officers were installed. Officers for this year are: Senior Chancellor, Carl Darby; Vice Chancellor, Austin Cullen; Secretary-Treasurer, Billie Spurlock; Scribe, Mike Lynch; Chaplain, Horace Johnson.



Part-Time Farms for Vets

World War II Vets are offered a chance to purchase 42 part-time farm units from the Federal Government. These are located in the southern tip of the Columbia Basin Projects in Walla Walla County, Washington, about five miles northwest of Pasco. Fourteen other units in the same project are being offered to non-vets.





New to Staff

By Betty Coleman

The new teacher calling Chemistry and Physiology classes to order is Miss Ruth Reichter. She attended Oregon State College, has a BA degree from University of Oregon, and has taught high school in Portland and Parkrose. She has travelled extensively throughout the United States and Europe. While in London and Paris last spring, she visited many colleges and universities, finding their school systems differ greatly from ours. They have little knowledge of health and sanitation. The campuses in London were extremely lovely, but in Paris they seemed to take little interest in the schools.

When asked about WSC, Miss Reichter stated that she was pleasantly surprised by the efficiency and organization with which the school is run.

We are very glad Miss Reichter has been added to our teaching staff.

Student in Korea

Donovan Earl Hampton Jr. was called to active duty in the Naval Reserves on July 22, 1950, and assigned to the Marine Detachment at Swan Island, there to be sent five days later to Camp Pendleton, California. Shortly thereafter, he, along with 50 other hospital corpsmen, were flown to Korea, arriving at Pusan airport where they joined the First Marine Division. It will be remembered that this group entered Seoul on September 25, Hampton entering with the advanced guard of that division.

Hampton served 5½ years in the regular Navy during World War II and was wounded on Iwo Jima while serving with the Marines. He was a member of the present Senior class that will graduate in March.

His address:

Donovan Earl Hampton, Jr.
HM lc. USNR,
H&S Company, 2nd Bn., 5th Marines,
First Marine Division,
c/o Fleet Post Office,
San Francisco, California

Juniors to Sponsor Thanksgiving Dance

By Bill Spurlock

The Junior class is off to a good start in planning to make the Thanksgiving Day dance a great success. It is hoped that this will be one of the most successful dances of the year.

On October 16th, a committee was appointed to start things rolling. The class appointed Nat Bragen as committee chairman; his associates are Charles Brown, Max Call, Dale Olson, Florence Johnston, Charles Hickman, Ed Gerstner, and Norman Enridge. Immediately after they were appointed, they began to make plans, and it sounded like the class had made a good choice of committee members, because some good ideas came out of the short session.

The gymnasium will be well decorated for the occasion and there will be entertainment by a well-known orchestra, as well as short acts by a small selection of students.

The school intends to have more dances and social get-togethers this year, so let's everyone plan ahead of time to attend every dance. Let's show lots of school spirit and meet more new friends. If you can't dance come and enjoy the music, entertainment, and refreshments.

Restoring GI Loan Rights

Among the GI loan amendments contained in Housing Act of 1950, was one which provides that a Vet, who had once used up his GI loan eligibility, might be entitled to another guarantee under certain conditions. This is in event the property on which he had obtained a GI loan has been taken over for public use, destroyed by fire or other natural hazard, or is disposed of "because of other compelling reasons devoid of fault on the part of the Vet." A condition is that the VA must have been relieved of liability in connection with the government guarantee on the loan.

Why did the little moron beam when he was called a Chemocephalus?



New Kitchen

Joe Boucher

Something new has been added to Western States College, and added in such a style as to earn for the Doctors' Wives Auxiliary a whole bouquet of orchids.

Spearheaded by the untiring efforts of Mrs. Rich and Mrs. Elliot, the ladies have outfitted Western States College with a modern kitchen that would be the envy of any housewife. It is complete with electric range, refrigerator, and a double sink with infaid linoleum on the splash board and drain.

Sparked by the generous gift of a refrigerator donated by Dr. Ross Elliot, the ladies proceeded to raise the money in various ways. When sufficient funds were raised, the range was purchased and the carpentry work done. The Students' Wives Auxiliary donated the coffee maker.

Now that this goal has been reached, the sights have been raised and the aim is now to have an adjacent banquet room. This will also cost money, and to obtain the needed funds, the auxiliary is holding a carnival November 18. Your attendance will assure you of two things:

(1) a good time and (2) your money going to a good cause.

The kitchen already has the stamp of approval from the doctors themselves. On Thursday, October 12, it was put to use after their meeting and was unanimously voted to be "just what the doctors ordered."

Soph Sighs

By Joe Boucher

The class of '53 is back in full swing despite the fact that a few members got the nod from Uncle Sam. Navy: Charles McClure; Army: Terry Oka; Marines: Bill Haslett.

Long trips were taken during the summer by both the Overtons and the Rethwells. Peter Pisk returned singing "I've been working on the railroad."

Hands across our Gray's Anatomy in congratulations to the Erwin Grants who have added a potential chiropractor to their family October 8—Kendal Wayne. Both mother and son doing very well.

The Stan Flaggs have done their best to get into this issue with their addition to the family, but you know these editors and their deadlines. They are like time and tide; they wait for no one, not even storks or scribes.

Two gamblers were convalescing in a hospital endowed by a very strict organization known for its opposition to gambling in any form. Thinking they had better keep in practice during their illness, they repeatedly asked for playing cards and were refused. Finally they asked the superintendent if they might have 52 "Case Report Cards" and their request was granted. The gamblers set about devising their own game of poker. Instead of suits and numbers, betting was based on the information on the cards.

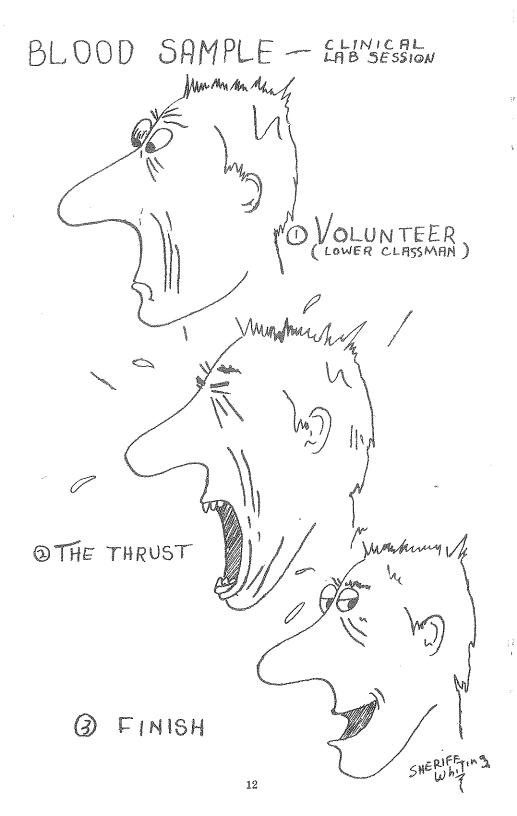
After dealing, drawing and betting, one of the gamblers said, "I'll check. What have you got?"

"Two pair — a pair of adenoids and a pair of tonsils. What are you holding?"

"Four enemas," replied the first. "I win the pot."

WSC Students Register

During the first week of school a "Let's Register Rally" was successfully brought to a climax by an automobile caravan to the County Court House. Approximately one hundred students will exercise their preogative as citizens this coming November. Edgel Wood and Dick Stober were responsible for the publicity and public relations. Hats off to them both.



The Growth of a Modern Healing System CHIROPRACTIC



The Beginning . . . 1903

The principle of adjustment of the body to the demands of an ever changing environment as a means of securing and maintaining health was formulated by Dr. D. Palmer in 1963. He came west with his message and founded in Portland. Gregon, the D. Palmer School of Chiropractic. He taught that man is both a biped and a vertebrate. He said that because of environ mental pressures and strains, malelignments occur in man's many jointed spinal column with great frequency These lend to disease. To keep the spine in perfect condition by adjustment is therefore the surex way to help nature combat disease and maintain health. Thus adjustment of the articulations of the human spind column by hand became, and still is, the basic tonet of what is now a who and linealise system of healing.

Today

Around this vital principle there non gathered adluncts and side from all the resources of modern science X-ray, chemistry, clinical laborates and the science year, hydrotherapy, electrotherapy, manipulative surgery, etc., were drawn upon to create a system of healing disease. Thus, Dr. Palmer's original discovery shines to day with greater luster because of this background of modern scientific magic.

Logal Requirements and Training

The izalning of chiropractic physicians in Oregon is upon a high plane. The prospective doctor must attend his professional school four years of mine muntin each his professional school four years of mine muntin each his more properties. The second properties were not at the contract of the contract o

Associated Organizations

MEALTH RESEARCH FOUNDATION COUNCIL OF CHIROPRACTIC SURGERY DEPARTMENT OF CHILD CLINICS CHIROPRACTIC RESEARCH GROUP COUNCIL OF OBSTETTICS AND GYNECOLOGY GENERAL ADVISORY COUNCIL WOMEN'S AUXILIARY O. A. C. F.

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- r in Proctology
- s in Dietetics
- * in Chiropractic (Bloodless) Surgery
- * in Eye, Ear, Nose and Throat
- * in Pediatrics

Oregon Association of

CHROPRACTIC PHYSICIANS

Reprinted From the 90th Anniversory PROGRESS EDITION of The Oregonism Feb. 14, 1949



Nov. 2-Student Council

Nov. 3-Student Body Meeting

Nov. 6-Phi Nu Sigma

Nov. 7—Meeting for those interested in Toastmaster

Nov. 9-Doctors' Wives Auxiliary

Nov. 11—Armistice Day

Nov. 14-Sigma Phi Kappa

Nov. 16-Pot-luck Dinner Auxiliary

Nov. 17-Junior Dance

Nov. 18-Auxiliary Carnival

Nov. 20-Phi Nu Sigma

Nov. 22-Synergist

Nov. 23—Thanksgiving Nov. 28—Sigma Phi Kappa

(All announcements of coming events should be in before the first Thursday of each month.)

On its little-known or constructive side, nuclear fission has yet to demonstrate curative powers on anyone since it suddenly relieved the Jap of a desire to stay in a war.

The rookie reached the eye examination and was asked if he could read the bottom line which looked like this: "KZXYSVMNK."

"Can you read that O.K.?" asked the doctor.

"Sure," cracked the lad, "I knew him well. Played guard for Notre Dame."

Train conductor: "Madam, traveling with five brats like yours is no fun for you, me, or about 200 other passengers. Why didn't you leave half of your family at home?"

The mother (morosely)—"I did."

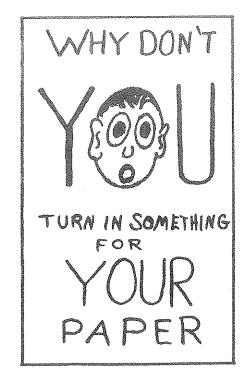
At a restaurant an elderly wolf had made several sly but futile attempts to flirt with the pretty young waitress who was serving him. Finally, when she brought his dessert, he grew a little more bold. "My dear," he purred, "where have you been all my life?"

"Well," chirruped the girl matterof-factly, "for the first forty years anyway, I probably wasn't born."

A Western lumberman wandered unknowingly into the maple syrup district of Vermont. Taking a stroll in the woods one day he noticed a lot of buckets hung on the trees.

"Gosh almighty," he exclaimed, "they sure have an awful sanitary bunch of dogs around here."

Then there was the man who was told by his doctor to take something warm after supper so he took the doctor's overcoat and two mufflers.



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